

VOCO

ADVANCED WARM-UPS/EXERCISES

Major Triads - do-mi-so-mi-do

5-note descending scale - *so-fa-mi-re-do*

Longer and Longer Song

1, 1-2-1, 1-2-3-2-1, 1-2-3-4-3-2-1, 1-2-3-4-5-4-3-2-1, 1-2-3-4-5-6-5-4-3-2-1,
1-2-3-4-5-6-7-6-5-4-3-2-1, 1-2-3-4-5-6-7-8-7-6-5-4-3-2-1

Ascending major scale (solfege) Do re mi fa so la ti do

Descending major scale (solfege) - Do ti la so fa mi re do

CANONS

I Love the Mountains

I love the mountains, I love the rolling hills
I love the flowers, I love the daffodils
I love the fireside when all the lights are low
BOOM di-ah-da BOOM di-ah-da BOOM di-ah-da BOOM di-ah-da

White Sands, Grey Sands

White sands and grey sands
Who will buy my white sands? Who will buy my grey sands?

Major scale in a canon

Do re mi fa so la ti do **RE** do ti la so fa mi re do

Revelation 19:1

TENOR

Hallelujah! Salvation and glory...honor and power unto the Lord our God!
For the Lord our God is MIGHTY...yes Lord our God is OMNIPOTENT
The Lord OUR God, He is wonderful!

ALTO

All praises be to the King of Kings and the Lord our God...He is wonderful!

SOPRANO

HA-LE-LU-JAH! Hallelujah, hallelujah, hallelujah, hallelujah
Hale-LU-jah...He is wonderful!

BASS

I will praise the Lord forever and ever and ever.....He is wonderful!

ELITE WARM-UPS/EXERCISES

Intervals

Major SECOND, Major THIRD, Perfect FOURTH, Perfect FIFTH, Major SIXTH,

Major SEVENTH, Perfect OCTAVE!!!

Chromatic Scale (half steps)

Ascending: Do **di** re **ri** mi fa **fi** so **si** la **li** ti do

Descending: Do ti **te** la **le** so **se** fa mi **me** re **ra** do

Thirds (in unison or in a canon)

Ascending: Do MI re FA mi SO fa LA so TI la DO ti RE do

Descending: DO la TI so LA fa SO mi FA re MI do RE ti DO

VOCO

THE SHOW GOES ON by Lupe Fiasco

Alright, already, THE SHOW GOES ON all night
'Til the morning we DREAM SO LONG
Anybody ever wonder...when they would see the sun up...
Remember when you come up the SHOW GOES ON ALRIGHT (repeat all)

Verse 1

Alright, already, THE SHOW GOES ON all night
'Til the morning we DREAM SO LONG
Anybody ever wonder...when they would see the sun up...
Remember when you come up the SHOW GOES ON ALRIGHT (repeat all)

Verse 2

Alright, already, THE SHOW GOES ON all night
'Til the morning we DREAM SO LONG
Anybody ever wonder...when they would see the sun up...
Remember when you come up the SHOW GOES ON ALRIGHT (repeat all)

Verse 3

No matter what you been through, no matter what you into
No matter what you see when you look outside your window
Brown grass or green grass...picket fence or barbed wire
Never ever put them down...you just lift your arms higher

Raise 'em 'til your arms tired...let 'em know you here
That you strugglin', survivin, that YOU GON' PERSEVERE
Yeah, ain't nobody leavin', nobody goin' home
Even if they turn the lights out, the SHOW IS GOIN' ON

Alright, already, THE SHOW GOES ON all night
'Til the morning we DREAM SO LONG
Anybody ever wonder...when they would see the sun up...
Remember when you come up the SHOW GOES ON ALRIGHT (repeat all)

Step Into Your Power by Old Man Saxon

**We stand strong...stay rooted..won't budge, but we keep movin'
We stand strong...stay rooted..won't budge, but we keep movin'**

**Now step...step into your power...roll slow we won't cower
Step into ya...WHOA...oh step into your power!**

**Step into your power...oh no they won't doubt us
Step into ya...WHOA...oh step into your power!**

**Step into your power, tell me what it means
It means making change when you don't like what you see
Step into your power, tell me what it is
It's knowing you can learn even if it's from some kids
It's not always easy, discomfort is a pain
Are you just getting wet or you truly feeling the rain?
Weight got me stressed and I don't want to miss the train
Sometimes I'm feelin' broken but it's really just a sprain now I'm saying:**

**Oh we gone make it..oh we gone make it
I know it's hard but...oh we won't fake it
Need some embracing so just know what's mine is ours, so let's
Step, (what?) step, (what?) step, (what?) STEP INTO YOUR POWER!**

