

1. Gap-Fill: Choose Simple or Continuous

Complete with the correct form of the verb in brackets. Use **Present Perfect Simple** or **Present Perfect Continuous**. In some sentences both tenses are ok.

1. I _____ (know) her for more than ten years.
 2. He _____ (work) in this company since 2018.
 3. We _____ (not see) each other for months.
 4. She _____ (try) to call you all morning.
 5. They _____ (be) friends since childhood.
 6. I _____ (wait) here for over an hour!
 7. He _____ (finish) three reports since Monday.
 8. How long _____ you _____ (study) English?
 9. She _____ (not stop) complaining since she arrived.
 10. We _____ (visit) this museum twice since it reopened.
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2. Error Correction

Find and correct the mistakes.

1. I am knowing him since high school.
2. She has worked here for two hours, and she still hasn't finished the report.
3. How long do you live in this city?
4. He has been repaired his bike since morning.
5. We have waited for you since 9 a.m.

3. Complete the Dialogue

Fill in with the correct tense.

A: How long _____ you _____ (look) for a new apartment?

B: For about two months. I _____ (see) three already, but none of them were right.

A: That sounds stressful. _____ you _____ (find) anything interesting so far?

B: Yes, I _____ (speak) with an agent this week. We'll see.

4. Transformation Practice

Rewrite the sentences using **for** or **since**, and the correct tense.

1. I started working here in 2021. -> I _____.
2. We began waiting two hours ago. -> We _____.
3. He moved to Canada last year. -> He _____.
4. She started reading at 5 p.m. and she's still reading. -> She _____.
5. They last saw each other in January. -> They _____.
6. I started studying French three months ago.
I _____.
7. She moved into this apartment in 2020.
She _____.
8. They last went on holiday in 2019.
They _____.
9. We began waiting for the bus 20 minutes ago.
We _____.
10. I last ate chocolate a week ago.
I _____.
11. He began working on the project yesterday morning.
He _____.

12. I first met my best friend when I was 10.

I _____.

13. She started feeling unwell yesterday evening.

She _____.

14. I bought this phone two years ago.

I _____.

15. They began playing football at 3 p.m. and they're still playing.

They _____.

5. Speaking / Pair Work

Use the following prompts and use them to ask/answer questions using **Have you...?** and **How long have you been...?**

Prompts:

- live in your current city
- learn English
- read your current book
- know your best friend
- do your hobby
- watch your current TV series

Example:

A: How long have you been learning English?

B: I've been learning English for five years.

A: Have you learned a lot of new vocabulary recently?

6. Mini Writing

Write 5–6 sentences about your own life using both **Present Perfect Simple** and **Present Perfect Continuous** with **for** and **since**.

- At least 3 sentences must be in the **Continuous**.
- At least 2 in the **Simple**.