

Doc

2025 RICE Content Warnings (CWs)

Video titles link to their videos on Kollab.

[cc] links the caption file download.

ID number links to their cell in the VidInfo Spreadsheet, “everything” tab.

Google doc share link for this list of CWs is:

https://docs.google.com/document/d/1RxqH5Rm92UMYkO2wFZsOI2Klc670u_KKPdlaxBf_0iE/edit?usp=sharing

List of requested notifications

We asked both before and during RICE submissions what content people wanted to be notified about.

This is the resulting list of items videos were screened for:

Video / VPR items [V]

- Strobes
 - [Examples can be found here.](#)
 - “Light strobes” (fast-switching high contrast scenes/colors)
 - “Natural strobes” (natural-pattern strobing)
- White flashes
- Quick cuts

Audio [A]

- High pitches “[A]”

Subject matter [S]

- Depression
- Suicide or suicide ideation/intention
- Body horror
- Harm to children (“child harm”)
- Animal death
- Realistic violence
- Gore (note any content with this notice would fall under the exceptions [listed here](#))
- Abusive relationships
- References to sexual assault
- Mocking of religion (“religious subjects”)

I wasn’t sure exactly how to interpret this, so I’ve marked all videos that contain prominent religious elements and tried to explain how they appeared in context.

If something was missed, please DM or ping @standardquip (Vars) in Discord so the docs can be edited! Thank you.

Video CWs

01 - A Revolutionary Proposal [cc]

Provided	Additional
VPR & Audio	
	• Natural strobe (?) 0:50 (whip pan)
CWs	
	• Body horror (?) 0:13 (white eyes in shadow)

Anime video with dialogue about a phone for cats. The first scene contains flickering.

02 - Cosplay Complex

Provided	Additional
VPR & Audio	
	• White flash ○ 1:22 ○ 1:32 (overlay) ○ 2:11 (fast white dip) • Quick cuts ○ 0:35 ○ 2:48 • Light strobe (?) 3:16 - 3:18 (tiny fast blinking green light)

CWs	
	Body horror (?) 0:58 (body turns to stone; comedic context)

An anime music video featuring light leaks and blurs for most of its transitions. Has soft multi-color flashing during the fireworks sequence 2:38 - 2:51. A frequent subject is photography; all the camera shutters and flashes utilize cuts to black.

03 - [Please Drink Responsibly](#) [cc]

Provided	Additional
VPR & Audio	
	N/A
CWs	

Anime music video about a vtuber who likes to drink alcohol.

04 - [c] [Angels☆Demons](#) [cc]

Provided	Additional
VPR & Audio	
- Bright flashes - Fast cuts - Peripheral camera motion - Strong reds - High contrast	- White flashes ! - Light strobes ! - Quick cuts
CWs	
- Some frightening images - Blood - Minor gore - Religious symbols	- Realistic violence (?) - Implied child harm - Religious subjects ! - Gore !

- | | |
|--|---|
| | <ul style="list-style-type: none">• Body horror |
|--|---|

Fast-paced live-action video featuring religious, supernatural, and bloody violence.

(Implied) child harm:

This video mixes scenes of religious/supernatural violence with those of a small boy interacting with an infant, primarily in the first half. It is implied the children are in danger, but never explicitly shown.

Religious subjects:

Heavy christian iconography such as churches and their interiors, stained glass, texts, paintings, crosses, and statues. Visual depictions of hell (mostly fire and a cage/box).

Video pertains to humans hunting demons and the devil. Demon and angel visuals are present and can come in human (or mostly human) forms. Winged humans (angels) fall from the sky (or presumably heaven) at 2:53. Sigils and occult imagery. Supernatural power shown as blood magic is depicted.

Supernatural beings also present: ghostly canines (hellhounds), vampires, and ghosts, though they are not shown as often as the demons and angels.

All characters of all kinds participate in bloody violence.

Body horror, realistic violence, & gore:

This video primarily deals with supernatural violence, but there are also many scenes of knife stabbings and people being burned alive.

Nearly all the violence is bloody. Some scenes show characters with serious burns. There are many scenes where characters have been ripped open from (presumably) claws.

The supernatural violence/powers cause much of the burning, characters regurgitating large amounts of black smoke, light filling the body and escaping from orifices, and people exploding (off-screen) leaving blood splatters on others and walls.

Many characters have eyes or bodies that glow. Sometimes veins are present through the light in the skin. At points, there are glowing humans with shadows of angel wings; some wings are feathered while others broken and skeletal.

VPR items:

This is a fast-paced video that contains flashing (primarily yellow/oranges and whites) from the footage and quick cuts as part of its editing style. The flashing & quick cuts are primarily from 1:54 onward.

The flashing is from flashing and flickering lights, lightning, explosions, gunfire, and flames.

Light strobes (white):

1:55 - 1:58 light strobe + quick cuts

2:09 (?)

2:23
2:32
3:35 - 3:36

05 - Children's Work

Provided	Additional
VPR & Audio	
- Flashes/Flickering Lights - Intense/Quick Changing Colors	- White flashes - Quick cuts + white flashes 1:36 - 1:45
CWs	
- Death - Sci-fi gun violence	Child harm

Live-action music video featuring sci-fi/fantasy violence of laser guns and explosions, which contain white flashes. Strong white flickering at 2:04.
Occasional scenes of human or alien children sad or shackled, no on-screen imminent danger.

06 - [c] A Light in the Darkness [cc]

Provided	Additional
VPR & Audio	
Textures, Overlays, Patterns, & Particles	- White flashes 2:27 lights exploding 2:31 vfx 3:34 vfx 3:36 explosion 4:27 lights exploding - Light strobes (?) 3:09 - 3:17 3:34 - 3:55
CWs	
Overall theme of death/grief	Implied animal death 1:21

● On screen character death but no blood or gore ○ 2:46 - 2:49 ○ 2:49 - 2:54 ● Character injured but no blood or gore ● 3:22 - 3:29 implied suicidal ideation	● Depression ● Implied child harm! ● Abusive relationships (?) (Familial) ● Realistic violence (?)
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A live-action video with dialogue featuring human actors and CGI animal-like characters (CGCs). CGCs get slightly more screentime than humans. Its subject matter concerns traumatic familial loss, military intervention and violence, and found family and friendships.

Abusive relationships:

The main character is a military asset who has experienced traumatic loss due to the military's actions and a perceived betrayal from their father figure. This CW predominantly refers to the video's dialogue's portrayal of that trauma, not the visuals. The themes are betrayal, loss, confusion, and seclusion.

Child harm & realistic violence:

Most characters are child-coded and there is one prominent human child actor.

Child harm is throughout, but a standout is 2:38 when the military targets escaping children and there is aural disagreement of the act because they are children.

There is no blood or gore in any scenes, but gun violence (from military) is threatened and used. There are deaths, including those of a human child (died off-screen, but dead body is shown). Other violence is depicted, but it is sci-fi in nature and predominantly from the use of CGC special powers.

Implied animal death:

An owl CGC parent figure's death is implied through a sequence ending with glowing yellow particles. However, the dialogue references the loss of that character often throughout the video.

VPR:

CGCs have special powers which they use frequently. These powers resemble lightning or electricity and have the following color codes: yellowish orange/white, cyan/white, red/white, yellow/white.

There are also sci-fi explosions and beams that are predominantly yellowish orange/white.