**STEP!(7x) (step into your power!)
STEP!(7x) (step into your power!)**

**We stand strong...stay rooted..won't budge, but we keep movin'
We stand strong...stay rooted..won't budge, but we keep movin'**

**Now step...step into your power...roll slow we won't cower
Step into ya...WHOA...oh step into your power!**

**Step into your power...oh no they won't doubt us
Step into ya...WHOA...oh step into your power!**

Who We Are by Old Man Saxon

This is who we are...bright like a shining star
We're the ones that'll treat yo scars, this is who we are
This is who we be...make moves like the tide and sea
We're the ones that'll raise the bar, this is who we are

When you by my side, I love it every time
If you feeling down, I'll be there to dry ya eye
I'll take you to the moon...yeah way past the sky
You see how they do, no one told us we could fly SO...

I go where you go, You roll when I roll
But not blindly though, will say when you wrong
Well tell me my faults I won't be mad at all
Just LISTEN...and stand tall cuz...

This is who we are...bright like a shining star
We're the ones that'll treat yo scars, this is who we are
This is who we be...make moves like the tide and sea
We're the ones that'll raise the bar, this is who we are

I'll be me and you'll be you...and together we'll make a crew
If you're slow then I'll wait for you...just tell me when is the patience due
Cause we're less different than we are alike
So I know our future's bright, And we got so much time to make it right

Say THIS IS WHO WE ARE....say THIS IS WHO WE ARE
Bright like a shining star...yeah
This is who we are....
Say THIS IS WHO WE ARE....say THIS IS WHO WE ARE
Scream this is who we are yeah
This. is. WHO. WE. ARE!

This is who we are...bright like a shining star
We're the ones that'll treat yo scars, this is who we are
This is who we be...make moves like the tide and sea
We're the ones that'll raise the bar, this is who we are
This is who we are....This is who we are....This is who we are

YOU CAN COUNT ON ME by The Reminders

And you KNOW you can count on me. I'll be there, I'll be there
And you KNO-OH-OH-OH-OW you can count on me. I'll be there, I'll be there

I'm just a true friend, looking out for your best interest
No hidden motives, sincerely care, Allah's my witness
As long as I'm here, you should never feel lonely
Just reach out, you know my love is real and never phony, so whether...
in great spirit or a bad situation
We can share thoughts through any form of communication
Give you words of wisdom from divine inspiration
I'll never pass judgment and always practice patience

And if ever you're in trouble know you got me
Cause we're family in this struggle so you got me
And I'm always down to ride you can call me
When nobody's by your side you know I'll be

And if ever you're in trouble know you got me
Cause we're family in this struggle so you got me
And I'm always down to ride you can call me
When nobody's by your side you know I'll be, I'LL be

And you KNOW you can count on me. I'll be there, I'll be there
And you KNO-OH-OH-OH-OW you can count on me. I'll be there, I'll be there

It never gets old, repeat it any time we come in contact
My word is bond, no need for written contract
Here to uplift, give support when it's needed
Hope you get the message and actually act upon it
I'm your comrade, family, brother, I hope you feelin' me
Shouldn't be ashamed, conversation is therapy
Open up, pour your heart out, free your mind
Then we'll get up celebrate and ride out in the sunshine

And if ever you're in trouble know you got me
Cause we're family in this struggle so you got me
And I'm always down to ride you can call me
When nobody's by your side you know I'll be

And if ever you're in trouble know you got me

Cause we're family in this struggle so you got me
And I'm always down to ride you can call me
When nobody's by your side you know I'll be, I'LL be

And you **KNOW** you can count on me. I'll be there, I'll be there
And you **KNO-OH-OH-OH-OW** you can count on me. I'll be there, I'll be there

And if you afraid I will hold you tight then whisper in your ear **it'll be alright** (4x)

We're gonna make it through, always remember I'm there for you (2x)
We're gonna make it through, always remember I'm there for you (2x)

And you **KNOW** you can count on me. I'll be there, I'll be there
And you **KNO-OH-OH-OH-OW** you can count on me. I'll be there, I'll be there

I'll be there, **I'll be there**, I'll be there, **I'll be there** (repeat several times)

THE REVIVAL by Emma Bechler

Our minds are our weapons
Our souls our protection
Our feet will never uproot
One body, one mind
We will all stand in line
Proclaim the once-unspeakable truth
Seamless repairs to the damage we share
Underneath we are all flesh and blood
Slowly we rise with our voices entwined...the revival has only just begun

NO MATTER by The Reminders

I can feel it...I, I, I can feel it...I can feel it...

