

# 2023 Concurrent Sessions

Link to Keynote Presenter: [Jana Stanfield](#)

Link to Conference Schedule: [2023 Conference Schedule](#)

Link to COVID-19 Information: [COVID-19 Information & Waiver](#)

Frequently Asked Questions: [FAQ 2023](#)

<b><u>Name of Presenter (s)</u></b>	<b><u>Title of Presentation</u></b>	<b><u>Abstract of Presentation</u></b>
<p>Molly Pow, MS, MT-BC</p> <p>Elaine Kong, MM, MT-BC, NICU Music Therapist</p> <p>Rosemary Obi, MS, MT-BC</p>	<p>Community Conversation: Navigating Music Therapy, Death, and Bereavement</p>	<p>Collectively, the facilitators have supported clients/families through death/bereavement for 40+ years. While uncomfortable, it's imperative to develop a working comfort with death for the health/safety of ourselves and those we serve. Fostering a welcoming experience, you're invited to join us in our community-style conversation with flexible topics to enhance your understanding within music therapy practice.</p>
<p>Dorian Wallace, MT-BC</p> <p>DeMarisa Steeley</p>	<p>Liberation Music Therapy: Emancipatory Practice to Community Music-making, Healing and Revolutionary Change</p>	<p>Music has been a part of our evolution since the Paleolithic era. It can bring people together, encourage sociopolitical change, facilitate healing, and illuminate human transcendence. Music connects with the human psyche in ways that has the potential to treat entire communities undergoing transgenerational trauma under imperialism, colonialism, and capitalism.</p>
<p>Melinda Korte, MS, MT-BC</p>	<p>Allowing the Elephant In the Room: Using difficult dynamics within the therapeutic relationship as a tool for healing and self-growth</p>	<p>Music therapists constantly navigate difficult dynamics regardless of their clinical setting/population. This presentation will strive to facilitate open conversations and use personal experiences to expand clinical awareness. Participants will have an opportunity to relate more effectively with clients, broaden self-awareness, and contemplate a higher quality of practice within the field of music therapy.</p>
<p>Mike Zanders, PhD, MT-BC</p>	<p>A Conceptual Understanding of The Improvisation Assessment Profiles (IAP'S)</p>	<p>This presentation is intended to introduce the Improvisation Assessment Profiles (IAP's) as developed by Dr. Kenneth Bruscia in 1987. The IAP's were developed as a model of improvisation based upon clinical observation, musical analysis, and psychological interpretation of the client's improvisation. As improvisation is a major method in the field, it is important that past models are</p>

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		continually presented.
Tracy S, Wanamaker, MSED, MT-BC, Michelle Montgomery Muth, MT-BC	Professional Advocacy for the Music Therapist 101	Have you wondered what you can do to professionally handle misrepresentations while positively promoting the field of music therapy and connecting with other professionals? The Professional Advocacy Committee wants to hear about your advocacy efforts and challenges and help you learn how to advocate with confidence as we explore personal dealings with misrepresentation and how to approach these situations professionally.
Ben Nicholson, MT-BC, CPRP, FAMI, LPC	Heuristic Strategies to Foster Self-Awareness, Personal Growth, and Personal/Professional Development	The overall purpose of this workshop is to provide participants with tools they can use to engage creatively and effectively in processes of self-inquiry to foster greater self-awareness, personal growth, personal development, and professional development within a variety of roles.
Toby Williams MA, LCAT, MT-BC	Navigating Vision and Needs: Running a non profit music therapy program.	Presenter will introduce attendees to the ins and outs of running a large, non profit music therapy program. Balancing competing needs of multiple stakeholders while advocating for the practice of music therapy, educating and protecting clinical integrity is challenging and requires vision, patience, negotiation and humor. Presenter will lead attendees through exercises to identify mission based core values and vision and to learn how to wear many hats.
Darci Paul, MM, MT-BC, NICU MT	Investing in your voice: an interactive workshop exploring innovative methods of voice care for every music therapist	Use of the therapeutic singing voice is integral to music therapy practice, thus vocal issues cause significant problems for clinicians. Many experience vocal health issues without knowing how to detect, treat, or prevent them. The straw phonation method of warmup with effective care practices can help alleviate these occupational hazards.
Cheryl Cotton, MMT, MT-BC, FBMH OMHSAS Certified, CFBT Graduatecertified, CFBT Graduate	Systemic Focus in Music Therapy	This training will focus on defining the Ecosystemic Family Based Treatment Model (ESFT) and the use of Music Therapy to meet the therapeutic needs of children with severe emotional disturbances (SED) and their families. Music Therapy interventions will be clarified that will support the completion of Systemic focused goals. This training will also focus on exploring