The randomness of the lightning branches didn't appear fast enough to be dangerous (in my opinion) and there are no full-screen flashes outside the white flashes noted in the table.

However, people with extreme sensitivity to any sort of perceived strobing may want to take caution, especially during the following:

3:09 - 3:17 which has a lot of active vfx shots in succession.

3:34 - 3:55 contains vfx shots interspersed with extended scenes of light rays and explosions that use a throbbing/slow pulsating light effect

07 - [WIP] Monthly Girls' Forecast

Provided	Additional
VPR & Audio	
• Light flashing	• White flash ○ 1:31 ○ 1:46
CWs	

Anime music video with some manga stills. Uses fast white dips and exposure ramps as transitions, though only 2 (which are listed in the table) reach pure white. Many scenes have white peripheral speed lines.

08 - [c] Falling Towards Infinity

Provided	Additional
VPR & Audio	
• Overlays (including glitch effects, light leaks) • Colors (including heavy reds, black and white with only red) • Motion (including flips, zooms, camera) • Flashing (0:30, 0:49, 0:57, 1:08, 1:28, 1:48) • Quick cuts (primarily 2:22 through 2:39)	• Natural strobe (?) 1:17 & 2:46 to end (Speeding through passageways) • White flashes
CWs	

	• Body horror • 0:21 - 0:26 murder by knife ○ Gore (?) ○ Realistic violence (?) ○ Abusive relationship (?)
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An anime music video with a horror context. Focuses on cyans and reds (separately), and abstract depictions of blood and flames.

Editing style uses hard linear burns/light leaks and flashing as a transition. It also utilizes subtle glitch overlays, time interpolation, and (slow) exposure manipulation.

Outside of a stabbing at 0:21, further violence is implied through supernatural forces.

The main character has red eyes with slit pupils, fangs, and filed claw-like nails. Their body appears to be smoking.

A severe burn victim is shown multiple times, the first being at 0:33.

There are also recurring depictions of various muscles bulging abnormally and glowing red, the first of which appears at 1:03. They become more disturbing over time.

09 - [c] [Feed the Machine](#) [cc]

Provided	Additional
VPR & Audio	
• Minor flashes • Minor blurs • High contrast coloring	• White flash (muzzle flash) ○ 1:03 ○ 1:45 • Light strobe 1:30 - 1:34 (white/red)
CWs	
• Violence • Gore	• Realistic violence • Suicide! (gun to head) ○ 1:12 death shown ○ 1:40 death off-screen • Gore

Live-action music video with Korean dialogue. English subtitles are provided in the captions. Video has lots of blood and death, primarily by gunfire. Many gun deaths are shots to the head. Actual wounds are rarely shown.

Standouts:

1:06 neck stabbed with fork

1:29 neck is snapped by another person (the neck is out of frame)

1:45 - 1:46 dead person with wound on face

10 - [c] Now Or Never

Provided	Additional
VPR & Audio	
• Flash 0:36 - 0:38 • Blink 0:26 - 0:27	• Slow colored light strobe. Red, white, green. 0:36 • Rare White flashes
CWs	
	• Gore (?) • Body horror

Anime music video featuring lots of bloody zombies.

White flashes:

1:11 white flash from explosion

1:51 (? - fast-moving white wind)

2:09 three exposure ramps similar to white flashes

2:22 (? - small animated lens flare)

11 - Fuck Your Money

Provided	Additional
VPR & Audio	
• Moderate Blur at 2:29 • Kaleidoscopic Blur at 2:45 • Fast Cuts at 2:51	• White flash ○ 0:11 ○ 2:37 • Natural strobe 2:45 - 2:51 (multi-colored light trails) • Quick cuts 2:51
CWs	

• Language (Swearing)	• Body horror 0:00 - 0:11
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Anime music video about a mother and child having a good time.

Body horror:

Incorporeal disembodied hand reaching toward a body and a grotesque humanoid figure, later grabs flaming object and receives veins.

Natural strobe:

2:45 - 2:51

Character dancing at night with stars and a cityscape in the background turns into a slow spin that produces star trails of various colors following the arc of the character as they fall downward. The star/light trails eventually fill the entirety of the screen and the sequence ends with a fade to white.

12 - [c] [Symbols](#)

Provided	Additional
VPR & Audio	
• Flashing Colors: Red/Orange, Yellow, White, Some Blues/Greens • Strobing/Light Strokes • Flashing/Flickering • Moving Overlays • Motion	• Quick cuts during drum rolls • Light strobes • White flashes
CWs	
• Blood • Animated Violence	• Body horror • Gore • Child harm

Anime music video focuses on violence between super powered people. Action scenes have animated violence which includes white flashing and sometimes light strobes natural to the footage. Expected blood from the violence is shown, however some scenes are rendered more realistically, 1:50 is a standout.

Quick cuts are during drum rolls, the first section happens 0:33 - 0:37 in an overlay; the rest are true cuts.

1:17 - 1:22 is a sequence of black dips.

Child harm is scenes of a child alone, afraid, sometimes crying. No actual danger apparent on-screen.

Body horror is from irregular bodies, glowing eyes, the child has a horn, glowing red veins in one scene, there is a character that has a brain for a head (?) connected with tubes to the rest of its body? All are presumably human.

13 - [c] Falling (Ukemi)

Provided	Additional
VPR & Audio	
• Minor and infrequent use of camera blurs • Frequent fast-moving images • Several handheld camera/"shaky cam" shots • Some sudden rushes towards the camera • Moderate use of slow zooms	• White flash 2:05
CWs	

Anime music video about girls who practice Judo. About half the scenes (primarily in the second half) have strong black/white peripheral speed lines that may irritate some viewers.

14 - [WIP] AMMV The New Adventures

Provided	Additional
VPR & Audio	
• Flashing ◦ 0:15 ◦ 0:35 • Red tint, rapid movement 0:48	• White flash ◦ 0:15 white dip ◦ 0:35 • Natural strobe (?) 0:47 - 0:57
CWs	

Combination anime & manga music video using heavy color tints of purple, red, and blue with one pure white dip and one pure white flash.

While flashing is present in other areas, it is obscured by the tints.

White text on a black background appears at 0:47. Begins with zooming in followed by a panning effect that may mimic a natural strobe.

15 - Gotta Believe It

Provided	Additional
VPR & Audio	
	• Colored light strobes • White flashes
CWs	
	• Body horror • Gore (?)

Anime music video featuring teenagers (?) dealing with aliens and/or supernatural beings. One of the beings is a mask that can transform the wearer into a creature with a large mouth.

Beginning at 1:44, a person who is lacking skin down half their body is frequently pictured. This person is shown in pieces at 1:49 and 2:05, which shows detailed and defined body organs. None of the appearances contain blood.

VPR items:

0:02 white flash

1:21 White flash, light strobe with white, black, red

1:31 White/red flickering

1:59 yellow/white flash

2:16 - Beginning here, there are occasional colored light strobes and/or strong flickering. Red/white, yellow/white, black/white, cyans, blue/white, yellow/black, respectively. Rare full-white flashes occur during this sequence.

16 - [c] Sparky

Provided	Additional
VPR & Audio	

• Flashing • Quick motion • Colors • Brightness • Darkness	• Light strobes ! • Natural strobes • White flashes
CWs	
	• Animal death 2:06 - 2:16 (dead body is revived) • Body horror

Live-action with many animal-like CG characters, this video has high amounts of camera motion and dynamic lighting, resulting in many strobes native to the footage. Light strobes are individually reds, blues, cyans, purples, and rarely yellow/orange with patterns similar to emergency lighting. The first example is red emergency lighting at 0:05, followed by a cyan strobe inside a capsule shortly afterward.

