

Vermont | July 19 - 26

In case of emergency call 911

Your Tour Guide:

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Itinerary

Itinerary is subject to change due to weather and group preferences.

Day 1	Saturday, July 19
Summary:	Our tour will begin in Burlington, where we will start with a visit to Burlington Cohousing . This community is known for making inroads in the affordable housing crisis, through its structure as a Community Land Trust and energy efficient townhouse design. From here we'll travel out of the city further south to Bristol Cohousing , another retrofit residential community with a focus on sustainability. The evening will be spent split between a local inn, Bristol Suites and Bristol Cohousing's guesthouse.
Itinerary	<ul style="list-style-type: none"> • 11am: Meet at Burlington Cohousing for orientation • 12pm: Lunch at Burlington Cohousing <ul style="list-style-type: none"> ◦ Homemade buffet with the community • 1pm: Talk and tour of Burlington Cohousing • 2:30pm: Travel to Bristol Cohousing for a talk and tour <ul style="list-style-type: none"> ◦ Drive time: 40 minutes • 6pm: Dinner at Bristol Cohousing • 7pm: Settle into accommodations
Lodging	Bristol Suites 19 Main Street, Bristol, VT 05443 802-453-4065 Bristol Cohousing's Guesthouse 16 North Street Bristol, VT 05443

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Day 2	Sunday, July 20
Summary:	The second day of our tour will be spent at Living Tree Alliance , a growing intentional community based on ecology and Jewish spiritual traditions. Get your hands dirty in a group activity, connect with the residents, and enjoy the great outdoors. Lodging this evening will be split between the Living Tree and a nearby Airbnb.
Itinerary	<ul style="list-style-type: none"> ● 8am: Breakfast at Minifactory <ul style="list-style-type: none"> ○ Option to sleep in if you need more rest or take a stroll around Bristol ● 10am: Visit Bristol Waterfalls <ul style="list-style-type: none"> ○ Pack your swim suit in your daypack if you like to swim! ○ Then 30-min scenic drive to Waitsfield ● 12pm: Lunch in Waitsfield at Mad Taco <ul style="list-style-type: none"> ○ Then stroll around Waitsfield ● 1pm: Tour Living Tree Alliance <ul style="list-style-type: none"> ○ Discussion about co-housing and homesteading ○ Spend some time exploring the property ● 5pm: Farm to Plate Program and Dinner at Living Tree Alliance <ul style="list-style-type: none"> ○ Lend a hand harvesting veggies for dinner ● 7pm: Settle into accommodations <ul style="list-style-type: none"> ○ Part of group will stay at Living Tree and part at a nearby Airbnb
Lodging	Living Tree Alliance 110 Living Tree Ln, Moretown, VT 05660 (603) 387-6033 The Old Horsman Guest House 918 Vermont 100B, Moretown, VT 05660

Day 3	Monday, July 21
Summary:	Next we will travel up to the state capital of Montpelier to visit a nearby community called White Pine Cohousing . This well established community is

	home to friends and family who lovingly tend their gardens and enjoy each other's company as supportive neighbors. Our afternoon will be spent in the capitol, exploring the town and nearby attractions.
Itinerary	<ul style="list-style-type: none"> • 8am: Breakfast at Living Tree and Airbnb, self-serve • 9:30am: Depart for White Pine Cohousing <ul style="list-style-type: none"> ◦ Drive time: 30 minutes • 10am: Talk and tour at White Pine Cohousing • 1pm: Lunch in Montpelier at Hunger Mountain Coop <ul style="list-style-type: none"> ◦ Pick up your personal snacks and needs while at the Coop ◦ Walk about the Capitol after lunch Or swim at Wrightsville Beach and get creemeees • 3pm: Drive back to Living Tree and Airbnb <ul style="list-style-type: none"> ◦ Drive time: 1 hour • 4pm: Rest before dinner <ul style="list-style-type: none"> ◦ Optional activities: nature walk, help prepare dinner, campfire • 6pm: Dinner at Living Tree with residents
Lodging	Living Tree Alliance 110 Living Tree Ln, Moretown, VT 05660 (603) 387-6033 The Old Horsman Guest House 918 Vermont 100B, Moretown, VT 05660

Day 4	Tuesday, July 22
Summary:	Today we explore a community in southern Vermont, a growing ecovillage with openings for new members, called Earthseed Ecovillage . We'll have a tour and lunch with the community followed by a free afternoon to rest and spend time cooking dinner together.
Itinerary	<ul style="list-style-type: none"> • 7:30am: Early breakfast, be packed and ready to go • 8am: Scenic drive to Earthseed Ecovillage <ul style="list-style-type: none"> ◦ Drive time: 2 hours • 10:30am: Arrive at Earthseed for tour

