

SOCCER STUDY GUIDE



Words you should know...

<i>Attacking team (the offense)-</i>	the team that has possession of the ball.
<i>Defending team (the defense)-</i>	the team that is defending their goal and trying to gain possession of the ball.
<i>Punt-</i>	a drop-kick by the goalie immediately following a save.
<i>Throw-in-</i>	to put the ball in play from the sideline where the ball went out, using a two-hand overhead throw while both feet stay on the ground.
<i>Corner kick-</i>	a kick awarded to the attacking team at the corner of the field when the defense kicks/deflects it out of bounds over the END line.
<i>Goal kick-</i>	a kick awarded to the defending team from the ground inside their goal area when the attacking team kicks it out of bounds over the END line.
<i>Indirect kick-</i>	a kick from which a goal cannot be scored until the ball is touched by another player. (ALL FIRST KICKS in PE are indirect kicks.)
<i>Dribbling-</i>	a series of controlled forward kicks by a player in order to move the ball up field while keeping possession.
<i>Kick-off-</i>	used to start, or restart the game after a goal is made. The ball is kicked from a stationary position in the center of the field into the opponent's area. At this point, each team must be on their own half of the field until the ball is touched by the kicking team.
<i>Own goal-</i>	the goal a team is defending.
<i>Free kick-</i>	a place kick awarded for a foul or infringement, either direct, from which a goal may be scored, or indirect, from which the ball must be touched by at least one other player for a goal to be allowed.
<i>Penalty kick-</i>	a free kick on the goal defended only by the goalkeeper; awarded when a defensive player has committed a foul in the penalty area.

Scoring A goal is scored when the whole ball crosses the goal line between the orange cones within reach of the outstretched arms of the goalie.

Teams Each team has 11 players, one of which is a goalie. (In PE we have less than 11 on a team!)

Positions

<i>Forwards-</i>	play nearest the opponent's goal and try to score.
<i>Defense-</i>	play nearest their own goal and try to prevent the opponent from scoring.
<i>Goalie-</i>	A defender that plays in the goal area in order to deflect or "save" attempts made on goal by the opposing team. Goalies may use his/her hands/arms and legs to stop the ball from crossing the goal line. May place-kick, throw or punt the ball without interference from the opponent immediately following a save.