White flashes occur at expected times during explosions and as accents to special powers, but sometimes white spotlights will have quick motions.

Body horror is a semi-frequent cyan glitch/particle effect on human actors (presumably holograms?) and a head enlargement psychic effect/warp at 2:17.

The [extra side by side comparison](#) has the same warnings, but more flashing and strobes from the original video and on the periphery as the video is in the bottom corner.

17 - All in a Day's Work

Provided	Additional
VPR & Audio	
• Some shaking (handheld camera)	• White flashes 0:36 - 0:39 (flash photography)
CWs	

A live-action music video about a cat with a job.

18 - [c] Blue Flame Symphony

Provided	Additional
VPR & Audio	
• Flashing lights • Quick Cuts	• Quick cuts! • Natural strobe 2:29 - 0:31 (black pillars) • White flashes ○ 1:51 ○ 2:50 ○ 2:51
CWs	
• Blood	• Body horror • Religious subjects

Anime music video with action scenes and jump cuts and match cuts. Flashing cyans and reds (separately) are predominant in supernatural powers that mimic flames or electricity. All VPR items pick up during the choruses.

Religious subjects:

Video is about fighting vampires and demons, but the scene of note is 1:32 - 1:34 where a priest in prayer is attacked by pink fire and the cross melts in the flames.

Body horror:

Vampires are the primary enemy, so there are many shots of people with long fangs and neck feeding. A few characters are more bestial/demonic than the rest, some having horns, wings, tails, flaming hair, or animal-like facial configuration.

19 - BADDEST U(A)P

Provided	Additional
VPR & Audio	
• Flashing	• White flashes • Light strobes (?) • Quick cuts 1:19 - 1:21

CWs	
	- Reference to sexual assault (?) 1:29 - 1:38 - Body horror

An anime music video focused on supernatural action, using footage with bright contrasting colors of reds, blues, greens, pinks, and purples. The editing style uses flashes of all these colors plus black and white, though black flashing appears to be the most prominent. These flashes are sequences of one color; different colors are not mixed together to flash, however due to the art style of the anime (and its colored backgrounds) these flashes may still be higher risk than other videos.

Flashing is periodically throughout at mostly predictable intervals matching the song's tempo. Light strobes are assumed since the flashing occurs in groups. There is also a large amount of flickering throughout the video for emphasis.

White flashing stand out at 1:31. Creature produces flashing white sequence from its fingers.

Reference to sexual assault:

[I believe] the contextual knowledge of the show is necessary to label this as sexual assault, but mention it here just in case.

Scenes of a captured woman in her underwear are shown. Nothing sexual on screen is shown and her escape occurs shortly within the sequence.

Body horror:

It's throughout. Some things in this video:

- Shapeshifting
- Large heads/mouths/teeth
- Awkwardly proportioned humanoid characters
- Glowing eyes
- 0:36 several arms rising from a floor
- Person biting another humanoid at 0:42 that shows stretching skin
- Highly stylized faces (Oni?) that may cause the uncanny valley effect
- A character can create astral wings in the shape of 2 large human hands starting at 1:13.
- A human character missing skin from half their body (no blood)

20 - [c] All Star Sensha-dō

Provided	Additional
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VPR & Audio	
	• White flashes during explosions and tank fire • Natural strobes 2:55 - 3:06(Building windows in one direction, then another, then tank treads & motion)
CWs	

Anime music video about girls in tanks.

21 - [c] Mob's Tea Party

Provided	Additional
VPR & Audio	
• Occasional strobing lights • Quick cuts • Dynamic movement • Psychedelic colors • Explosions.	• Quick cuts! • Light strobes! • White flashes • Natural strobes
CWs	
	• Body horror • Religious subjects (?)

High-action, high-motion, mostly fast-paced anime music video with animated violence. Multi-colored flashing with high contrast scenes from super powers and explosions throughout. Pure white flashing happens occasionally. A standout is 0:59 - 1:09 which has an extended flickering white strobe sequence during some quick cuts.

Body horror occurs from characters warping or having scary features to denote malice/untrustworthiness/paranoia. There are also disembodied body parts (no gore), mostly hands. Some characters are humanoid and oddly proportioned. There is an extended sequence of one of these characters being deformed from being punched, 1:12 - 1:15 (has blood). There's also a cyclops character, characters with glowing eyes, and a character with facial scarring. An animated wooden puppet appears at 2:14.

2:40 depicts unrealistic muscle growth.

Religious subjects:

Audio makes mention of hell, summoning demons, and using a ouija board. No literal on-screen depictions of such actions are shown, though some ghost-like figures appear.

22 - [c] Mondays

Provided	Additional
VPR & Audio	
• Minor Flashing • Minor Red • Major Zooms • Major Camera Shaking	• Light strobes(?) 1:52 - 1:55 • Quick cuts 2:44 - 2:46
CWs	
	• Body horror(?) 1:07 - 1:15 (Inside of a body; no blood) • Animal death 2:49 (A seal being cut up; no blood)

Animated music video featuring cartoon style characters walking about with some absurd situations.

The “light strobes” are black and white cartoon tv static with a 2 frame changing pattern loop.

23 - Happily Never After

Provided	Additional
VPR & Audio	
• Occasional flashes • Occasional zooms	• Starts with white flash • Occasional white flashes • Short light strobes (?)
CWs	
• Mild elements of horror	• Body horror

	- Assumed animal death at 1:49 - Gore at 2:19
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3D animated in a 2D style, the main character has pale white skin with exterior red veins. She summons and/or controls both bipedal and quadrupedal creatures that may change over time.

The video is edited with a style utilizing color flashes, flickers, and glitches throughout, although they don't appear as "strong" as videos typically seen in this style.

Standouts are:

0:00 - 0:01 Starts with black character on white background followed by full-screen white flash

0:22 short white flickering

0:41 dark red flashing followed by black flash

0:51 white/red flickering

0:58 strong white flickering on left side of screen

Body horror standouts:

0:59 - 1:02 the main character has disfigured arms

1:24 quadruped has a human face

1:58 bipedal creature grows wings

Gore:

A whale(?) opens its mouth, pouring out black liquid presumed to be blood, which more creatures rise from.

Animal death:

A mouse is stepped on. It's not shown whether it survives or not. There is no blood.

24 - [c] Surfin'n'Day'n'Night

Provided	Additional
VPR & Audio	
	N/A
CWs	

3D CG Animated music video about penguins who surf.

25 - [Unraveling Me](#)

Provided	Additional
VPR & Audio	
VPR ALL	- White flashes! - Light strobes! - Natural strobes
CWs	
	- Body horror! - Gore 0:59 (body without head; lowered exposure)

3D Animated music video full of motion, perspective shifting, and glitching. Glitches are frequent, noise-like, and high contrast - primarily black & white, but RGB glitching is also present.

The video is presented in a horror and/or suspense context and features cartoon-style characters losing their sense of self and/or bodily autonomy. Body horror comes from the glitching over body parts, cartoonish stretching of proportions, and frequently shown disembodied eyeballs (no blood).

There are also wrongly skewed joints and unsettling eyes, mouths, and faces.

