



Shorecrest **SPRING 2025** Sports Information

Last update 1/10/2025

The following information is for any student interested in participating in Shorecrest Athletics in the spring. Listed alphabetically, sports team information can be found following the athletic eligibility portion of this document. Students in grades 6-12 (unless otherwise indicated) may select from the list of sports.

Athletic Eligibility

As mandated by the Florida High School Athletic Association (FHSAA), every Shorecrest athlete must be cleared to participate in practices and all team competitions. The clearance process requires the following:

- A completed and signed [FHSAA physical \(EL2\) form](#) by the parent/guardian, student and doctor
- Signed Insurance/Liability/Heat/Concussion/Cardiac Arrest (EL3) forms

In addition, Shorecrest requires the following forms to be completed by a parent/guardian and a student:

- Signed Athletics Handbook Acknowledgment form
- Completed and signed Shorecrest Athletics Waiver, Release and Indemnification Agreements for EACH SPORT

The required athletic forms mentioned above are collected via the FHSAA Athletic Clearance Website - <https://athleticclearance.fhsaahome.org/>. We do not accept paper athletic forms to expedite and streamline the process. Here is a [step-by-step guide](#) to help with the process.

An athlete's clearance must be completed 72 hours before the first practice/tryout. This allows our athletic office time to review the documents and to let parents know if any information is missing. If the student is not cleared before the first practice/tryout, the athlete may still attend practice but cannot participate until the next practice day – if the clearance has been completed by then.

Each family will create one account on the Athletic Clearance website and perform the following actions for each student-athlete in the family:

- Read & electronically sign required Insurance/Liability/Heat/Concussion/Cardiac Arrest (EL3) forms
- Download the [Athletics Handbook](#) from the Athletic Clearance website, read and then electronically sign the Athletic Handbook Acknowledgment Form
- Upload a completed & signed [FHSAA physical \(EL2\) form](#) (PDF format only)
- Download, complete and then upload the **Shorecrest Athletics Waiver Forms for every sport in which the athlete participates.**

After completion, a confirmation email is sent to the email address listed in the student's account. The email will state that the student's eligibility is pending approval by the school. The athletics office will approve the clearances as they are submitted. Once a student has been cleared, the system will send another email notifying families that the student is eligible to participate in Shorecrest athletics.

Please contact Melinda Holmes at meholmes@shorecrest.org with any questions or concerns.

BASEBALL

Varsity and MS Boys Baseball: (Open to boys in grades 6–12)

[Varsity Baseball 2025 Schedule](#)

[MS Baseball 2025 Schedule](#)

Tentative Schedule:

January 6-10 - 3:30-5:30 pm

Varsity: Monday, Wednesday, Friday - Arm Care Conditioning/Throwing
MS: Tuesday & Thursday - Arm Care Conditioning/Throwing

January 13-17 - 3:30-5:30 pm

Monday: Varsity Assessment
Tuesday: MS assessment but Varsity hits in the cages.
Wednesday: Varsity practice
Thursday: Both- MS starts on the field, Varsity in cages then swap
Fri-Both Varsity practice (MS cages)

Practices after the week of January 13 and through the season

Varsity: 3:30-5:30 pm - Monday through Friday
MS: 3:30-5:30 pm - Tuesday, Thursday, Friday

Practice Attire

Week of Jan 6: hat, practice shirt, shorts/sweats and cleats
Field practice days: athletes need hat, practice shirt, pants, cleats
Cage Days: athletes need hat, practice shirt, shorts
Always bring turfs/tennis shoes

Head Coach: **Ian Church**, ichurch31@gmail.com

Assistant Coach: **Nāshée Diggs**, NasheaDiggs@gmail.com

Assistant Coach: **Todd McWilliams**, todd@spousesellingtampabay.com

LACROSSE

JV Boys & JV Girls Lacrosse: (Open to boys grades 8-11 and girls in grades 7–12)

[JV Boys Lacrosse 2025 Schedule](#)

1st Practice - January 20 at 6:30 pm

Daily practice schedule: Monday through Friday 5:30-7:00 PM

Practice attire requirements: Athletes should arrive in athletic clothes, cleats (non-metal), sneakers, and bring a lacrosse stick, gloves, cup and a mouthguard. Helmets, shoulder pads, and elbow pads will be provided for each

player.

Please bring sufficient water for practice. Any non-water beverages (Gatorade) should be consumed away from the turf field to maintain field cleanliness.

JV Boys Head Coach: **Jon Laneau**, jonlaneau@gmail.com

JV Boys Assistant Coach: **Steven McKnight**, teachersoldier813@gmail.com

[JV Girls Lacrosse 2025 Schedule](#)

Daily practice schedule: Monday through Friday 5:30-7:00 PM

Practice attire requirements: Athletes should arrive in athletic clothes, cleats (non-metal) or sneakers and bring a lacrosse stick, a pair of goggles, and a mouthguard. Gloves and headgear are optional.

