

Cervical Dissectomy

Indication:	Cervical PID
Position:	Supine with head +/- turn to left side * (theatre setting similar to the brain surgery)
Anae:	Remifentanyl x 2 Plain ETT +/- reinforcement tube NS with plain set, SCD, Foley insertion
LA infiltration (Optional)	✓ Adrenaline (1:10,000) 10ml /amp x 1 ✓ 10 ml Normal Saline x 2 amp ✓ 5mg/ml Chirocaine (0.5%) 10 ml/vial x 1 ✓ 3ml syringe x 1, 20ml luer lock syringe x 1, 21G needle x 1 ✓ Skin marker, L sterile stripe
Instruments	N001, N004, N002b, 106 or N105 N301 N501, N503, N504 N806, N807. N809
Supple Instruments:	Bipolar forceps (Aesculap) Lamp handle x 2
Consumables	Plain gauze, mini raytec gauze self adhesive drape 75 x 75 (2pcs) + 50 x 50 (2pcs) Ioban 6640. Neuro split drape, Blade No.20, No.11 1@ Bulb syringe x 1, 20ml syringe on blunt needle x 2 set Bone wax, Surgicel S x 1 Pettis M, S 1@ Mic drape, large OT towel Sterile X-ray cover x 2 (only for implantation if A-P X-ray view is need) G22 spinal needle (for checking position) Dental Roll (1 in 2) (for dissection) Insulated diathermy blade (short) or megadyne dissecting tool (9MH30)
Sutures	2/0 Vicryl (muscle closure) 3/0 nylon (Skin closure)
Dressing	Steri-strip Cosmopore

Operating procedures:

- 1 GA □ 2. Positioning □ 3. Skin preparation
- 2 Draping
 - 2.1 Plain gauze to cover the ETT one by one. Keep the not used plain gauze in a plastic bag. Countercheck with circulating nurse of the number of plain gauze underdrape.
 - 2.2 +/- Sterile X-ray cover x 2 to C-arm
 - 2.3 self adhesive drape x 4pcs
 - 2.4 Ioban 6640
 - 2.5 Large disposable drape x 1 to foot end,
 - 2.6 Neuro split drape x 1 to head side
- 3 Incision
 - 3.1 Skin knife □ self-retaining retractor □ dissection
 - 3.2 Trimline retractor (N806)
- 4 Dissectomy
 - 4.1 Under microscope,
 - 4.2 Resect the prolapsed disc using: rongeur from N807

- 4.3 +/- instrumentation (e.g cage)
- 5 Closing
 - 5.1 2-0 Vicryl for muscles
 - 5.2 3/0 nylon for Skin closure