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		family dysfunction and how Music Therapy can help family members to experience, healing, increased moments of calm and positive interactions; thus facilitating the healthy development of the child to his or her maximum potential.
Members of NYSTF	The State of Music Therapy Practice in the State of New York	This session will detail information related to the LCAT, including updates in law and regulation resulting in changes to definition and scope, before we turn our attention to the latest achievements on our licensure bill. Be informed about the ever-changing world of music therapy practice in New York State!
Megan Resig, MS, MT-BC	A Values-Centered Process for Teaching, Selecting, and Reflecting on Theoretical Orientations	In this presentation, the facilitator will share a process she has used in the classroom and clinical supervision settings for helping students and new professionals find meaningful alignment with a theoretical orientation through the exploration of personal values, worldview, and beliefs.
Audrey Hausig, MMT, MT-BC Jasmine Edwards, MA, LCAT, MT-BC	Sociocultural Identities: Bridges and Barriers	This session intends to provide a space for exploration of the ways sociocultural identities show up in the music therapy space. The presenters will share their own experiences and invite participants to explore and share theirs. Opportunities for discussion and creative exploration and collaboration will be provided.
Vern Miller, MMT, MT-BC	Understanding music technologies through their clinical applications	Several categorizations of music technology exist that are designed to guide our understanding of music technology in music therapy clinical practice. Where previous categorizations have focused on similarities between the technologies themselves, the proposed categorization presented here organizes music technologies around their clinical applications in music therapy.
Members of the 2022-2023 MAR Assembly Delegation	The Times They Are A-Changin'	The 2022 AMTA financial crisis resulted in closing our national office, loss of our CEO and nearly all staff – representing tremendous losses in organizational knowledge – and dramatic efforts to restructure. Come hear updates on AMTA and the work of the Assembly. Your Delegates are your voice at the national level.

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Zach Alfred-Levow, MT-BC	Laughter is the Best Medicine: Using Humor in Hospice	This session highlights the benefits of humor and its theoretical groundings, with focuses on how to use humor with people with dementia, colleagues, and how bereaved people use humor. Risks and downsides of humor are discussed, as well as tips on incorporating humor into music therapy practice.
Nancy Jackson, Ph.D., MT-BC	Assessment Is Not a Document	Our Standards of Clinical Practice outline assessment as occurring before treatment and resulting in programming. Participants are challenged to re-conceptualize assessment as an integral part of treatment from beginning to termination. This transtheoretical shift makes the client the “expert” on themselves for more personalized, ethical, and effective services.
Noah Potvin, PhD, LPC, MT-BC	Spiritual and Religious Qualities of Vocal Interventions in Hospice Music Therapy	Spirituality and religiosity are deeply embedded cultural resources that hospice patients can access to help facilitate a healthy death and dying process for themselves. Findings from a grounded theory study illustrate how music therapists help patients activate those resources through vocal interventions infused with sacred, transpersonal, and/or ethereal qualities.
Patricia Winter, PhD, MT-BC  Joanna Culligan, MA, MT-BC	An Electroencephalography (EEG) Study of Music Processing in the Alzheimer's Brain	The presenters conducted a 12-week electroencephalography (EEG) study employing music therapy informed experiences with a group of people with Alzheimer's Disease and related dementias and their age-matched caregivers without dementia. In this session the presenters will discuss the research protocol and the findings from this quasi-experimental, feasibility study.
Annie Heiderscheit, Ph.D., MT-BC, LMFT  Nancy Jackson, Ph.D., MT-BC	Infinite possibilities: The landscape of clinical decision-making in music therapy	Musically engaging clients requires awareness, discernment, and reflexivity in relationship to clients and their therapeutic process. Clinical decisions cannot be planned outside of the here-and-now of therapeutic context. This session focuses on the unique affordances inherent in method-variations that allow the design and shaping of opportunities fostering growth and development.
Alecia M. Meila, MM, MT-BC	New Supervisor's Guide to the Galaxy: Tips, Tricks, and Don't Panic	Many supervisors began their journeys reacting to their experiences as students. But good supervision goes beyond that. Whether you're

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		starting your own journey, looking for new supervision tools, or want to learn about supervision styles, this interactive session provides opportunities to explore the supervision process and roleplay novel supervision techniques.
Ashley Taylor, MEd, MMT, MT-BC	Experiences of Embodiment: An Exploration of Practicing as a Fat Music Therapist	The presenter will discuss graduate thesis research, which examined anti-fatness as a sociocultural identity, particularly within music therapy training, practice, and professional development. Sizeism, healthism, and other manifestations of anti-fatness within music therapy spaces, as well as their impact on fat music therapists, will also be explored.
Eliot Klein, MA, MT-BC	Pathways for Music Therapists in Psychedelic Therapy	Psychedelic therapy is currently emerging, clinically and in the public consciousness, as a highly effective treatment for a variety of mental health issues. In this session, we will explore the crucial role of music in this field and opportunities for music therapists to offer a specialized insight into its applications.
Brigette Schneible, PhD, MT-BC	The Role of Music Therapy in Older Adults' Transition into Long-Term Care	Transition to a nursing home can be a challenging period for older adults with high risk for negative outcomes. Music therapy can enhance related protective factors. This presentation will share a conceptual framework for the role of music therapy in transition to long-term care as developed in a grounded theory study.
Erin Rosen, MT-BC, Graduate Student  Hannah Bush, MM, MT-BC	Providing Services at the Intersection of Two Public Health Crises	Due to the demands of the intersecting opioid and infectious disease epidemics, WVUMedicine has established a medical/psychiatric unit for patients with a history of IV drug use requiring long-term hospitalization for infectious disease treatment. Presenters will share their experiences providing services on this unit, clinical challenges, and preliminary research findings.
Pauline Broberg-Lewin, MMA, MT-BC, MSW, MEd	A Collaboration in Making Music and Art with the Dying; Exposure, Vulnerability, and Universality in End-of-Life Care	In 2019, music therapist Pauline Broberg-Lewin and artist Cyndi Philkill recorded an interview for StoryCorps on the role of music and art in informing their hospice work. The discussion, which highlights the importance of recognizing the humanity of hospice patients, and reflects that music and art contribute to our understanding of