26 - [c] [Heavy](#)

Provided	Additional
VPR & Audio	
- VPR all - Quick cuts - Flashing - Effect heavy - Fast paced	- White flashes ! - Light strobes - Quick cuts ! - Natural strobes
CWs	
	- Body horror throughout - Implied child harm (?)

	Brief suicide intent
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Music video using animation in a painterly style and contains animated violence. The editing style focuses heavily on quick cuts and flashing is present as part of the style and frequently in the animation itself from sci-fi/fantasy explosions. As such, all types of flashing, quick cuts, and light strobes are throughout the entire video.

Implied child harm:

There are quick shots of children crying and reaching out, but no physical harm is shown.

Suicide intent:

0:00 - 0:06 implied, unfinished suicide attempt by grenade; non-gory and played backwards

1:00 gun to head in an implied comedic context

Natural strobes:

0:13 - 0:15 Stroboscopic effect while passing by several sequential frames of a character

2:24 - 2:26 overlay of a thaumatrope spinning

Body horror:

Video contains several scenes of many different things that may constitute body horror and/or trigger trypophobia. There are: tattoos made of light, glowing eyes, people floating and/or being pulled upward by ethereal string-like attachments, organic robotics (humanoid and non), shape shifting, bodies being stretched like membranes, and hole-filled organic tissues. None of these have blood or are gory.

There are also scenes of people being squeezed or caught up in artistically silhouetted blood-like thorny vines.

Some standouts:

0:55 shape shifting via match cuts between many different human faces + black & orange eyes next to aforementioned thorny vines

1:45 people being raised from ethereal threads

1:47 actual shape shifting where a human face splits in half to become a new non-human shape

27 - [Go Heavy With It](#)

Provided	Additional
VPR & Audio	
	- Quick cuts - White flashes

	• Light strobe 1:22 - 1:24 (blue lightning from a stung gun)
CWs	
	• Realistic violence (?)

Anime music video containing violence with guns and knives. Most violence is realistically possible, but the presented context is not necessarily serious.
Editing style utilizes fast cuts and flashing as transitions, although this is primarily contained to the first minute.

Violence stand-outs (not all-inclusive):

0:17 strangled by rope

0:49 stabbed through the neck

28 - [It Gets Better](#)

Provided	Additional
VPR & Audio	
• Motion • Blurs • A few quick fade ins and outs	• Light strobes (?) (all soft/slow) ○ 1:01 - 1:05 white radial light rays emitted from an electronic device ○ 3:13 - 3:15 yellow lightning ○ 3:53 - 3:58 purple/pink radial light rays ○ 4:06 same as above • Quick cuts 3:15 - 3:19
CWs	
	• Depression • Animal deaths • Child harm 3:10 - 3:30 (boy tied to pole & beaten by lightning powers)

Anime music video about a character recounting their life. It deals with death of family (not shown directly) and animal friends/pets. The animal deaths are their bodies exploding into particles.

29 - [c] [Key to Rebirth](#) [cc]

Provided	Additional
VPR & Audio	
• Minor glitch effect • Minor flashing • Bright Lights	• White flashes
CWs	
	• Body horror (?) (Glowing / astral projection)

Anime music video with 2D lego-stylized characters and animated violence. Flashing occurs occasionally during expected times for emphasis during explosions, super power use, and lightning. Has lots of spiritual scenes which depict astral projection, glowy silhouettes, and glowing eyes.

30 - [WIP] [Git God](#)

Provided	Additional
VPR & Audio	
• Quick cuts • Motion • Overlays • Blurs • Fades • Strobe	• White flashes ◦ 2:21 ◦ 2:42 - 2:44 (full screen + lightning) ◦ 2:47 lightning • Strobing quick cuts 2:35
CWs	
• Violence (sword stabbing and slicing)	• Gore!

	• Body horror
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3D CGI Game music video focusing on sword-related violence during the sengoku period.
There is a lot of blood.

Body horror:

Over-realistic depictions of age and scars.

The main character has a skeletal, wooden, metal, & rope prosthetic arm that sometimes appears gory.

Body horror & gore standouts:

0:14 close-up of the prosthetic, appears gory

0:31 - 0:35 arm is cut off (first part is blurred)

1:38 an unrealistic amount of blood spews from a wound

2:41 an arm grows out of a man's neck with blood/cloud

2:48 hand attached to severely emaciated arm

2:49 - 2:50 decapitation (2 scenes)

31 - [c] Misery's Smile

Provided	Additional
VPR & Audio	
• Flashing Lights • Quick Cuts	• Natural strobe ○ 0:09 - 0:13 (film rolling) ○ 1:45 (black grid on white in background) • White flash ○ 1:42 ○ 1:54 • Quick cuts 2:13 - 2:24 (inside the TVs)
CWs	
• Child Abuse	• Child harm! • Body horror • Animal death (dead bird) ○ 1:09 - 1:11

	○ 1:27 ● Realistic violence
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Anime music video with lots of additional animated manga throughout. Begins with an abstract depiction of childhood trauma, then establishes the child as the adult antagonist traumatizing other children throughout the video via (mostly) supernatural violence. There are occasionally more flashbacks of traumatic childhoods during the video.

Super powers have colored flashing, mostly cyans and rarely orange/yellow (fire). Many scenes have flickering, including along the peripheral, due to speedlines or overlays. Animated stills often form peripheral framing devices. Most of the manga is black and white. As such, many scenes are high contrast.

Realistic violence & animal death:

Video includes lots of action, most of which is supernatural but occasionally depicts hand to hand combat. There are a few scenes of a character (teenager?) smiling over a dead bird and going after other characters with a box cutter. There is blood. Includes depictions of (what I believe is) psychosis, of both children and adults.

Child harm:

In addition to the previously stated, there's also many scenes of children being frightened as the villain has a special ability which immobilizes them.

Body horror:

Presented frequently throughout the video are disembodied human hands. By themselves, grappling others, etc. Some scenes show broken fingers of the disembodied hands.

There are also characters whose skin is burned? Dead? Patchworked textures.

There are also "malicious" artistic interpretations of people, with odd proportions, shadow faces, etc.

Some characters turn to stone and shatter.

32 - Quick Cuts

Provided	Additional
VPR & Audio	
● Extremely rapid cuts 0:35	● Quick cuts 0:36 - 0:37
CWs	

Anime music video featuring cuts on the beat with an especially rapid sequence of cuts beginning at 0:36.

33 - [c] Ghostfacers IV: Burning Kingdom [cc]

Provided	Additional
VPR & Audio	
Flashing lights from 2:24 to 2:30	- Periodic white flashing - Rare light strobes - Quick cuts + white flashing 2:21 - 2:34
CWs	
	- Realistic violence - Religious subjects - Body horror

A live-action video that parodies Ghostbusters with both comedic and serious violence. The video starts with a serious depiction of a character buried alive underground and beginning to panic. The violence is primarily supernatural in nature, but there are also depictions of kidnapping/hostage, burning alive, guns, fist fights, and knives/daggers.

The religious subjects include a cross, bible, an angel character that teams with the main human cast, and the various beings the team hunts such as vampires, demons, and ghosts.

Possible body horror for the designs of the supernatural creatures (primarily mouths with many sharp teeth, some beings have jerky movements) which appear throughout the video.

At 1:22 a human is hit by a car. Their body is thrown and spins but there is no blood or gore.

