



2025-2026 CMS Additional Cheer Tryout Information



July 18, 2025

****Please read through entire packet before turning in****

Thank you for your interest in being a CMS Cheerleader! Please read through this entire packet and complete all forms. Tryout packets will need to be completed and turned in on the day of tryout.

Clinic Dates – Candidates **must** be present at all clinic days to be eligible for tryouts. You will learn all of your try out material during these days.

July 18 – Clinic 9:00-11:00am; Tryouts 11:00-12:00

You will learn 1 dance and 1 cheer. Additionally, you will showcase your jumps and any tumbling.

Being a CMS cheerleader is a **year long commitment**. We cheer for both football and basketball seasons. If you feel that you cannot stay committed to the team for that duration, please reconsider your decision to try out. We will begin practice shortly after tryouts and continue to practice throughout the summer. Football season begins in late July/early August and runs through early October. Basketball season begins shortly after football season and runs through late January/early February.

We do travel to all away games. **It is the parents responsibility to provide transportation to and from games.**

Attached you will find CMS student-athlete policies and requirements. These will be **strongly enforced** in addition to CMS Cheerleading policies and requirements. Failure to adhere to these policies could lead to **suspension or dismissal** from the team. Cheerleading is an expensive support. Cheerleaders will have fees ranging from \$300-\$500. Sponsorships and fundraisers can be provided for the cost.



Clinton Middle CCA Athletic Participation Rules



Athletic Programs/ Head Coaches

The following CMS athletic programs are official members of TMSAA and are bound to the rules and regulations of TSSAA/TMSAA as well as those set forth in this document:

- Athletic Director – Kevin Powers -kpowers@acs.ac
- Football – Eric Woodard ewoodard@acs.ac
- Cheerleading – Madison Gillum mgillum1@acs.ac
- Volleyball – Maria Love mlove@acs.ac
- Basketball – Boys: Bobby Williams jwilliams3@acs.ac
- Basketball - Girls: Jason Love jlove@acs.ac
- Golf (Boys and Girls) – Graham Richardson grichardson@acs.ac
- Softball – Brooklynn Sellers bsellers@acs.ac
- Track – Dorian Ewing dewing@acs.ac
- Baseball - Jake Lowe jlowe@acs.ac

Athletic Club Teams

These are CMS clubs that are offered but not covered under TMSAA membership. However, participants are still expected to follow the rules set by the club sponsor.

- Dance - Jessica Bray jbray@acs.ac
- Swimming – Jan Smith jsmith1@acs.ac
- Cross Country - Dorian Ewing dewing@acs.ac
- Archery -Jason Terry Jason Terry

Note: We are working with CHS to offer more sports and clubs in the coming years.

Student Athletes

The Anderson County (TN) School Board, Director of Schools, Principals, Athletic Director, and Coaches believe:

- Participants are expected to be students first, athletes second. Grades are a priority.
- Participation in school athletics is a privilege, NOT a right.
- Athletes are role models and leaders in the school; therefore, they are held to a higher standard.
- Athletes represent the school and the community; therefore, they must do so in a positive manner.

Minimum Academic Requirements

1. The student must have been academically promoted to the next grade level.
2. The student cannot be 15 years old before August 1st.
3. The student-athlete must maintain passing grades in all classes. Failure to do so will result in a probationary period and/or game suspension until academically eligible.
4. Coaches reserve the right to enforce higher academic requirements. These requirements will be given at the first team meeting of the season.

Coaches may, at their discretion, reinstate a player when the following conditions are met:

- Passing every class per written notice by the classroom teacher or Skyward evidence.

- If a player's semester grade average is a 70 or better despite being below passing for the previous 9 weeks report card. Grade checks will occur weekly. Coaches will address any grade concerns.

Classroom/School Behavior Requirements

Student-athletes must follow the Anderson County Code of Conduct and all CMS rules, including individual classroom rules.

Three Strike System:

A "Strike" is any office referral that requires disciplinary action by the school administration. Disciplinary action includes, but is not limited to:

- In-school suspension (ISS) = one strike
- Out-of-school suspension (OSS) = one strike, or potentially more depending on the severity of the conduct warranting OSS.

Consequences For A Strike:

- Strike One: One-Game Suspension
- Strike Two: One-Game Suspension PLUS a meeting with the following attendees: School Administrator, AD, Coach, Parent, and Student-athlete.
- Strike Three: Indefinite suspension.

Any office referral that does not result in Disciplinary Action will not be a "Strike" but is subject to team-level consequences at the coach's discretion.

Guidelines for Parents/Guardians

Appropriate Conversations to Have with the Coach

1. The treatment of your child, mentally and physically.
2. Ways to help your child improve athletically.
3. Concerns about your child's behavior/grades.

Inappropriate Conversations to Have with the Coach

1. Playing time
2. Team strategies and Coaching decisions
3. Other student-athletes

ALL coaching decisions are final. The coach's decisions are based on: 1) ability, 2) work ethic, 3) behavior, 4) participation, and 5) the best interest of the team as a unit.