Some people cry out of anger, some because of pain
I cry out in my songs for both and pray to gain
Power and strength, keep it simple and plain
Where I'm from you gotta be strong to not go insane
Purify your heart then cleanse your soul,
Earth, Wind, and Fire said love is pure gold
So I use it in my music for the young and the old

Bundle up, little homie this world is so cold

Stay covered like modest believers or sleeves on suicide girls

Beautiful artwork receivers

Yea we all the same, share emotions walkin this earth

And one day we go back to that dirt.

So what ever hurt you feel,

It's only temporary, 'member we legendary

From the bottom deeply rooted with so much glory

Thankful to the one and those who paved the way

Their spirit and sacrifices guide me everyday

CHORUS

Yes, in the middle of the dark I am shinin like a star

I can feel it in my heart no matter what people say (repeat)

Even when my patience bein tested **I'll never give up**

Spirit too strong everyday **I gotta build up**

The energy level and discipline to stay on schedule

Nobody around to help when there's jobs to juggle

But quick to want to celebrate when things get better

Learn the hard way that most friends are only fair weather

Talk more than they walk slowin down the process

Keep it moving non-stop maximizin progress

Every second is a blessing every blessing is a gift

Count and appreciate before moving to next shift. If...

You have lost your purpose, you are feeling worthless

You doin everything you can but there ain't nothin working

You feeling less than perfect, success seems the furthest

Thing from you people try to tell you it ain't worth it

Don't let em take it from you. Stay close to those who love you

No one can do it but YOU but YOU but YOU!

Yes, in the middle of the dark I am shinin like a star

I can feel it in my heart no matter what people say (repeat)

If...AH-I, AH-I ih-ih-if AH-I, AH-I ih-ih-if AH-I, AH-I...

If I can't do it then it can't be done! (repeat)

Yes, in the middle of the dark I am shinin like a star

I can feel it in my heart no matter what people say (repeat twice)

VOCO ELITE ONLY: FOUNDATION by The Reminders
(MEMORIZE BY SEPTEMBER 22)

Blessed be the feet walking on sacred ground
Blessed be the sunshine, blessed be the cloud
Foundation. Foundation.

Welcome to the valley of kings where we willing and able
To rise like burning fire active volcano
Salute to Rebels, poets and people working for something greater
Self determined and focused Empowered when all together
Take our time with every step to remember the way
Never distracted, stay collected
WITH EACH BREATH WE SPEAK LIFE INTO EXISTENCE
You know where to find us, majestic promise land
No it's not a dream we manifest visions in ceremony

Last of a dying breed, lead and inspire
By any means we champions upsetter, healthy survivor
Destined to grow...with an exceptional plan of being timeless
Strong and everlasting only reason with the virtuous

Brick by brick...and stone by stone
Brick by brick...I and I build the throne

Blessed be the feet walking on sacred ground
Blessed be the sunshine blessed be the cloud. Foundation. Foundation.
We nourish the spirit to strengthen the root
Stronger the soil, sweeter the fruit. Foundation. Foundation.

Verse 2: Aja Black

We are firm in our purpose, we never doubt if its worth it
We put wings on our words, we turn our prayers into birds
We got no reasons to worry, divine time never hurries
We have futures to build for many generations to flourish
Our enemies they s-s-s with whispers and curses
They intentions is dirty cause their vision is blurry
They can't see we raising Nations with patience and perseverance
The presence of holy spirits no wonder the evil fear us

We shout it from the Mountain top so everybody hear
Loud and clear, listen here, message made for every ear
We don't have to settle for these castles made of sand
We can build a Kingdom for our people with a purpose and a plan

Brick by brick, and stone by stone
brick by brick, I and I build the throne.

Blessed be the feet walking on sacred ground
Blessed be the sunshine blessed be the cloud: foundation. Foundation.
We nourish the spirit to strengthen the root
Stronger the soil, sweeter the fruit: foundation.
Foundatio...oh-oh-oh-oh-oh-oh-ohn.

Sopranos and Altos	Tenors and Basses
Foundation...Foundation... Foundation. Foundation, oh-oh-oh-oh-oh-oh-oh.	Yo yo yo yo yo...(words to be added) Foundation...for ALL THE NATION Yeah yeah yeah yeah yeah... Woh-oh-oh-oh-oh

VOCO ELITE ONLY: MOTION by Old Man Saxon (**MEMORIZE BY SEPTEMBER 22**)

I wanna thank my spirit for always *waiting* for me
And all that came *before* that was so *patient* with me
It's been *enough time* I think it's *safe to believe*
I wasn't *raising the stakes* cuz I would *stay with the beef, know what I mean?*
It's weird..but there's *call* coming something I'm *needing to hear*
Said I'm destined for greatness, but I ain't *leaving in there*
Where I gotta go next? I been hollering out my neck for a lot respect

Oh THAT'S how you move?