VPR items:

0:45 linear burn / white flash

1:31 white flashing / black & white light strobe

1:57 two white flashes

2:10 white flashing / light strobe on phone

2:21 - 2:34 four quick cuts followed by white flashes from exploding lights and gunfire

34 - [Snow Believin'](#)

Provided	Additional
VPR & Audio	
Fades to white	
CWs	

Anime music video about fairies. Contains lots of animated rainbow sparkles.

35 - [c] [Ephemeral Threads](#)

Provided	Additional
VPR & Audio	
CWs	
	Depression

Anime music video primarily about two characters dealing with loss.

36 - [c] [Iria's Darkplace - A Quadriptych Fairy Tale \(Part 1\)](#) [cc]

Provided	Additional
VPR & Audio	
A few bright flashes	- Light strobes - White flashes - Natural strobe at 2:15 (ship flying past hard-shaded cliff-side)

CWs	
• Some light blood • Violence	• Body horror!

This primarily anime music video contains lots of futuristic gunfire which is animated as yellow light rays and full screen white flashes. The flashes are typically not on screen for long, but some noteworthy strobes are around the 3:05 - 3:10 and 4:00 mark.

Common enemies are aliens. The most frequent type is first seen at 2:06 as a sort of skinless muscular creature with long claws. A less common one is a brown goopy/melty humanoid with a person's face, which is first seen at 2:55.

[36 - EXTRA: Iria's Darkplace - A Quadriptych Fairy Tale \(Part 1\) trailer comparison](#)

Provided	Additional
VPR & Audio	
	• White flashing from gunfire, explosions, and special effects
CWs	
	• Body horror!

Live-action versions of the aliens from part 1 & 2 throughout.

[37 - \[c\] Deathfire](#)

Provided	Additional
VPR & Audio	
• Flashing lights • Glowing lights • Fast movements • Rapid frame cuts	• White flashes ○ 0:42 ○ 2:26 - 2:30 • Quick cuts ○ 0:41 - 0:43 (in the overlays) ○ 1:53 - 1:58

	○ 2:20 - 2:40 ● Natural strobe (?) 0:48 - 0:51 (long hallway with overhead lights)
CWs	
● Guy gets shot multiple times	● Gore! ○ 0:04 - 0:06 blood & bones ○ 2:22 - 2:39 shooting ● Realistic violence (?) ● Religious subjects ● Body horror ● Suicide 1:39 (falling from building; death not shown)

Anime music video about a person killing others via supranatural means. The deaths themselves appear natural. Video occasionally uses overlays and textures, which can flicker.

Gore & realistic violence:

Blood at times, but more focused scenes are listed in the table. The shooting is quite extended in its depiction; be wary if you are sensitive. Other deaths include heart attacks, falling from a building, building fire...

Body horror:

One character with severe scarring is rarely shown. Their first appearance is at 1:25. The shooting sequence at 2:22 includes unnatural/jerky movements, and a shinigami (god of death/grim reaper) is a humanoid character with an unnatural gothic appearance.

Religious subjects:

The video is about a murderer. The song makes references to befriending demons, judgment day, sinning, and hellfire.

The video sometimes makes abstract depictions of the murderer in a saint or god-like image. There are depictions of a god of death/shinigami/grim reaper character in the company of the murderer.

During 1:31 - 1:32, a church is burned down with a person in it as the murderer watches.

38 - [You're Worth It \[cc\]](#)

Provided	Additional
VPR & Audio	

• Fast Cuts • Some Flashing	• Quick cuts • Occasional white flashes • Multicolored light Strobes 2:07 - 2:13 (Dancing in front of a light board)
CWs	

An animated music video featuring vtubers and lots of motion, including many individual moving background parts and peripheral motion.

Soft exposure ramps and light leaks are throughout, though there are a few isolated full-screen white flashes occasionally.

2:07 - 2:13 is an extended multi-color flashing background sequence when a character dances in front of a light board.

39 - [c] [Hopeful Desire](#)

Provided	Additional
VPR & Audio	
• High Contrast Colors & Scenes • Intense Colors • Flashing • Flickering	• Quick cuts 0:33 • White flash 0:51
CWs	
	• Child harm (?)

Anime music video with textured scenes that can sometimes resemble paper cutouts. Depicts some abstract scenes of sad children, sometimes crying. Video starts with flickering and makes heavy use of colored noise/static and textures as well as strong orange light leaks that can mimic light strobes at times.

40 - [c] [Genesis](#)

Provided	Additional
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VPR & Audio	
• Textures • Overlays • Patterns • Particles • Red transition 1:51	• White flashes (?) • Light strobes (?) • Natural strobes (speeding through hallway with light fixtures) ○ 0:36 - 0:39 ○ 1:43 ○ 2:17 (? - lenticular shades) ○ 2:37 ○ 3:20 (?)
CWs	
• Off screen child death	• Depression (?) • Realistic violence (?) • Child harm (?)

A live action video with a CG character (CGC). The song implies the CGC is depressed as they question their existence, but there are no visual cues of a chronic mental illness.

There are scenes of live-action militaristic forces ambushing their space station home with guns and resulting gunfire. The action sequences are primarily handled by the CGC with visual/fantasy powers, but there is one scene where a prominent live-action human child-like character is killed from gunfire off-screen.

VPR items:

1:06 - 1:07 red glowing eyes, fast-moving cyan lightning outline, motion blur flashing

2:24 - 2:28 blue-white motion blur flashing over CGC

2:58 fade to white

3:21 - 3:31 small tv in background consistently flashes between white static and black

The CGC has visual powers that resemble red/yellow flashing/flickering lightning strikes around the body. During action scenes this can mimic light strobes.

Most scenes take place in a space station with red lighting. They can pulse in patterns similar to the light strobes of emergency vehicle lighting, albeit slower. This is prominent (as a background element) during action scenes, beginning at approximately 2:16, where a possible natural strobe also occurs when a lenticular metallic shade goes down.

41 - Totally Honest K-ON OP

Provided	Additional
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VPR & Audio	
• Fast cuts • A few white flashes	• White flash at 1:20 (camera flash) • Quick cuts with motion
CWs	
	• Body horror (?) 1:36 catgirl 1:42 drawn-on eyes

An anime music video about a group of girls starting a band.

42 - [c] [Demons](#)

Provided	Additional
VPR & Audio	
• Flashes • Quick cuts.	• Light strobes ◦ 0:19 red/blue emergency lights ◦ 2:13 - 2:16 white lightning - white flashes • Quick cuts 2:04 - 2:13
CWs	
• Children in danger	• Child harm • Body horror ! • Reference to sexual assault (?) 1:31 - 1:41 • Gore 1:49 (wounded dead body, blood)

Live-action video about interactions with bestial shifters. Expect faint flickering whenever flashlights are used. Violence and expected blood throughout.

Scenes of children trapped or restrained are shown occasionally, no on-screen imminent dangers are on-screen.

Foreshadowing to possible sexual assault at 1:31. It turns into an attack as both characters are shifters. Both male on female and female on male.

Body horror:

Humans have faces that morph until anthropomorphic beast faces with large teeth, similar to vampires. First shift is at 0:54 but it occurs frequently throughout the video, with many different types of faces and morphing; some are insectoids.

A standout is 2:25 - 2:28 where an arm grows from a man's neck, slamming another character down with it.

