



Travel for International Research

Basic Packing Checklist

A non-comprehensive list of suggested helpful basics to bring with you during travel for international research. Please adjust according to your own travel plans and needs.

Print-outs

- ☐ invitation letter
- ☐ accommodation letter
- ☐ visa application/confirmation
- ☐ flight itinerary
- ☐ copy of passport
- ☐ official vaccination certification

Handy electronics

- ☐ small flashlight/solar lamp
- ☐ back-up chargers (phone, laptop)
- ☐ electrical adapters/plugs
- ☐ airtags

Accessories

- ☐ light raincoat
- ☐ hat
- ☐ travel towel
- ☐ luggage lock
- ☐ money belt

Pharmacy items

- ☐ prescription medications
- ☐ contact lenses (if needed)
- ☐ bug repellent
- ☐ sunscreen