Ohhh...yea, what?

Said listen, I'm not here to tell you what it is you should do...

Psst...aight...but...what?

Well when you're good you tell everyone when you great *they tell YOU*

So don't assume you did *all you could*

Criticize all my choices I promise I'm done with shoulds

For good...and sitting, gliding and coasting

I think it's time to *put* this plan in *motion*

When I wake up everyday, gotta put this plan in *motion*...

Oh I know there's not much to say...rather get up and then go

If I wanna see a change, gotta put this plan in *motion*...

Yea I know I might need a break, but I know I can't...I can't run away

No, I can't run away (I can't run away)

No, I can't run away from it (I can't run away)

No, I can't run away (I can't run away)

Run away...run away from it

Nose to the grindstone, hand on the wheel

Got no vision left, just goin off feel

Follow my instincts, I just think that's real

So what if I did sink: would YOU think that's chill?

Well guess who's writing my book? Me!

Let me follow the path to greatness

Let me write about all of my happiness and its stages

But why is there struggle here and it seems that I can't erase it

I know that I'm advantageous so why did I add these pages?

I guess that it's just a part of it...I need a starter kit and some direction

To help spread this positive message...And get on with all this stressing ya feel...

See I can fall off that path, but the lesson is still...GET BACK UP

I know you need some *blessings* to *deal*...**GET BACK UP**
I know you was *expecting* the *real*...**YEA THAT'S US**
You really gotta *want* it that's *it* it's the magic *potion*
See I'm done with this talking, need to *put* this...*plan* in...**MOTION**

When I wake up everyday, gotta put this plan in motion...
Oh I know there's not much to say...rather get up and then go
If I wanna see a change, gotta put this plan in motion
Yea I know I might need a break, but I know I can't...I can't run away

No, I can't run away (I can't run away)
No, I can't run away from it (I can't run away)
No, I can't run away (I can't run away)
Run away, run away from it

No, I can't run away (I can't run away)
No, I can't run away from it

VOCO ELITE (MAYBE): DUST AND BONES by The Reminders

Dust and bones, **dust and bones**
I've been holding onto you for **way too long**
I'm giving up the ghost and **movin' on**
Dust and bones, **dust and bones**
(repeat hook)

Dearly beloved, we gathered here today
To lay to rest all the mess standing in our way
To bury all the ghosts, all the skeletons and demons
All that weaknesses that keep us from receivin' better things

Let's **set an intention to give more, need less**
Make way for the blessings: **more freedom, less stress**
Stop biggin' up everyone else...**and underestimating yourself**
Take all of your doubt, all your guilt and depression
All your looking for validation in people and possessions
Take **all of your hurt**, take **all of your fear**
Cuz we gon **bury all of that right here**

Dust and bones, **dust and bones**
I've been holding onto you for **way too long**
I'm giving up the ghost and **movin' on**
Dust and bones **dust and bones**
(repeat hook)

Quit stressin, overthinkin, overworkin
Clear your mind from anything that's toxic
Time to face your fears, never revisit
The bitterness, the anger, the grudges you held on to
You gotta gotta leave it all behind
Lock 'em in a pine box, bury the hatchet
Get planted **solid as a rock**
You will grow like a tree when you let it all go and feel free

Get excited about your future, keep on diggin' deeper
Reach your highest potential, **become monumental**
It was I against I now I'm truly satisfied, **I against I now I'm truly satisfied!**

Dust and bones, **dust and bones**
I've been holding onto you for **way too long**
I'm giving up the ghost and **movin' on**
Dust and bones **dust and bones**

Oh what a feeling now that I can see
That I've got love for something, yeah, that ain't got love for me NAH NAH NAH!

Oh what a feeling now that I can see
That I've got love for something yeah, that ain't got love for me NAH NAH NAH!