[43 - There's Nothing Underneath \(or, The Physical Manifestation of Your Seething Anxieties\)](#)

Provided	Additional
VPR & Audio	
• Motion • Quick scene changes	• White flash ○ 0:27 ○ 2:34 - 2:35 (two) ○ 2:44 ○ 2:49 • Quick cuts
CWs	
• Alien dismemberment (no blood)	• Body horror

Anime music video about two human characters and their shapeshifting white blob pet. Cuts mostly on the song beats, which can be quick at times.

Body horror comes from a tentacle piece of hair on the human characters (rarely shown) and the featured blob character, which can shapeshift into random objects, show eyes and mouths where they shouldn't be, eat characters, have the characters hanging out inside of it, etc. Important to note that there is no blood, gore, or perceived malicious intent from the blob character.

[44 - \[c\] It's Kinda Psycho \[cc\]](#)

Provided	Additional
VPR & Audio	

• Major Strobes • Major Flashing • Major Colors • Major Motion	• White flashes • Light strobes!
CWs	
• Bullying • Trauma • Violence	• Child harm • Realistic violence (?) • Body horror

Anime music video about a character with supernatural powers who retaliates after being bullied.

Realistic violence & child harm:

Most of the characters, including the main one, are adolescents. Physical altercations during bullying situations are shown occasionally. There are times when blood is shown.

Body horror:

The video shows abstract representations of people by putting them in shadows with odd faces, warping them, adding overlays, and in one case falling apart. There are a few alien-like characters.

0:06 - 0:08 is an extended shot of a warping pink/purple abstract face with glowing eyes.

VPR:

The main character has supernatural powers that are represented through flashing in multiple colors and textured rainbow glitter-like overlays inside beams and flashes. The first example of this overlay is at 0:23.

All flashing and overlays are contained to the action scenes, which are interspersed intermittently throughout the video.

Light strobes occur when this flashing is on screen for an extended period of time - which seems to be most action scenes - the first (and flashiest) example of this happening is 0:32 - 0:36.

45 - The Art of Adolescence

Provided	Additional
VPR & Audio	

• Overlays • Light Leaks • Fades	• [A] ? Song starts with and has frequent synth harpsichord tones
CWs	

A manga music video focusing on a romantic relationship. Primarily a white background with lines that are a textures light pink/red with light leaks on the periphery; Occasionally inverts these colors for emphasis using an overlay.

46 - [c] [Dear Jack Kline](#) [cc]

Provided	Additional
VPR & Audio	
	• Rare white flashes • Quick cuts 0:21 - 0:26
CWs	
	• Depression • Brief suicide ideation • Religious subjects • Realistic violence (?) • Child harm (?) • Body horror (?) (Glowing eyes; shadow angel wings)

A live-action video humanizing the son of the devil (Jack, an implied teenager) and how people should deal with him.

The main characters have seemingly accepted Jack into their family, however there is debate if they should kill him to protect others.

Angelic and demonic concepts are shown in aural and visual form when talking about Jack's history. There is a piece of dialogue that implies Jack may be part god.

Jack is characterized by symptoms of mental illness, depression, and (extremely brief) suicide ideation through dialogue. Self-harm with a large knife is attempted but the wounds and

stabbing are not in frame. There is a mix of supernatural violence and physical violence. Guns are featured in the violence but are not fired.

VPR items:

0:21 - 0:26

Quick cuts with heavy light leaks flashing (orange film color)

1:35 white flash

2:21 white dip

2:31 linear burn / film color flash

3:00 white dip / linear burn

3:17 fade to white then black

47 - [c] [WIP] La Vita Andante

Provided	Additional
VPR & Audio	
• Warps • Ripple effects	
CWs	

Anime music video with several smaller scenes on the main one; each smaller scene has very strong wave warp/rippling effects.

48 - Jelly Fish [cc]

Provided	Additional
VPR & Audio	
• Flashes • Quick zooms • Flickering • Bokeh texture • Minor red • Minor blur	• White flash ○ 0:22 ○ 0:53

CWs	
Minor violence (Josee bites Tsuneo and it leaves a mark, no blood)	Realistic violence (?) at 0:22 (1st person POV hit by a car)

Anime music video featuring two characters hanging out together.

[Has alternate version with burned-in captions.](#)

49 - [c] [Is that an FMA 2003 AMV](#)

Provided	Additional
VPR & Audio	
	- Quick cuts - Light strobes (black) 1:02 - 1:14 (three sequences) 1:38 - 1:41 - White flashes
CWs	
	- Gore! - Body horror

Anime music video featuring animated and supernatural violence. Starts with moderately paced cuts, then has sequences of quick cuts interspersed throughout. Cuts to black occur frequently, but see table for the outliers of extended black strobing. White flashes occur during super powers and lightning.

Gore and lots of blood is apparent throughout, but primarily in the first half.

Body horror is from mechanical prosthetics being present as well as blown off, and some of the gore shots.

50 - [Hellbound](#)

Provided	Additional
VPR & Audio	

• Fast cuts • Particle effects • Basically all the flash warnings	• White flashes ○ 0:11 ○ 1:51 - 2:02 ○ 2:20 ○ 2:25 ○ 2:37 • Natural strobes ○ 0:20 (jumping in front of sunlit blue sky) ○ 0:29 - 0:30 (running in front of sunlit yellow sky) • Light strobes throughout (exposure has been lowered during most of them)
CWs	
	• Gore • Body horror

Anime music video with human characters fighting large humanoid creatures (kaiju). There is lots of blood on humans and kaiju. Some of the kaiju designs are skeletal, have odd faces, or show exposed organs.

There are light strobes and flashing throughout from lightning-looking powers, explosions, and gunfire. Main colors for flashes used are cyans and purples, but yellows, greens, and reds are also shown at times. Almost all light strobes have lowered exposure so they are not as intense.

Gore & body horror standouts:

1:08 bloody eyeball

1:18 hole torn in body (no blood)

1:41 intestines are visible (also a light strobe with lowered exposure)

White flashing & light strobe standouts:

1:51 - 2:02 to emphasize explosions and hits, also used during gunfire. All are at normal exposure levels.

2:25 - 2:27 white flashes, also a purple/white/black light strobe (lowered exposure but still high contrast)

3:01 - 3:05 red/black light strobe, not full screen. Normal exposure levels and has a glitch effect during it. (This scene might not be a problem unless you're sensitive to red)

51 - Party in the SXF

Provided	Additional
VPR & Audio	
• Flashing • Fast cuts	• White flashing • Natural strobe 1:37 (railing + fireworks) • Light strobes ○ 2:31 white car headlights ○ 2:41 Black
CWs	
• Some blood	• Realistic violence (?) (comedic context) • Gore / body horror

Anime music video also featuring differing animation styles on occasion. Contains assassinations and spy activities presented in a mostly comedic context. Has white flashing at predictable moments such as explosions and gunfire, but also during fireworks, the first of which is at 1:00.

1:59 - 2:02 is sustained low opacity white flickering.

Gore / body horror:

1:54 heavily bruised face, small amount of blood

2:19 lots of spurting blood creating a design (lowered exposure)

2:25 man stabbed in the mouth with a stiletto heel, small amount of blood

52 - The Homura Problem [cc]

Provided	Additional
VPR & Audio	
	• White flashes at 0:45 (glass shattering) • Natural strobes throughout
CWs	

	• Body horror • Suicide ideation or intention • Child harm (?)
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Anime music video where the song starts suddenly. The anime & video has several moving textures and overlays that simulate mixed media and some kaleidoscopic effects. Most scenes have several small constantly moving objects or patterns in them and extremely varied colors. All the human characters are adolescent girls and the imagery is intended to be somewhat disturbing, although most imagery is rather abstract.

