

KCPS Wellness Policy Committee

Recommendations and Comments/Suggestions

Following needs added to the policy:

- ___ Free drinking water is available during meals and throughout school day
- ___ Add the link for Smart Snack guidance in the policy for easy access
- ___ Purchasing locally grown foods for the school meals program

Following needs changing in the policy:

- Grammar mistake within the policy
- Update the district website address in the policy

Category committee felt was the weakest: Physical Education and Physical Activity

- Goal is to strengthen the language used in our current policy
- Continue to add the pieces we are missing such as:
 - Physical education substitution for all students
 - Family and community education in physical activity opportunities at all schools
 - Before and after school physical activity for all students including clubs, intramural and interscholastic opportunities
 - Physical activity breaks during school