	<ul style="list-style-type: none"> • 12:30pm: Lunch, Talk and Q&A at Earthseed • 2pm: Drive to Airbnb <ul style="list-style-type: none"> ◦ Drive time: 15 minutes ◦ Settle in and free time - hot tub, games, nature walk • 5pm: Dinner cooked as a group at Airbnb <ul style="list-style-type: none"> ◦ After dinner: group community-building activity
Lodging	<p>The Tower House 3020 Winhall Hollow Rd, South Londonderry, VT 05155 802-553-3350</p> <p><i>Laundry machine available for free use. Combine loads with others when possible.</i></p>

Day 5	Wednesday, July 23
Summary:	Vermont's largest intentional community is our stop on this day. Cobb Hill is home to 50 or so people on 270 acres. They have a working farm, vast maple sugar bush, community-made cheese, abundant gardens, and so much more to experience. Enjoy a tour and lunch with residents. We'll spend the evening at a retreat center in the Northeast Kingdom.
Itinerary	<ul style="list-style-type: none"> • 8am: Breakfast at Airbnb & pack up luggage to depart Airbnb • 9am: Depart for Cobb Hill Cohousing <ul style="list-style-type: none"> ◦ Drive time: 30 minutes • 9:30am: Intro to Cobb Hill with coffee & tea • 10am: Workshop with Cobb Hill resident to learn about the farm and animals on site • 12pm: Lunch at Cobb Hill Cohousing <ul style="list-style-type: none"> ◦ Afternoon tour & hike through property, including the farm • 3pm: Depart for Sky Meadow Retreat <ul style="list-style-type: none"> ◦ Drive time: 2 hours. Snack stop in St. Johnsbury ◦ Settle into accommodations • 6:30pm: Dinner served at Sky Meadow

	<ul style="list-style-type: none"> Headwaters Ecovillage resident, Jana, is making dinner
Lodging	Sky Meadow Retreat 63 Winchester Road Greensboro Bend, Vermont (802) 332-3877

Day 6	Thursday, July 24
Summary:	Home to our tour guide, you'll get an intimate tour of Headwaters , an intentional community of 8 households on 14 acres in Central Vermont. Get to see your guide's naturally built home, as well as many others on the land. Enjoy a garden-to-table lunch with residents. And experience the thriving town of Cabot, known as the birthplace of one of America's oldest cooperatives, Cabot Creamery.
Itinerary	<ul style="list-style-type: none"> 8am: Breakfast at Sky Meadow, self-serve 9am: Tour of Sky Meadow Retreat Center 10am: Depart for Headwaters Ecovillage <ul style="list-style-type: none"> Drive time: 25 minutes 10:30am: Tour of Headwaters <ul style="list-style-type: none"> Work party in the garden, pack your gloves if you have them! 1pm: Garden-to-table lunch with Headwaters 2pm: Free afternoon. Options to go to Lake Caspian, Hill Farmstead Brewery, explore Cabot, and/or pick berries at a nearby farm. 6pm: Dinner served at Headwaters, followed by campfire hang out Return to Sky Meadow after dinner
Lodging	Sky Meadow Retreat 63 Winchester Road Greensboro Bend, Vermont (802) 332-3877

Day 7	Friday, July 25
Summary:	This morning we will visit Heartbeet Lifesharing , an intentional community for those with and without special needs. During the afternoon, you'll rest up at Sky Meadow before heading out for an early dinner at a favorite restaurant followed by an evening puppet show at the legendary Bread and Puppet Theater in Glover, Vermont.
Itinerary	<ul style="list-style-type: none"> • 8am: Breakfast at Sky Meadow, self-serve • 10am: Leave for Heartbeet Lifesharing <ul style="list-style-type: none"> ◦ Drive time: 30 minutes • 10:30am: Tour of Heartbeet • 12pm: Lunch at Heartbeet • 2pm: Return to Sky Meadow to rest and change for the evening • 4:30pm: Early dinner at the Highland Lodge <ul style="list-style-type: none"> ◦ Drive time: 15 minutes • 7pm: Show at Bread & Puppet Theater in Glover, VT <ul style="list-style-type: none"> ◦ Drive time: 30 minutes ◦ Return to Sky Meadow for final night of the trip
Lodging	Sky Meadow Retreat 63 Winchester Road Greensboro Bend, Vermont (802) 332-3877

Day 8	Saturday, July 26
Summary:	Time to pack up and say farewells, before hitting the road to return to Burlington where the tour began. Be sure to stash some maple syrup in your suitcase before you head off!
Itinerary	<ul style="list-style-type: none"> • Pack your bag and take some time to reflect on the week's adventures. Enjoy a final circle sharing before driving back to Burlington.. • 8am: Breakfast at Sky Meadow and pack sandwiches to-go

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| | <ul style="list-style-type: none">● 9am: Group closing activity● 11am: Drive back to Burlington for drop off<ul style="list-style-type: none">○ Drive time: 1.30 hours○ Stop in Stowe for creemeees● 1pm: Farewells by Lake Champlain at Oakledge Park● 2pm: Tour concludes and drop off in Burlington at the airport or other nearby locations |
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