

Safely Quarantening PTO Forum Resource List

LPS 2019 Youth Risk Behavior Survey (YRBS)

[2019 LPS Youth Risk Behavior Survey](#)

Substance Use Prevention

[LPS PE, Health & Wellness Prevention Program Click Here](#)

[LexENDSvaping Initiative Link Click Here](#)

[MA Social Host Law](#)

Mental Health

[Community Teamwork, Inc. - Fuel Assistance Guidelines](#)

[William James Interface - Mental Health Referral Service](#)

[Lexington Human Services Quick Guide to Mental Health Resources](#)

Online Behavior

[Social Media Test Drive Tool for Kids and Parents](#)

<https://www.common sense media.org/>

<https://www.common sense media.org/blog/parents-ultimate-guide-to-parental-controls>

<https://fightthenewdrug.org/the-guideline-how-to-talk-to-your-kids-about-porn/>

<https://www.common sense media.org/blog/viral-youtube-challenges-internet-stunts-popular-with-kids>

<https://www.common sense.org/education/lesson/family-tip-sheets/en>

<https://fightthenewdrug.org/>

<https://fightthenewdrug.org/for-parents-child-told-me-theyre-struggling-with-porn/>

https://brainheartworld.org/?_ga=2.258063818.1173834250.1590874922-580940985.1590874922

COVID-19 Resources

<https://kidshealth.org/en/parents/coronavirus-how-talk-child.html>

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

<https://childmind.org/article/supporting-teenagers-and-young-adults-during-the-coronavirus-crisis/>

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/for-parents.html>

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

<https://drive.google.com/file/d/1cbp-oTWrtUPPQnb48SoFyuus953ex0Q9/view>

<https://www.mass.gov/resource/maintaining-emotional-health-well-being-during-the-covid-19-outbreak>

Local Resources

LHS Counseling Dept

Town of Lexington MA Human Services Dept Click Here

Tony Serio, LCSW

Assistant Director of Youth & Family Services

Sharon Gunda, LCSW

Outreach Coordinator, 781-698-4851

LPS PE, Health and Wellness Dept

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Julie Fenn, LICSW, LPS Assistant Coordinator PE, Health and Wellness K-12

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[LPS School Health Advisory Council Website Link](#)

Kristie Demirev, LICSW, LPS PE, Health and Wellness Prevention Specialist K-12
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[LPS PE, Health and Wellness Prevention Website](#)

Refusal Skills:

[Elementary Refusal Skills](#)

[Middle School Refusal Skills](#)

[High School Refusal Skills](#)

[Grade 12+ Refusal Skills](#)