# **AUG 19, 2024 - XPI MINUTES**

### SERENITY PRAYER

#### INTRODUCTIONS

NAME	REPRESENTING	NAME	REPRESENTING
Barbara H	member at large	Laurelle	member at large
Beth S.	member at large	Mary	Attitude of Gratitude
Billy	XPI Zoom Co-ordinator	Mary aka m.c.	End of Life
Carmen	xpizoom@gmail.com  XPI Chair Apprentice, Chair Chat, Make	Melissa R	Zoom Host Training Coordinator, Pain to xpihosttrainer@gmail.com 361-652-5140
Cat	Today Count  XPI Chair	Paula	Newcomer QandA, 3rd Step Prayer xpiqanda@gmail.com
Dave (Arizona)	xpichairperson@gmail.com member at large	Shari	Voices In The Stillness, GAC Secretary voicesinthestillness@gmail.org
Deborah M	Faith & Footwork	Sherry D	Speaker Meeting, Unity Committee
Jade	Zoom Training Assistant jadeinrecovery@gmail.com	Tammi	Committed to Hope tammilacahill@gmail.com
Jennifer	XPI Secretary	Tara Las Vegas	Free To Be Me
Kathy T	jenniferlay@hotmail.com   Phone Committee, Contact List, Newslet   cpaphonelist@gmail.com	Tom	XPI Website Admin cpaweb12@gmail.com
Keith	Men's Toolbox, GAC Chair GAC@chronicpainanonymous.org		

### REPORTS/ANNOUNCEMENTS

# Committed To Hope (Imua) 9PM<sup>EST</sup> Monday - Tammi tammilacahill@gmail.com

 PLEASE TELL NEWCOMERS!! group has begun a slow read of Recipe for Recovery, everyone welcome

# Phone Committee, Contact List, Newsletter - Kathy T <a href="mailto:com">cpaphonelist@gmail.com</a>

- Phone Committee meets 1st Sat of every month, help still needed
  - Phone Speaker Meeting 3rd Sat of each month @ 5pm<sup>EST</sup>
- Monthly Newsletter please submit items before 1st of the month
  - NOTE: all emails are sent out BCC (Blind Carbon Copy)

# XPI Website Coordinator - Tom <a href="mailto:cpaweb12@gmail.com">cpaweb12@gmail.com</a>

 most updates to the XPI Website are now complete and new training videos are in the works

# Newcomer Q&A - Paula xpiqanda@gmail.com

- 4th Mon of each month @ 4pm<sup>EST</sup>, rm2: 111-283-488 all members welcome
- also let newcomers know about "Steps 1,2,3" Thurs @ 8pm<sup>EST</sup>, rm2: 111-283-488

### Speaker Meeting - Sherry 210-392-4549(text)

- 2nd Sat of each month @ 3pm<sup>EST</sup>, rm2: 111-283-488
- only requirement to speak is "Experience, Strength, and Hope"
- to volunteer, please TEXT Sherry

### Zoom Host/Co-Host Training - Melissa xpihosttrainer@gmail.com

- 2nd Tuesday and 4th Sat of each month @ 4pm<sup>EST</sup>, rm2: 111-283-488 and
- please consider becoming a Host Trainer

### Zoom Committee - Billy xpizoom@gmail.com

• training new apprentice, may even have a second apprentice in the works

### Treasurer - Maria Las Vegas (via Tara)

donations since last XPI meeting \$28.46, balance forward \$1,042.75

#### Chair Chat - Carmen

- 4th Thurs of each month @ 3pm<sup>EST</sup>, rm2: 111-283-488
- revamping in progress maybe new name? maybe new format? maybe including ALL service work done within meetings?... stay tuned

## **OLD BUSINESS**

## Meeting Formats/Scripts on XPI Website

- each group should elect at least one member to be the Editor who updates their "script" on the XPI Website "Meetings" page www.xpintergroup.org/meetings-menu
- Tom will automatically be co-editor but is NOT responsible for making changes
- please update/verify your Editor's contact info with Tom cpaweb12@gmail.com

#### Motion re: Zoom Host List

- Motion passes to create a confidential master email list of those who have been host trained to streamline information distribution (eg host code changes, zoom updates, recent disturbances). Again, this list will be sent out BCC and having your name added is not mandatory.
- please ask members who have been trained and are interested to send Melissa their contact info to be added to the confidential email list <a href="mailto:xpihosttrainer@gmail.com">xpihosttrainer@gmail.com</a>

#### REMINDERS TO HOSTS/CO-HOSTS:

- DO NOT give out Host Codes or transfer Host to someone who does not have them
  - the last Host at the meeting is to end the meeting when they have to leave, members may re-enter afterwards if they choose
  - o inquiring members may to redirected to Cat or Melissa

## 50 And Under Speaker Recordings

• recordings are working their way to the XPI website

# **NEW BUSINESS**

# Newcomer Q&A 2x/Month

TABLED: Paula will bring her feedback to the Sep 16 XPI Business Meeting

- questions for Sep 16 discussion:
  - would it be necessary to switch from 2 hosts to 1 in order to cover 2 meetings?
  - o would the script need to be amended?
  - o could second event be a different day/time from current one?