At School

- Come to class prepared with supplies.
- Attend school regularly and on time.
- Take notes and stay on task to avoid taking classwork home to complete.
- Make sure to use class time wisely.
- Listen closely and write your name, due date and info about upcoming quizzes and tests. Also use folders to stay organized.
- Bring home and return needed materials and supplies from your locker each day.
- Communicate with your teachers and ask questions in class.

At Home

- Schedule a regular time to sit down in a quiet, distraction free area every evening. Turn off electronic devices.
- Invite your parents/guardians to your Google classrooms and sit down with someone everyday to make sure you are on track.
- Check Google Classroom and your agenda every day for upcoming assignments and due dates in each class.
- Break up study sessions into small sessions over a long period of time instead of cramming the night before.
- Use your notes and resources like Khan Academy to help if you are struggling with a concept at home.
- Get adequate rest and eat nutritious foods to support your physical and mental health.

When You Need Extra Help

- Avoid allowing missing work to pile up. Make a plan and turn it in.
- Use GAP time wisely to get things done and receive extra help.
- Attend ESS after school.