



## Milken Middle School Fall 2025 Athletics Registration

Hello Division 6–8 Athletes and Parents,

As we close out our 2024–25 athletic calendar, we are excited to launch our **Fall 2025 athletic season!** The fall season will begin at the end of August.

Milken Middle School is proud to offer the following fall sports:

- **Cross Country (Co-Ed)**
- **Cheer (Co-Ed)**
- **Flag Football (Interscholastic and Intramural)**
- **Girls Basketball (Interscholastic and Intramural)**
- **Golf (Co-Ed)**
- **Swimming (Co-Ed)**

To participate in the Fall 2025 season, please complete the following form by **Friday, August 1, 2025**: [MS Fall 2025 Registration Form](#)

Milken Middle School proudly offers two opportunities for athletic participation: **Interscholastic Programs** and **Intramural Programs**.

Please note: All students will make a team, either Interscholastic or Intramural.

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### Interscholastic Programs

Milken is a member of the **SFVPSL league**, a group of schools that compete throughout the season. Students begin with team tryouts and may be placed on either a **Varsity** or **Junior Varsity (JV)** team, or recommended for the **Intramural Program** as described below.

Varsity and JV teams participate in both practices and competitions, hosted by Milken and other schools. The time commitment for these teams is **four days a week after school**. Please note that **playing time is not equal**—while all students will have game time, some will play more than others.

**Students in interscholastic programs can expect to:**

- Participate in a competitive environment, both within the team and against other schools.
- Improve over the course of the season through practices and games.
- Have fun!

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## **Intramural Programs**

Intramural programs provide a relaxed, social environment to develop sport-specific skills. These are ideal for beginners, students who prefer not to compete against other schools, or those with limited availability. The time commitment is **2–3 days per week after school**.

**Students in intramural programs can expect to:**

- Learn new sport-specific skills and game rules.
- Socialize and build friendships.

- Improve over the season in a non-competitive setting.
  - Play only against other Milken students in skill development and intrasquad games.
  - Have fun!
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For more information about Milken Middle School Athletics, please refer to our [FAQ sheet](#).

**Reminder: Registration closes on Friday, August 1, 2025.**

Thank you, and **GO WILDCATS!**

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