- For more information on equipment: [USA Lacrosse Equipment - Girls](#)

Please contact Coach Ackerman with any questions about the program, equipment, the sport, etc.

JV Girls Head Coach: **Chris Ackerman**, ackerman.chris17@outlook.com

SOFTBALL

Varsity and MS Girls Softball: (Open to girls in grades 6–12)

[Varsity Softball 2025 Schedule](#)

Please check back for tryout/practice information coming in December 2024.

January 6-10 - 4:00-5:30 pm

MS & Varsity: Monday, Wednesday, Friday - Arm Care Conditioning/Throwing

January 8th – 5:30-6:00 pm

MS & Varsity; Parent Meeting @ Softball Field – Following Softball Practice

January 13-17 - 4:00-5:30 pm

Monday: All Softball Player Assessment

Tuesday: All Softball Player Assessment

Wednesday: All Softball Player Assessment

Thursday: Varsity Practice

Friday: Varsity Practice

Practices after the week of January 13 and through the season

Varsity: 4:00- 6:00 pm - Monday through Friday

MS Softball practices begin on Monday, February 3rd.

Practices will occur Monday through Thursday from 3:30-5:00 pm on the softball field.

Practice Attire

Practice shirt, shorts/sweats and cleats

**Always bring turfs/tennis shoes

Varsity Head Coach: **Bernadette Kozlowski**, bkozlowski@shorecrest.org

Varsity Assistant Coach: **Jonathan Tallon**, jonathan.tallon@icloud.com

[MS Softball 2025 Schedule](#)

MS Softball practices begin on Monday, February 3rd.

Practices will occur Monday through Thursday from 3:30-5:00 pm on the softball field.

MS Head Coach: **Bob Folwell**, rfolwell@shorecrest.org

MS Assistant Coach: **Amy Raab**, araab@shorecrest.org

MS Assistant Coach: **Becky Williams**, rebecca_williams2115@yahoo.com

TENNIS

Varsity and JV Boys Tennis: (Open to boys in grades 6-12)

[JV & Varsity Tennis 2025 Schedule](#)

JV tryouts - Monday, January 13 and Tuesday, January 14 from 3:30-5:30pm.

Varsity tryouts -Wednesday, January 15 and Thursday, January 16 from 3:30-5:30pm.

Rain date for tryouts - Friday, January 17 from 3:30-5:30pm

Tryouts take place at Shorecrest home courts - Racquet Club of Saint Petersburg, 170 47th Ave N, Saint Petersburg, 33703

Standard tennis attire and equipment are needed including warmups, sweatpants & sweatshirts to accommodate different types of weather.

Each head coach will determine daily practice schedules after tryouts and all students and parents will be notified through Teamsnap.

Practice times - 3:30pm to 5:30pm on the announced practice days.

Parents should reach out to each head coach by email with any questions.

Varsity Boys Coach: **Bob Davis**, bdavis@shorecrest.org.

JV Boys Coach: **David Hodgson**, dhodgson@shorecrest.org.

Varsity Girls Coach: **Kirsten Fisher**, kirstenfisher73@gmail.com.

JV Girls Coach: **Erica Hjari**, ericahjari@gmail.com

TRACK & FIELD

Varsity and MS Track & Field: (Open to boys and girls in grades 6-12)

[Varsity Track & Field 2025 Schedule](#)

Varsity Practice Times - Monday through Friday 3:45-5:30 pm

Practices begin on 1/21/2025

[MS Track & Field 2025 Schedule](#)

MS Practice Times - Monday through Friday 3:30-4:30 pm

Practices begin on 1/21/2025

Participants should bring a water bottle and a towel to practices and meets.

MS students must purchase a team \$15 shirt to wear at meets. [Please use this payment link for the MS team shirt.](#)

Head Coach: **Richie Cameron**, rcameron@shorecrest.org.

Assistant Coach: **Tyler Anthony**, stpetepolevault@gmail.com

Assistant Coach: **Ryan Billian**, CoachBillian@gmail.com

Assistant Coach: **Chaise Campbell**, chaisecampbell02@gmail.com

Assistant Coach: **Brice Peoples**, CoachBillian@gmail.com

Assistant Coach: **Kevin Perez**, kperez@shorecrest.org

Assistant Coach: **Karen Quilty**, karenquilty@tampabay.rr.com

Assistant Coach: **Jeff Raab**, jraab@shorecrest.org

Assistant Coach: **Summer Slater**, sslater@shorecrest.org