Body horror:

There's many disembodied eyeballs, paperdoll-type people with uncanny faces, tears represented with red strings similar to cobwebs, silhouetted/shadow people being crushed, large disembodied real-media-type hands, and other abstract imagery.

Suicide:

0:42 Girl in a T-pose falling inside the ground; leaves a pink puddle. Friend is horrified.

1:39 - Girl falls from a cliff; video fades to black before she falls into the ocean

53 - Calamity Spiral

Provided	Additional
VPR & Audio	
• Strobes • High contrast colors • Flashing and flickering • Overlays • Quick changes • Shaky cam	• White flashes throughout • Quick cuts throughout • Light strobes (?)
CWs	
• Psychological trauma • Violence • Unsettling imagery	• Body horror

A fast-paced CGI (video game footage) video about two psychologically-linked rivals filled with fantasy violence. There are several flashes, quick cuts, and glitch effects as part of the editing style..

Throughout the video, there are frequent cuts to a humanoid in a large tube connected to science equipment. It is covered in veins(?). The first example is at 0:03.
 It never lingers on screen for long and it doesn't move.
 There is also one shot of a demonic/plant-based(?) creature at 0:25.

54 - [c] [To Love A God](#)

Provided	Additional
VPR & Audio	
• Quick cuts • Flashes	• Light strobes (?) • Natural strobes (?) • 1:40 - end ◦ White flashes ◦ Quick cuts ◦ Light strobe (?)
CWs	
• Self-harm suggested	• Body horror & gore at 1:46 - 1:48 (zombies with blood)

Anime music video with the following VPR notes:

0:00 - 0:06 heavy light leaks that may be considered a light strobe

0:41 - 0:45 Natural strobe(?) / moving texture of shadows of leaves

1:05 light strobe(?) / heavy flicker

1:21 - 1:23 natural strobe (?) moving through several gates

1:55 - 1:59 fast glitching/flashing, possible light strobe. Faint flashing continues during action from this point til 2:30 as part of the editing style

55 - [Episode: Shinra](#)

Provided	Additional
VPR & Audio	
• Flashing • Quick changes • Fades • Sweeping camera movements	• Natural strobes (?) 0:05 - 0:10 (fast timelapse of people, helicopter blades, large flickering background monitor) • White flashes ◦ 0:50

	○ 0:56 white dip ○ 1:02
CWs	
● Violence	● Realistic violence (?) at 0:57

A CGI (video game) trailer featuring sci-fi/fantasy political drama and action. There is one on-screen death from a realistic-looking gun at 0:57.

56 - Trilby Your Best

Provided	Additional
VPR & Audio	
● Some fast zooms ● Peripheral flowers at 00:13	● Starts with Quick cuts
CWs	

Anime music video about an adult and child. Starts with quick cuts and some flickering.

57 - Unshutting Eyes

Provided	Additional
VPR & Audio	
	● Quick cuts ○ 0:30 ○ 1:51 - 1:56 ● White flash ○ 0:27 ○ 1:51 ○ 1:56 ● Natural strobe 0:09 - 0:12 (highway guard rails)
CWs	

• Disturbing visual content in general - mainly displayed (non-bloody) corpses.	• Gore! / body horror • Implied sexual assault! • Realistic violence!
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Anime music video depicting, through inferences only, sexual violence. Male violence against women includes cutting with razor blades, artistic depictions of body parts with roses instead of blood, pulling and cutting hair. There are many scenes of scares and/or crying women. Non-sexual violence includes being hit with a baseball bat and gunfire.

There is occasional flashing, but the pure white and full-screen ones are denoted in the table. Quick cuts may apply to the whole video as the editing follows the beats rather closely. However, the table denotes the fastest sequences.

Gore & body horror:

Video starts with a blood-stained floor, and has blood occasionally throughout from the violence depicted.

Some standouts, however, are:

0:50 A needle poking an eyeball + a blurred censored scene

1:35 eyeball with stretches muscles & missing skin (no blood)

1:45 - 1:47 a corpse missing skin (no blood)

There are also scenes with brains in tubes occasionally (no blood).

58 - [c] [Wake The Titan](#)

Provided	Additional
VPR & Audio	
• Q - Many instances of quick scene changes throughout. A few sections change scenes every half second for several seconds. • M - There are several sequences that mimic quick camera pans or zooms throughout • B - There is one section with two quick transitions that have significant blur to them at 2:35-36 • There aren't any directly strobe-like effects, however there are a few transitions that rapidly flash from a	• Periodic (mostly predictable) white flashes & dips • Natural strobes

scene to white and then to another scene.	
CWs	
• Gore - Many instances of blood spraying from injuries, or remaining on character faces. • Anatomic Gore - Several instances of internal representations of muscle fibers and such, including strange tendon/muscle fiber things attached to character faces. • Nudity - The titans are 'naked', though they have smoothed over body parts like a Barbie/Ken doll.	• Gore! • Body horror! • Realistic violence (?) 0:53 (stabbing)

Anime music video about people and military fighting titans that massacre their towns.

Gore & body horror throughout. Human characters are eaten, dismembered, bloodied, and killed. Dead & bloodied bodies are shown.

The titans are giant humanoids and some have defined musculature with no skin while others have odd and/or disturbing proportions. There are glowing eyes at times.

There are several representations of muscles and tendons growing on skeletons as characters become titans.

Body horror standouts:

1:51 - 1:53 A human leg & foot untwists and regrows itself

2:46 - 2:48 A person with giant muscle growths under their eyes

2:50 - 2:52 An ape-like titan with strange body proportions and glowing eyes

3:21 flesh human head on translucent centipede-like spine

Gore standouts:

2:56 - 2:58 violent decapitation

3:01 body missing head with blood, still image

VPR:

As an action video, it has occasional flashes for attack emphasis throughout, however there is some extended flashing of colors other than white at times.

Many scenes in the video have fast and sweeping camera motions which drift over and past towns and walls, which can imitate or form natural strobes. There's also heat waves, animated wind, and patterns such as water ripples. These are throughout the entire video but one especially long sequence breaks from the mold at 3:03 to 3:16 which combines several different

scenes together and contains flashing of blues, cyans, and oranges (separately) with lots of spinning and zooming.

Flashing standouts:

0:30 white flashing/lines on black background

0:37 yellow flashing from lightning

1:53 - 1:56 yellow flashing from lightning/electricity + white dip

2:37 yellow flashing from gunfire

2:41 - 2:45 yellow lightning followed by yellow explosions

3:03 - 3:16 natural strobe sequence explained above.

[59 - \[c\] Iria's Darkplace - A Quadriptych Fairy Tale \(Part 2\) \[cc\]](#)

Provided	Additional
VPR & Audio	
• Lots of bright flashes	• Light strobes • White flashes
CWs	
• Some blood and violence	• Gore! • Child harm 1:26 - 1:56 • Body horror!

An anime music video containing lots of futuristic gunfire which is animated as yellow or blue light rays and white flashes. There are also plenty of explosions which have 1-2 white flashes. A noteworthy white light strobe is at 0:54.

This video is filled with blood, death, and body horror. A humanoid alien attacks and the video shows the aftermath of the massacres and much of the destruction. One of the locations is a town full of children at 1:26 - 1:56. They are in life or death situations but are never actually visibly harmed.

Gore begins at 0:38 and is prolific throughout.

