

THE MASTER WAR MODE DAY PLAN + REPORT

▶ The Mastery Checklist Explained to achiev...

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓/✗	10 ▾	10 ▾	20 ▾	Will go to Work ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will go to the Gym (Swim) ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will finish CS377 Final assignment ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will work on Mohd's labs (\$20/lab) ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will write description for items ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will layout targets for the summer ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will revise/refine all P06-P08 copy/work ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will reply to all TRW messages ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will do 100 pushups (100/100) ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will plan next day ✓	
✓/✗	8 ▾	10 ▾	20 ▾	Will improve copywriting IQ ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will improve business IQ ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will Listen to MPUC #248 ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will continue Freelancing Course ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will Meditate & Stretch ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Will watch daily lessons✓	

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24
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	July 17 DAY NUMBER + DATE + TIME 
Day Number:	111
Date:	4/29
Start Time:	630 am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	
2.	
3.	

	🔮 My Top 3 Priority Tasks That MUST Be Completed 🔮
1.	
2.	
3.	

⌚ Hour-By-Hour Tracking: ⌚

[Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

🏹 MY MORNING WAR PLAN 🏹

🧠 What Do I Plan To Accomplish This Morning? 🧠

🎯 What Is The Main Goal For This Morning? 🎯

🔑 How Will I Start My Morning With Power? 🔑

**DELETE BOXES THAT
ARE BEFORE YOU
WAKE UP!**

6 am Tasks \$	Wake up, Meditate
Reflection ✎	Woke up 629 pm, got ready, went back to sleep for 15

7 am Tasks \$	Work Improve business IQ
Reflection ✎	Listened to all recent PF uploads. (Business Mastery, SSSS, etc)

8 am Tasks \$	Work
Reflection ✎	Improve copywriting IQ: revised outreach email. Revised all P06-P08 copy

9 am Tasks \$	Work
Reflection ✎	Revised all P06-P08 copy

10 am Tasks \$	Work
Reflection ✎	Listened to MPUC

11 am Tasks \$	Work
Reflection ✎	

12 pm Tasks \$	Work
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Reflection 	
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END-OF-THE-MORNING REPORT

 What Did I Learn This Morning? 

 What Problems Did I Face This Morning? 

 How Will I Solve These Problems For This Afternoon? 

MY AFTERNOON WAR PLAN

 What Do I Plan To Accomplish This Afternoon? 

 What Is The Main Goal For This Afternoon? 

 How Will I Start My Afternoon With Power? 

1 pm Tasks \$	Work
Reflection ✎	

2 pm Tasks \$	Work
Reflection ✎	

3 pm Tasks \$	Work
Reflection ✎	

4 pm Tasks \$	Gym
Reflection ✎	

5 pm Tasks \$	Gym
Reflection ✎	Swam and sauna. Home at 540 pm. Showered.

6 pm Tasks \$	Lunch Revised/refined PO & FV Planned next day
Reflection ✎	Done.

7 pm Tasks \$	Complete CS377 assignment
Reflection ✎	Done.

8 pm Tasks 💰	Watch Freelancing campus vids and finished pushups Write item descriptions
Reflection ✍️	Watched some email copywriting videos. Played with AI and came up with several ideas.

9 pm Tasks 💰	Write item descriptions
Reflection ✍️	Wrote descriptions for 2 items.

10 pm Tasks 💰	Begin lab 1 for Mohd.
Reflection ✍️	

11 pm Tasks 💰	Begin lab 1 for Mohd. Layout all summer targets
Reflection ✍️	Finished first lab. (\$20 secured) Planned targets.

12 am Tasks 💰	Prep for sleep Sleep
Reflection ✍️	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠

✗ What Problems Did I Face In The Day? ✗

🔑 How Will I Solve These Problems Tomorrow? 🔑

NEW What Do I Plan To Do Differently Tomorrow? NEW

♻️ What Do I Plan To Do The Same Tomorrow? ♻️

📞 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📞

📝 What Tasks Were Left Undone? 📝

Brain Dump: