



Inclusion Policy

INTRODUCTION

For the purposes of this policy 'inclusion' means access for all. It means recognising differences between individuals / groups and providing opportunities for them to participate regardless of those differences, whether this is as a participant, coach, leader, official or volunteer.

It embraces diversity and difference and is committed to providing opportunities that are safe, inclusive, accessible and equitable. We want running to be equally accessible to all members of society, whatever their age, disability, gender, race, ethnicity, sexuality or social/economic status.

We will continue to develop a focus on inclusion, not exclusion, and ensure that we provide appropriate advice to members to ensure that everyone can participate as fully as possible.

We will seek to ensure that we comply with the Equality Act 2010 and the characteristics protected by it (age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership and pregnancy and maternity) and encourage our members to do so. We will seek to include everyone regardless of whether they have a protected characteristic or not.

Our aim is to provide an environment where everyone feels:

- Welcome
- Represented
- Included in decision making.
- Able to participate.
- Safe and free from discrimination, bullying, harassment and vilification.

AIMS

The aims of the Inclusion Policy are:

- To guide and support the integration of inclusive practice into core club/group programmes and activities.
- To contribute towards growing and sustaining numbers of people from under-represented groups participating within Running.
- To promote inclusion within Running wherever possible and in accordance with the provisions of the Equality Act.
- To adopt inclusive practice within competition and events.
- To provide support and guidance to participants, leaders/coaches, officials, competition/ event organisers and other volunteers to promote the development of inclusive practice and to enhance participation.
- To promote the development of knowledge and understanding of disability, equity and inclusion amongst participants, leaders/coaches, officials, volunteers and competition/ event organisers by the provision of appropriate guidance and training.
- To promote close working partnerships with relevant groups and organisations to support the development of inclusive practice within Running.

We will:

- Not tolerate discrimination, harassment, bullying or victimisation.
- Actively identify and reduce barriers to participation for under-represented groups.
- Consult with expert partners and other organisation to facilitate inclusive practices and remove barriers to participation.
- Ensure under-represented groups are given the opportunity to participate in all aspect of Running.
- Provide opportunities for all in coaching, officiating and leadership positions.
- Support member clubs and groups to develop inclusive practice.

The Inclusion Policy is intended to promote a change in attitudes and perceptions and to improve opportunities for everyone to participate in Running.

We will provide a welcoming environment:

- We will think positively about how we can include people rather than focusing on potential barriers to participation.
- We will consider how running is promoted. For example, by providing information in formats which are accessible and by using appropriate imagery.
- We will encourage people to contact us to discuss their needs and requirements to facilitate inclusion and we will ensure we consider what reasonable adjustments could be made to enable them to participate.
- We will develop the knowledge and understanding of key staff, club/group or event officials, coaches, leaders and other volunteers, of disability, equity and inclusive practice by providing appropriate guidance and training.

We will talk to people:

- We will, so far as is reasonably possible, consult with relevant groups and with prospective individuals about their needs and requirements.
- We will not make assumptions and will try to speak to people about the reasonable adjustments they believe might be made to enable them to participate and to discuss how these could be made.

We will make reasonable adjustments:

- We will demonstrate that every effort has been made to enable everyone to participate and that inclusion not exclusion has been the priority.
- If reasonable adjustments are required to make an event/activity accessible then we will make those reasonable adjustments.