The alien does not start out as horrific but has a small face/tentacle that could trigger when it comes out (the first time this happens is at 1:29).

3:19 involves blood sucking, human corpses, egg laying, and melty/goopy alien creatures.

4:13 begins a (non-sexual) tentacle sequence trying to entrap the female lead.

60 - [c] [Fight to Survive](#) [cc]

Provided	Additional
VPR & Audio	
• Flashing • Peripheral • Tunnel effects • High contrast colors	• Light strobes! • Quick cuts! • White flashes ○ 1:51 - 1:55 ○ 2:01 ○ 2:15 - 2:16 ○ 3:02 (white strobe) ○ 3:07 • Natural strobes ○ 0:02 - 0:04 trains (also a light strobe) ○ 2:15 - 2:24 passing through a series of illuminated rings ○ 3:17 - 3:19 same as above
CWs	
	• Body horror 1:36 - 1:40 View inside the body as a spider bites and venom passes through veins

3D and 2D animated music video using limited neon color palettes, comic screentone texture overlays, high contrast colors, multi-color flashing, and glitch effects. Most scenes have many moving parts similar to, and may literally be, particles.

Containing many jump cuts and match cuts, this video is almost always moving and with the color combinations, can be overstimulating at times.

0:23 - 1:49 is the (visually) calmest part of the video, although there are still some occasional (short-lived) busy parts.

Quick cuts standout: 3:19 - end is an extended sequence of continual match cuts

61 - [c] [A Silent Reason](#)

Provided	Additional
VPR & Audio	

	• Slow light strobe (?) 3:44 - 3:51 (airplane flight lights)
CWs	
• Shown suicide attempts	• Child harm! (bullying) • Suicide intent x2 (jumping)

Anime music video about the (non-sexual) relationship between two characters, which includes severe bullying and one suicide attempt for each. Neither attempt shows the actual falling on-screen and both attempts were not successful.

Video starts with flickering and ends on an uplifting note.

[62 - A Day in Hellsalem's Lot \[cc\]](#)

Provided	Additional
VPR & Audio	
• High Contrast Colors • Fast Cuts • Glitch Effects • Overlays	• [A] (?) Starts with tv noise and warning beep with colorbars • Quick cuts • White flashes ○ 0:55 ○ 1:11 - 1:12 ○ 2:02 ○ 2:24 ○ Ends with flash • Light strobes (?) • Natural strobes
CWs	
	• Rare gore • Body horror

A fast-paced anime music video starring a character with cyan vfx in their eyes. Fast cuts show various alien characters periodically and rarely gore. Lots of fast-moving rotational camera motions and peripheral elements.

Gore / body horror:

0:33 Fast cuts featuring needles, bloody tools, a close-up of scared eyeball

1:51 Rolling eyeball

Noteworthy body horror (not all-inclusive):

0:59 Alien worm(?) humanoids with huge mouths (still image)

1:06 Giant eyeball

3:09 Beast with human head coming from its chest

Noteworthy strobing:

0:57 - 1:00 Light strobe (?) - Semi-transparent changing multicolor texture (RGB) over black background

1:14 - 1:23 Natural strobe - Rotating camera motion + a mirror effect that produces a natural strobing behavior. Ends with flashing patterns from ferris wheel lights

3:06 - 3:10 Natural strobe & light strobe (?) - Moving venetian blinds effect with very strong shadows that behaves like a natural strobe

63 - Air Male

Provided	Additional
VPR & Audio	
Some bright flashing	- White flashes! 1:46 1:49 1:51 3:11 - Most light strobes - Light strobes! (lightning) 0:21 - 0:34 1:53 - 1:56 2:24 - 2:41 white, then purple 2:56 - 3:05 white, rest, yellow, white 3:18 - 3:19 emergency lighting

	• Natural strobe (?) 3:21 - 3:22 (Person in front of spot light in B&W)
CWs	
	• Body horror ○ 1:45 glowing chest ○ 1:41 body turns to light rays ○ 1:55 person hit by lightning ○ 3:06 person has mouth with several long fangs ○ 3:11 person turns to confetti

A mostly live-action music video about men presented in a comedic light.

VPR:

Has very strong lightning scenes with light strobes/white flashing. Fortunately, they are contained to specific sections of the video, which are listed in the table. Some additional notes, however:

2:24 - 2:41

Beginning with live action lightning, has both live-action and animated lightning interspersed through this sequence. Small break where a character looks confused through fog.

During the (live-action) interior shots, there is a slow purple light strobe coming from the tv.

The sequence ends with animated lightning over the house.

2:56 - 3:05

Starts with white lightning, then no flashing, then a game show with yellow flashing lights in the background, then back to lightning

3:11 white flash when person turns to confetti

3:18 - 3:19

Bright emergency lights in the background, blue/red

3:21 - 3:22

Natural strobe?

Black & white scene of a character dancing in front of a bright spot light

64 - [onlyBREADS](#)

Provided	Additional
VPR & Audio	
• Quick cuts • Occasional flashes	• 0:41 - 0:48 (characters dancing in front of a light wall) ◦ White flashes ◦ Light strobe (?) • Light strobe / natural strobe (?) 1:31 - 1:40 (going through a lighted tunnel)
CWs	
	• Gore (?) 1:10 - 1:13 (bread loaf's head splits open and spews jam/blood)

A predominantly anime music video about bread presented in a comedic manner.

65 - [c] [Next To You](#)

Provided	Additional
VPR & Audio	
	• Light strobes ! • White flashes !
CWs	
	• Body horror 0:44

Music video using animation in a painterly style.

Body horror:

0:44 person in spherical organic tissue with holes whose body shape is stretching like a membrane (non-gory); later disappears into a tiny sphere (may trigger trypophobia)

Light strobes:

1:09 - 1:17 starting white, flashing to black (intermittent very strong backlight - this is the slowest strobe)

1:43 - 1:48 light strobe (white flashing)

3:51 - 3:52 light strobe (black flashing)

66 - [c] Guardian's of the Cha Cha Cha

Provided	Additional
VPR & Audio	
• Flashing • Light strobing • Motion	• Natural strobe (?) 0:07 - 0:09 (lightspeed space travel) • Light strobes • White flashes • Quick cuts
CWs	
• Hitting Mantis with a baseball bat (animal/human/alien abuse?)	• Child harm (?) 1:12 - 1:14 (knocking over a child with a ball) • Body horror • Gore (?)

Live-action music video with CG animated characters. Contains space travel antics with flashing of cyans, reds, and sometimes purples.

White pulsating low opacity strobe 0:00 - 0:08.

Otherwise, white flashing occurs occasionally from expected sources like gunfire and faulty electrical equipment.

The editing style makes frequent use of jump cuts which also jumps between zoom levels, which was the primary driver of the quick cuts label. However 1:43 is a standout for quick cutting between a bright purple flash and another scene.

Body horror & gore:

Contains scenes of humans and humanoid aliens of various colorful skintones and body shapes. There are scenes of humans in space with iced faces (3:17), dead/decaying bodies (0:39), Facial warping/stretching from temporal travel (1:33) and a disembodied, glowing brain 2:32 - 2:34.

67 - AMV Teaser MHA Zero

Provided	Additional
VPR & Audio	
	• White flash 0:37 • Light strobe 0:46 - 0:48 (red/black emergency lighting)
CWs	

Mostly anime, but also manga and some white & black still images in this promotional music video of superheroes.