



International High School at Langley Park

EC² = Empowering Collaborative Critical Thinkers for Success

IHSLP 22-23 SCHOOL BELL SCHEDULE

TWO LUNCH REGULAR A/B SCHEDULE								
LH PERIOD		LH TIME			UH PERIOD		UH TIME	
BREAKFAST		7:10 - 7:50			BREAKFAST		7:10 - 7:50	
1AB		7:55 - 9:25			1AB		7:55 - 9:25	
2AB		9:30 - 11:00			2AB		9:30 - 11:00	
3AB		11:05 - 12:35			3AB LUNCH #1		11:05 - 11:45	
4AB LUNCH #2		12:40 - 1:20			4AB		11:50 - 1:20	
5AB ADVISORY		1:25 - 2:25			5AB ADVISORY		1:25 - 2:25	

2-HOUR EARLY DISMISSAL								
LH PERIOD		LH TIME			UH PERIOD		UH TIME	
BREAKFAST		7:10 - 7:50			BREAKFAST		7:10 - 7:50	
1AB		7:55 - 8:55			1AB		7:55 - 8:55	
2AB		9:00 - 10:00			2AB		9:00 - 10:00	
3AB		10:05 - 11:05			3AB LUNCH #1		10:05 - 10:45	
4AB LUNCH #2		11:10 - 11:50			4AB		10:50 - 11:50	
5AB ADVISORY		11:55 - 12:25			5AB ADVISORY		11:55 - 12:25	

2-HOUR DELAYED OPENING								
LH PERIOD		LH TIME			UH PERIOD		UH TIME	
BREAKFAST		9:10 - 9:50			BREAKFAST		9:10 - 9:50	
1AB		9:55 - 10:55			1AB		9:55 - 10:55	
2AB		11:00 - 12:00			2AB		11:00 - 12:00	
3AB		12:05 - 1:05			3AB LUNCH #1		12:05 - 12:45	
4AB LUNCH #2		1:10 - 1:50			4AB		12:50 - 1:50	
5AB ADVISORY		1:55 - 2:25			5AB ADVISORY		1:55 - 2:25	

3-HOUR EARLY DISMISSAL						
LH PERIOD		LH TIME	3-HOUR EARLY DISMISSAL	UH PERIOD		UH TIME
BREAKFAST		7:10 - 7:50		BREAKFAST		7:10 - 7:50
1AB		7:55 - 8:40		1AB		7:55 - 8:40
2AB		8:45 - 9:30		2AB		8:45 - 9:30
3AB		9:35 - 10:20		3AB LUNCH #1		9:35 - 10:10
4AB LUNCH #2		10:25 - 11:00		4AB		10:15 - 11:00
5AB ADVISORY		11:05 - 11:25		5AB ADVISORY		11:05 - 11:25

ONE LUNCH REGULAR A/B SCHEDULE	
PERIOD	TIME
BREAKFAST	7:10 - 7:50
1AB	7:55 - 9:25
2AB	9:30 - 11:00
LUNCH #1	11:05 - 11:45
3AB & 4AB	11:50 - 1:20
5AB ADVISORY	1:25 - 2:25

2-HOUR EARLY DISMISSAL WITH ONE LUNCH	
PERIOD	TIME
BREAKFAST	7:10 - 7:50
1AB	7:55 - 8:55
2AB	9:00 - 10:00
3AB 4AB	10:05 - 11:05
5AB (ADVISORY)	11:10 - 11:40
LUNCH	11:40 - 12:25

2022-23 BELLS CHEAT SHEET

REGULAR A/B SCHEDULE	2-HOUR EARLY DISMISSAL	2-HOUR DELAYED OPENING	3-HOUR EARLY DISMISSAL
7:50	7:50	9:50	7:50
7:55	7:55	9:55	7:55
9:25	8:55	10:55	8:40
9:30	9:00	11:00	8:45
11:00	10:00	12:00	9:30
11:05	10:05	12:05	9:35
11:45	10:45	12:45	10:10
11:50	10:50	12:50	10:15
12:35	11:05	1:05	10:20
12:40	11:10	1:10	10:25
1:20	11:50	1:50	11:00
1:25	11:55	1:55	11:05
2:25	12:25	2:25	11:25



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2-HOUR EARLY DISMISSAL WITH ONE LUNCH

PERIOD	TIME
BREAKFAST	7:10 - 7:50
1AB	7:55 - 8:55
2AB	9:00 - 10:00
3AB 4AB	10:05 - 11:05
5AB (ADVISORY)	11:10 - 11:40
LUNCH	11:40 - 12:25

2-HOUR EARLY DISMISSAL BELLS CHEAT SHEET

1. 7:50
2. 7:55
3. 8:55
4. 9:00
5. 10:00
6. 10:05
7. 11:05
8. 11:10
9. 11:40
10. 12:25