(Bridge is in French)

Il est tempts de tout changer, enterrais le passé
Ou les phantom vont nous tire dans le tomb

**Il est temps de tout changer, enterrais le passé
Ou les phantom vont nous TIRE DANS LE TOMB**

(Translation: It's time to change everything. Bury the past, or the phantoms will pull you in the grave)

**Imma dig down down down 10 feet deep
20 feet deep, 30 feet deep
Bury all those things grabbin' hold of me
Imma dig down down down 10 feet deep
20 feet deep, 30 feet deep**

**Oh what a feeling now that I can see
That I've got love for something yeah, that ain't got love for me NAH NAH NAH!
(repeat)**

Dust and bones (a bunch of times)

THIS WORLD WON'T FORGET ABOUT US by 2MX2 **152 bpm (D Major/B minor)**

We rockin, we rollin, we knockin' on your doors in
Inviting you join us with a heart that's overflowin
With love for everyone, unity, let's get it done
You're now rockin with the best, there is no comparison
We movin', we sway it matters what you do and say
So be mindful when you speak, seek to be a shooting ray
Of light to guide through darkness, we fight and strive for progress
And through community, best believe we'll be the strongest

**We are community, make way for trust and unity
We are like jewelry, shine bright like gems move truthfully
Growin like flowers, step into your power
Stay sweet not sour, now join us say it louder**

**We won't believe if they say that we can't
Keepin' it movin' keep our head up and stand**

**Accept who you are I accept who I am
At times when it's hard, we will get up again**

**This world won't forget about us
Sharing love and kindness put the hate behind us now
This world won't forget about us
We will stand united so don't try fight it now**

Let's stay connected, rise to the occasion
See the good in situations make our way towards liberation WE...
Are stronger in unison, close to kin...embrace our differences
No space for bitterness...life is sweet like licorice

I value us, and all we can become
Let's honor our voices and raise em like the sun
I celebrate you, elevate you, make space for and appreciate you
Visualize a world where we can live our truth forever grateful

**We are community, make way for trust and unity
We are like jewelry, shine bright like gems move truthfully
Growin like flowers, step into your power
Stay sweet not sour, now join us say it louder**

**We won't believe if they say that we can't
Keepin' it movin' keep our head up and stand
Accept who your are I accept who I am
At times when it's hard, we will get up again**

**This world won't forget about us
Sharing love and kindness put the hate behind us now
This world won't forget about us
We will stand united so don't try fight it now**

We can build a better world by singing to a melody
We can be remembered by just showing that we have a dream
Authentically, poetically by being who we're meant to be
Relentlessly, showing love because it is like therapy
Because we matter see, writing our reality

Writers of our history surrounded by our family
No I won't reciprocate the hatred life's have handed me
Plan to be humanity to hold it down like gravity

We won't believe if they say that we can't
Keepin' it movin' keep our head up and stand
Accept who your are I accept who I am
At times when it's hard, we will get up again

This world won't forget about us
Sharing love and kindness put the hate behind us now
This world won't forget about us
We will stand united so don't try fight it now

I'VE GOT TRIBE by 2MX2 93 bpm (F Minor)

Por aqui por alla, over here, over there
Throw your hands in the sky...*ma-manos* in the air
Como si te vale like you just don't care
Let's change, cambiaremos, ven atreve COME DARE

It's unfair, *no es justo* feeling like we run scared
From each other *divididos* we should love and ALL share
Unity and community, we are all human
Unidad y comunidad, so **COME ON LET'S DO THIS!**
Solo...queremos paz, yea **we only want peace**
Que se escuche en la calle let it ring through these streets
Ponle un alto a las guerras **put a stop to these wars**
We can make a better future full of dreams y amor

I'VE GOT TRIBE...all around the world
When they need me...saben donde estoy
Stick together, como dulce de Chamoy

Makin' breakthroughs...yeah we're reaching all our goals

Por aqui por alla, over here, over there

Throw your hands in the sky...ma-manos in the air

Como si te vale like you just don't care

Let's change, cambiaremos, ven atreve COME DARE

When its time, Imma shine like it's already mine

Manifestin' with the people **let's just live a good life**, yea

And may we always be kind

I remind every time with my vibe that I care **AW YEAH! VAMOS GO GET IT**

Ya no nos vamos been here and I'm winning

Ya no esperamos cantamos no endin

Respetamos humanos y amamos a ustedes

I'VE GOT TRIBE...all around the world

When they need me...saben donde estoy

Stick together, como dulce de Chamoy

Makin' break throughs...yeah we're reaching all our goals

Por aqui por alla, over here, over there

Throw your hands in the sky...ma-manos in the air

Como si te vale like you just don't care

Let's change, cambiaremos, ven atreve COME DARE

I've got friends...all around the globe

If they need a hand...they know where to go

At home, down the road, even on the phone

I'm here for you...so you're not alone

Tienes hambre? **huevos con jamon**

Tienes frio? **I've got a sweater for the cold**

Let's build a tribe worldwide...so that all of us can shine

Mi casa tu casa, make space for great growth

Take care of the land, give back let's be bold

Face challenges together whatever the weather

Never back down...cause we are stellar

I'VE GOT TRIBE...all around the world

When they need me...saben donde estoy

Stick together, como dulce de Chamoy

Makin' break throughs...yeah we're reaching all our goals

Por aqui por alla, over here, over there

Throw your hands in the sky...ma-manos in the air
Como si te vale like you just don't care
Let's change, cambiaremos, ven atreve COME DARE