Please DO NOT attempt to confront a coach before, during, or after a game or practice. These can be emotional times for parents, coaches, and players. Meetings of this nature do not promote a positive resolution.

ACS Employees are restricted from communicating with players and parents through any means other than designated team apps and/or ACS email. Please help Coaches stay within the county guidelines.

Social Media

All social media posts should be positive. We want the athletic teams at CMS to always be shown in a positive light. Negative and derogatory remarks hinder what we are striving to convey to our student-athletes and our community. Please keep this in mind when using social media.

Personal Information and Parental/Guardian Consent

Candidate Information:

Name:	Current School:
Current Grade Level:	D.O.B.
Age:	Years of Cheerleading Experience:

Parent/Guardian Information 1

Name:	Relationship to Candidate:
Emergency Contact Number:	

I understand that my child will be attending the clinic dates March 17, 18 and 20th and trying out for the CMS Cheerleading team on March 21st.

Signature: _____ Date: _____

CMS Cheerleading Policies and Procedures

- CMS cheerleaders are to conduct themselves in a positive manner at all times.
- Social media will be monitored closely. Any misuse of social media will result in disciplinary action.
- Participants are expected to be at all practices, games, and any other cheerleading related function.
- Participants are expected to be in full uniform at games, and other community events that we attend.
- CMS Cheerleaders will be required to show all progress/report cards to their coach.

Clinic and Tryout Day Information

Clinics will be held on July 18th from 9-11:00 am at the CMS gym. Tryouts will be directly after clinics from 11-12:00.

All material will be taught on this day.

Attendance is **mandatory**. There will be no makeup tryout dates.

Please be at the CMS gym for pickup at 12:00pm. NO LATER!

Friday pick up time will be determined by the order in which your child tries out.

Clinic and Tryouts are closed events, meaning there will be no spectators allowed in the gym.

Please make sure your child has a water bottle each day for clinic/tryouts and is dressed in athletic attire and tennis shoes.

Tryouts - Candidates will be required to wear a plain white tee shirt and black shorts. Bow is optional. **This is only for Friday March 21!**

Friday March 21st - Tryout Day

Candidates will randomly be given a number for their tryout order on day 2 of clinics. Upon completion of their tryout they will be dismissed. I will not have an approximate end time until I know how many candidates are trying out.

Results

Results will be given in a sealed envelope on Friday March 21 after everyone has completed their tryout. Please allow approximately 30 minutes after the last tryout for judges' deliberations and score tallying.

A copy of the scorecard that will be used to judge tryouts is attached.

Score Card

Recommendations	Teachers 1 /25	Teacher 2 /25	Teacher 3 or Coach /25		/75
Dance Knowledge, rhythm, sharpness etc..	Candidate knows most of the dance 5 pts.	Candidate knows the dance well but is not on rhythm or does not have sharp motions 10 pts.	Candidate knows most of the dance and performs it well rhythmically and with sharpness. 15 pts.	Candidate knows the whole dance and performs it with great rhythm and sharpness. 20pts.	/20
Sideline cheer knowledge, motions, sharpness, voice projection etc.	Candidate knows most of the sideline 5 pts.	Candidate knows the sideline well but does not have sharp motions 10 pts.	Candidate knows most of the sideline and has sharp motions and good voice projection 15 pts.	Candidate knows the whole sideline and performs it with great motions and sharpness and voice projection 20pts.	/20
Cheer knowledge motions, sharpness, voice projection etc.	Candidate knows most of the cheer 5 pts.	Candidate knows the cheer well but does not have sharp motions 10 pts.	Candidate knows most of the cheer and has sharp motions and good voice projection 15 pts.	Candidate knows the whole cheer and performs it with great motions and sharpness and voice projection 20pts.	/20

Jumps	Completes a toe touch and 2nd optional jump. 1 pt.	Completes a toe touch and 2nd optional jump with good height. 3 pts.	Completes a toe touch and 2nd optional jump with good height and pointed toes. 5 pts.	Completes a toe touch and 2nd optional jump with great height, pointed toes, and chest upward. 10 pts.	/10
Facial Expressions/ Confidence/ Stage presence	Candidate doesn't smile throughout the tryout. 0 pts.	Candidate smiles some throughout the tryout but does not show confidence. 5pts.	Candidate shows confidence but does not smile 5 pts.	Candidate smiles and shows confidence throughout the tryout 10 pts.	/10
Tumbling All tumbling will be bonus points.	Standing back handspring *10 pts.*	Running tumbling with back handspring *20 pts.	Back tuck (standing or running) *30 pts.	Anything beyond a back tuck *40 pts.*	

Clinic and Tryout Checklist

- ☐ I have read throughout the entire informational packet.
- ☐ I have completed the 3 teacher recommendations or the 2 teacher and 1 coach recommendations.
- ☐ I have filled out the personal information page with a parent/guardian signature.
- ☐ I know that I am to wear a plain white t-shirt and black shorts on March 21st for tryouts.