



October 6 & 8, 2026

\$25



PRACTICES

TUES/THURS

3:00-5:10 PM

ELEM CAFETERIA

**BOYS & GIRLS
WELCOME!**

**REGISTRATION
INCLUDES**

TSHIRT. MUST

REGISTER BY

9/30/26.

LIMIT 40.

**PERFORM AT
HALFTIME**

FOOTBALL GAME

OCT 9 @ 7:00 PM



Instructors: Hailey Brower and Jocelyn Reuter, Fly Girl Coaches

Participants will learn a halftime routine taught by current Fly Girls dancers and coaches during practices. **Practices are Tuesday and Thursday after school until 5:00 p.m.** Students may change into athletic clothing before practice if they choose. Please send a water bottle and snack with your child each day. Participants will receive their Fly Girls performance T-shirt on Thursday at practice. The **Pep Fest Performance** is available if your child is wishing to participate in. The routine will take place on the football field during the school day, weather permitting. For the pep fest, participants may wear green and white clothing to school if they prefer not to wear their Fly Girls T-shirt. For the **Football Game Halftime Performance** on Friday, October 7, participants will also have the opportunity to perform their routine at the football game. The game begins at 7:00 p.m. For the halftime performance, please have your child wear: Fly Girls T-shirt, black pants or shorts, and tennis shoes. Participants should meet the coaches by the storage shed on the visitors' side of the football field with 7 minutes remaining in the second quarter. The halftime performance will take place rain or shine, unless school officials determine that conditions are unsafe. If there is poor weather, parents/guardians may decide whether or not their child participates in the halftime performance. After the performance, participants may: Leave with their parent/guardian, or stay and watch the remainder of the game with their parent/guardian. Registration deadline: September 30, 2026 to insure a shirt. **Fee: \$25. Limit 40 students and spots will fill quickly.**

[**CLICK TO REGISTER**](#)

INDIVIDUAL REGISTRATION FORM

(please print)

Name _____ Birthdate _____ Age ____ Grade ____ Gender M F
Shirt Size ____YS ____YM ____YL ____YXL ____AS ____AM ____AL ____AXL
____A2X (add'l \$3 more) ____A3X (add'l \$8 more) ____A4X (add'l \$10 more)

Street Address _____ City & Zip _____

Parent/Guardian 1 _____ Cell Number _____

Parent/Guardian 2 _____ Cell Number _____

E-mail (required) _____

Emergency Contact (Other than Parents/Guardians):

Name _____ Phone _____

Please list any health concerns, medications, or allergies that may be important for the coaches or instructors to know: _____

☐ 2025 Fall Football Dance Camp (K-6th) | Includes T-shirt

Fee: \$25.00

Total:

PAYMENT OPTIONS: Check # _____ (payable to ISD #23) Cash _____

Credit/Debit Card: _____ Exp: ____/____ CVV _____

BAD BEHAVIOR & DISCIPLINE EXPECTATIONS

Participants need to be respectful and follow the rules of the program and the instructions of staff. It is only fair to all the children and staff to have a positive experience. If your child does not listen or follow the rules, we will contact you. If your child continues to misbehave, your child will no longer be able to participate in the program.

In addition to the behavior of children, we occasionally must deal with parent/guardian behavior that is inappropriate. There are certain behaviors that we cannot tolerate. These behaviors include:

- Use of inappropriate language, including typical “curse” words and derogatory terms associated with a particular ethnic group, religion, gender, etc.
- Bullying children or staff. Bullying includes more than physically harming another; it includes threats or other forms of inappropriate intimidation, yelling at others, or insulting others. If you have a concern about the comment or behavior of another child, please speak to a staff person about it and allow us to handle the situation. It is not appropriate for a parent to yell at or intimidate any child in our program. If your concern is about a staff person, please address your concern respectfully to the staff person directly, away from children and other parents. Also, please call the Program Coordinator about any concerns you have with staff or other children.

Keep in mind that all of us are role models when we are around children. We expect our staff to model appropriate behavior around children, and we expect parents to do the same. When you need to discuss something with our staff, please be respectful toward them. If you are upset and feel out of control, we ask that you step aside with the staff person so you are away from the children.

When challenges over the rights of other children and property develop with a child's behavior, it affects others. It is our goal to work with each individual child. If a challenge continues, we will use the following methods:

1. A child may not be allowed to participate in a particular activity. We will ask that this child sit quietly for a limited period of time.
2. If we still have an unresolved conflict, we will ask you, as a parent, for ideas on solving this concern. A conference between the parent and site supervisor may be scheduled for the benefit of everyone.
3. In an attempt to change behavior, staff reserves the right to impose a five-day suspension from the program.
4. If the conflict cannot be resolved, we will ask you as a parent to remove your child from the program.
5. If a child deliberately destroys other students' or School District property, it is the expectation of this program and the parent/guardian will be responsible for replacing the damaged equipment.

As a parent, you can feel comfortable that we will not use physical abuse as a means of solving a problem. We cannot allow others (including the children) to do likewise within the program.

IMPORTANT INFORMATION

Frazee-Vergas Public School District (District) and Community Education (Program) are committed to conducting their athletic programs and activities in a safe manner and hold the safety of participants in high regard. The District and Program continually strive to reduce such risks and insist that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. The participant/participant's guardian(s) are solely responsible for determining if you are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is also advisable, especially if the participant is disabled in any way or has recently suffered an illness, injury, or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Sports are intended to challenge and engage the physical, mental, and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury, including but not limited to head/brain injury, back/neck injury, and bone and joint injury. Understandably, not all hazards and dangers can be foreseen. Certain risks include but are not limited to, being struck by the ball, slipping and falling, running into stationary objects, inability to stop one's momentum and encountering off-court/field danger, poor technique, collisions with other players, uncontrolled pursuit of the ball, improper technique, fatigue, surface defects and irregularities, unsafe equipment, carelessness, poor conditioning, overexertion, poor sportsmanship, inadequate supervision or officiating, horseplay and all other risks inherent to any sport. In this regard, it must be recognized that the District and Program can't guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, the participant/participant's guardian(s) will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which might be sustained as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to the participant/participant's guardian(s) voluntarily agree to assume the full risk of any and all injuries, damages, or loss, regardless of severity, that may be sustained as a result of said participation. The participant/participant's guardian(s) further agree to waive and relinquish all claims they may have (or accrue to them) as a result of participating in this program/activity against the District and Program, including its officials, agents, volunteers, and employees.

I HAVE READ AND FULLY UNDERSTAND THE EXPECTATIONS ON BAD BEHAVIOR & DISCIPLINE.

I HAVE READ AND FULLY UNDERSTAND THE ABOVE IMPORTANT INFORMATION, WARNING OF RISK, ASSUMPTION OF RISK AND WAIVER, AND RELEASE OF ALL CLAIMS.

☐ Yes, I understand and accept. (By not accepting, we will ask you not to participate in this activity/event.)

Parent/Guardian Signature & Acknowledgement

Relationship to Minor Child Registering for this program:

☐ Legal Parent of Child ☐ Legal Guardian of Child

Dated: _____