ELEVATOR by 2MX2

VERSE 1

Love...it's what drives and motivates me
(It's what drives and motivates me)
I dive into the days deep
(I dive into the days deep)
My mind is wide awake, we risin' high to say
Please find your light and chase dreams
We're gonna **do this together**
Lead through adventures and seek new agendas
Let's campaign for peace in humanity
Peace in the streets, let us seed new realities

We gon get it poppin', we gon get it poppin'
Imma get down on the floor and make sure everybody watchin'
Cuz I choose to live, and part of my life is winnin'
Sharing love and light the way that it was intended

We got no strings to tie our wings
Nothing can hold us down...elevator
I wanna ride in a helium balloon to Neptune. Don't you?
Wanna take a ride to the sky in an elevator, elevator!

VERSE 2 (eventually the first four line and last line will become an original VOCO verse written by VOCO Elite youth)

They always ask and wanna know how we do music and live
Since our last 9 to 5 was back in 2010
The day we found out...my brother Juicey was sick
We had to do what we love because one day it could end
But then we changed our story, it made us stronger
Through tragedy we learned, yea we made it, glory
Threw away our problems and the stress they were causing
Found a cure for cancer and yes we ate good for it, sayin'...

We gon get it poppin', we gon get it poppin'
Imma get down on the floor and make sure everybody watchin'
Cuz I choose to live, and part of my life is winnin'
Sharing love and light the way that it was intended

We got no strings to tie our wings
Nothing can hold us down...elevator
I wanna ride in a helium balloon to Neptune. Don't you?
Wanna take a ride to the sky in an elevator, elevator!

We got no strings to tie our wings
Nothing can hold us down...get our feet off the ground
Don't you wanna fly? Don't you wanna fly?
Don't you wanna fly? Fly...HEY!!!
EL-E-VA-TOR! EL-E-VA-TOR! (repeat)

GO UP by Old Man Saxon (Cmaj)

Love when dreams feel realistic...I don't need to close my eyes
Know your wings always existed...So don't be afraid to fly
I'm the one that holds you down, even if we're in the clouds
Imma keep you safe and sound (keep you safe and sound)
They say what's that in the sky, but it's just you and I, we were destined to fly together

We 'bout to go up, yeah, so hold on to me...say hold on to me...so hold on
Cuz we bout to go up...yeah, so hold ON to me...say hold ON to me...so hold on
Cuz we bout to go...

Side 1: Please keep hangin' on...Solo: Please keep hangin' on)
Side 1: Cuz' I'm needing you today (Solo: 'Cuz I'm needin' you today)
Side 1: Please keep hangin' on (Solo: Please keep hangin' on)
Cuz' I'm needing you today (Solo: 'Cuz I'm needin' you today)

Hold on...can we get close today?
You won't see all the haters when we float away, yeah

Tell me what you really need from me
We could go about our lives so peacefully
Up here, you ain't gotta worry bout that
Up here, ain't nobody all on our back
So high won't nobody notice us
What we do when the floor gets cold and rough?

We 'bout to go up, yeah, so hold on to me...so hold on to me...so hold on
Cuz we bout to go up...yeah, so hold ON to me...so hold ON to me...so hold on
Cuz we bout to go...

Please keep hangin' on (Solo: please keep hangin' on)
Cuz' I'm needing you today (Solo: 'cuz I'm needin' you today)
Please keep hangin' on (Solo: please keep hangin' on)
Cuz' I'm needing you today (Solo: 'cuz I'm needin' you today)

CHASING DREAMS by Old Man Saxon (Cmaj)

I ain't playin' no more...I can't see you from where I'm at
Head ain't hanging no more...I might drop (yea...)...but IMMA COME OUT ON TOP

Find a place, pick a seat, tilt your head up to the sky
Go 'head and tell me what you see
IMMA COME OUT ON TOP

Feel the weight of the blessings that I need...
Gettin' oh so close they can't be far away...
IMMA COME OUT ON TOP

Don't care bout they 'tude...or what they do
Stuck in my *skin*, feel like I *can't move*
Dukes stay to my chin to protect...**all I know is fightin'**
For just for a bit of respect...and to *feel invited*
What did I do to be despised? These challenges are just an opportunity to rise
I ***been down in dumps, I been found the crumbs***
Every little bit of it I ***been scrounging up***
I know it stacks soon...bye bye, be back soon
Care 'bout my mood like once in a *black moon*
Work hard yea...but please, be more specific
Yea I saw your chain but what did you do to get it?
Interesting thing is my mission is head straight no trippin' no slippin'...**get it...DONE**
Better listen cause I'm comin' for your spot
Cause whether you know it or not...**(whether you know it or NOT)**

IMMA COME OUT ON TOP
Find a place, pick a seat, tilt your head up to the sky
Go 'head tell me what you see...**IMMA COME OUT ON TOP**
Feel the weight of the blessings that I need
Getting oh so close they can't be far away
IMMA COME OUT ON TOP

All I can do is show strength and grow
Even with no bank, I listen to no hate
Don't feel insane **NO**, nothing's in vain **NO**
All that hurtin' and pain, you gon' use it again
You gon' use it to GAIN

Sometimes struggle is just life
Call it what you want but everything gon' be alright
They talking 'round the corner you can't always be surprised
Mama told me pretty early it ain't always sweet and nice

So I've learned that I grow when the walls press
I **grow in the tall stress, I grow in the darkness, YES**
Know I get stronger with all these bumps and dings

Gotta see it as growth rather than stumbling
Taught me what I can't be around
Taught me to be so fly that I can't see the ground
Taught me to **stand tall**
Taught me to **take a loss**
But when I'm finished **I'm coming for your spot**
Whether you know it or not...

IMMA COME OUT ON TOP

Find a place, pick a seat, tilt your head up to the sky
Go 'head tell me what you see
IMMA COME OUT ON TOP
Feel the weight of the blessings that I need...
Getting oh so close they can't be far away...
IMMA COME OUT ON TOP

If I keep on chasing dreams, they can't be far away, can't be far away
If I keep on chasing dreams, they can't be far away, can't be far away

WE CAN MAKE AN IMPACT by 2MX2 (E-flat Major)

Hands up if you're with me...let's change course
The future is ours now...let's brainstorm

Change the planet...starts with us, and changin' habits...peace and love
We all must have it...so we give hugs and share the magic...share the magic

Let's change the world...we can make an impact

**Give it all we got...dream big we can do that
We can, we can, we can...dream big we can do that
We can, we can, we can...we can make an impact
(REPEAT with ENERGY!)**

If we want to change the world we gotta change ourselves
We made a change, we had to save ourselves

We're a gift from God we didn't make ourselves

Don't hate yourself...embrace yourself

We gotta **wake the system, wake up, take a listen**

We can't relate if we delay the mission

We play with words when we create the vision

No time to hate we gotta make a difference

Let's change the world...we can make an impact

Give it all we got...dream big we can do that

We can, we can, we can...dream big we can that

We can, we can, we can...we can make an impact

(REPEAT with ENERGY!)

'Cuz I believe in you...Do you believe in me?

Yeah, I believe in us...do you believe that we...

We can change the world...we can make an impact

Give it all we got...dream big we can do that

We can, we can, we can...dream big we can that

We can, we can, we can...we can make an impact

Let's go VOCO! Let's go VOCO! VOCO YOU knooooooooooooooooow!

LOOK TO THE FUTURE by 2MX2 (C minor)

The future's in our hands...and you bet we got a plan

Together we're remarkable...impossible's a scam

Yeah, we're super like marvel...not super like -ficial

Get working on solutions...cuz our moves are makin' ripples

Got friends in different places...all cultures and all ages

We're excited for the future...it's no time to be complacent

**So join us in our mission...if you love the world you live in
Let's manifest together...bring this vision to fruition**

**If you listen/escucha, study/estudia...do what you do *que todos contribuyan*
Find new evolution...through revolution...set forth solutions let's move toward the
future**

If Earth's the question, we are the answer for seeds of wisdom we are the planters
Achieve our mission defeat the cancers that keep us from...greener pastures
Skills we practice and proceed with laughter to cease disease or repeat disasters
We succeed, see the key's to master
Your gifts and talents so your dreams you'll capture

**If you listen/escucha, study/estudia...do what you do *que todos contribuyan*
Find new evolution...through revolution
Set forth solutions let's move toward the future**

They think I ain't posing proud with a golden smile
Yea you know our style...how we hold it down
I'm focused on all my goals and vow to oppose the doubt with the dough I pile
Huh..destined for greatness...we all are, some invest in the matrix
And fall far from where the rest tend to make it
Is in it our DNA or can we change it?

PUT A MIRROR TO YOUR FACE AND RAISE YOUR VIBRATION!

**If you listen/escucha, study/estudia...do what you do *que todos contribuyan*
Find new evolution...through revolution
Set forth solutions let's move toward the future
(REPEAT with ENERGY!)**

**FROM THE SOUL, LET IT SHOW, EVERYBODY FEEL THE GLOW
RAISE YOUR VOICE, MAKE IT LOUD, LET'S GO VOCO! (REPEAT with ENERGY!)**

REVOLUTION by Old Man Saxon (E Major)

**The revolution...is evolution...and it's underway
The revolution...is evolution...it's the only way**

**Get down with the hit sound, yeah... one time for the OG's, yeah
Get loud so there's no doubt, yeah...gon' shake up the whole thing, yeah
Look for the rain...if you won't change, it's on the way, yeah**

Hop on a plane...it's a good day to float away, yeah

But I gotta put the work in you know this...
Yeah...still starving for closeness and unity
Look out, tell me what you notice
See you fit in this world quite beautifully

Ignore the same...when it gets hot move toward the shade, yeah
Explore the pain...knowing I've got so much to gain

The revolution...is evolution...and it's underway
The revolution...is evolution...it's the only way

Get down with the hit sound, yeah... one time for the OG's, yeah
Get loud so there's no doubt, yeah...gon' shake up the whole thing, yeah
(REPEAT)

Lift up ya chin...get you a grin...no it ain't all drop-tops in the wind!
No it ain't all knock-knocks with ya friends
Sometimes you gotta be real, tell em how it is
Ain't much left when ya rightin' ya wrongs
Done with losin' see this fight's getting long
Revolution can ignite with a song
Say **REVOLUTION CAN IGNITE WITH A SONG...so HERE WE GO!**

Yeah this Captain Kix it I'm cereal, hate goin' round and round, it's now Cheerio...
What? The revolution can be fun, yeah...still solutions need to come
So we run and run but take breaks... 'cuz I need some peace of mind for my sake
And I need each one of y'all Can y'all sing it? Now Y'ALL sing it

The revolution...

DREAMS ALL NIGHT by Old Man Saxon (D min)

I've had DREAMS all night, yeah...and I feel *right*, yeah
'Cuz I see how its supposed to be
If you FIX yo sight, yeah...finally realize...That the future isn't close, it's *here*

What would ya say if *today* was the *future*?

Would ya *go back* then and *do it* like you *used to*?

Sit and imagine, get like me

Quit with all the *battlin'*, it's *just my dream*

You *know* **if you pass the baton, I'll grab it and run**

Less than a *fresh breath back* in my lungs

We can *fix* that *yeah...charge it whip that*

And *give praise* to the day til it's *pitch black*

This, that, unlearn some stuff

Now *listen* but *don't touch*, see I'm *burning up...I'm getting heated*

If there's *wounds*, you gotta *treat it*

Peace just don't grow on trees...you gotta feed it!

Lead it to water...sorry I'm getting *hoarse*

If someone is *feelin' wronged*, it's *proper* show *remorse*

Not enough to just open it gotta walk through the door

I'm *havin' visions of calm...I thought I told you before*

I've had DREAMS all night, *yeah...and I feel right, yeah*

'Cuz I see how it's supposed to be

If you **FIX** yo sight, *yeah...finally realize...That the future isn't close, it's here*

Bring light to every moment...bring light to push away the fear

Bring light and love until it's gone...cause the future isn't close...it's here

No politicking, just need some assistance

Maybe we should do it on our own and you can *witness*

Need you to listen, need you to hear

When you see me grow I shed more than a *tear*

Bringing up the *rear* but there's *still* many *first* with me

And I took it on the chin, brought a smirk with me

But you *really* showed out in your *first 50*

Next 50 *get it in...will you work with me?* **Awwwww yea!**

Awww yea, that's how we do...tryna go big, live life just how we choose

Too many rules and I'm *doomed* to have a *'tude*

But watch how I *resume* when I *move up* out this *gloom*

Oh...that's how you do it? Oh *yea that's how it is!*

Got some words for the kids? Oh *yea, handle ya biz!*

Everything gon' be *alright...so don't trip*

Got some words for the elders? *Aww yea we got it from here!*

I've had DREAMS all night, *yeah...and I feel right, yeah*

'Cuz I see how its supposed to be

If you FIX yo sight, yeah...finally realize...That the future isn't close, it's *here*

Bring light to every moment...bring light to push away the fear

Bring light and love until it's gone...'cause the future isn't close...it's *here*