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		what it means to be human, sets the stage for examining end-of-life care within the contextual framework of exposure, vulnerability and universality.
<p>Juliana Joyce, MT-BC</p> <p>Catherine Stulmiller, MT-BC</p> <p>Cheyenna Eagle, MT-BC</p> <p>Shannon Ogden, LCAT-LP, MT-BC</p>	Private Practice Music Therapy: Surveying Music Therapists on Their Experiences	This presentation discusses the results of a survey sent out to music therapists who were or are currently employed at private practices. Topics include workload expectations, ethical concerns, and burnout. This presentation is a starting point for discussions around workforce sustainability and provides tangible action steps for self-advocacy.
Conio Loretto, MS, LCAT, MT-BC	Together We Can: Building Social Confidence and Competence through Participation in Performance Groups	This presentation will outline a framework for building social competence that includes participation in performance groups. The therapeutic implications of performing in a group, particularly in relation to the development of prosocial skills, will be discussed. Included will be video excerpts, case examples, descriptions of adaptations used and sample tools for data collection and evaluation.
Clarissa Lacson, PhD, MT-BC	Interprofessional Collaboration Between Pediatric Music Therapists and Multidisciplinary Team Members in Hospitals	This was an explanatory sequential mixed methods study. Pediatric music therapists (n = 37) were surveyed; 4 cases of music therapy programs were studied in-depth. The findings of the survey suggest barriers and facilitators of collaboration. The results of the multiple case study provide many recommendations for facilitating collaboration.
<p>Yulin Wang, MMT, MT-BC</p> <p>Meng-Shan Lee, PhD candidate, MMT, MT-BC</p>	Use of Music Therapy in the Treatment of Somatic Symptoms of Chronic Pain for Pediatric Patients: A Case Study	This presentation will share a case study on how music therapy helps a ten-year-old boy and his family deal with somatic symptom disorder in chronic abdominal pain from referral, assessment, treatment planning, implementation, family education, and termination. The presenters will also share about the challenges and cultural difference.
Karen Skahill, MS, MT-BC	Regulating the sensory system: Making sense in a dysregulated world	Clients with ASD, ADD, and learning disorders often have dysregulated sensory systems, making it difficult to learn new concepts. Participants will learn about sensory processing disorders and their impact on the body. Examples will be

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		provided to demonstrate how rhythmic sensory input can aid in regulation, helping to achieve goals.
<p>Eun Sil Suh, Ph.D., KCMT, MT-BC</p> <p>Laura Bill, MT Intern</p> <p>D'Ambra Galvin, MT undergraduate student</p> <p>Elisa Kovacs, MT undergraduate student</p>	Interdisciplinary collaborative education in a music therapy program in a University setting	Interdisciplinary collaborative education is currently emphasized in Higher Education. Interdisciplinary collaborative programs with music therapy-related fields such as art therapy, dance/movement therapy, music education, and music performance will be introduced. This will be followed by qualitative research conducted based on music therapy students' experiences of each program.
<p>Madeline Mitchell, MT-BC</p> <p>Elaine Kong, MM, MT-BC</p>	Cultivating Communication and Collaboration: A Pediatric Care Team Model	Interdisciplinary collaboration is essential to patient- and family-centered care. Presenters will share how a diverse team of professionals assembled and implemented a successful developmental care team on a pediatric cardiac unit as a model for all settings. The process and resulting expansion of knowledge and services will be explored.
Maevon Gumble, MMT, MT-BC, Pre-licensed Professional Counselor	Gaining clarity: A composite case study of gender affirming voicework	This concurrent session will provide a clinical context for engaging in gender affirming voicework through a composite case study and will also offer a further compilation of ideas relevant to gender affirming voicework. Attendees will explore themes, strategies, and challenges that may be presented within the work.
Kristen O'Grady, MA, LCAT, MT-BC	Towards a Developmentally-Driven Model for End-Of-Life Care	As people, we are engaged in a lifelong developmental process which occurs until the moment of our death. This presentation will explore the concept of "developmentally-driven end-of-life care", which considers how developmental needs and tasks are both present and disrupted during terminal illness.
<p>Kenny Farinelli, MT-BC</p> <p>Meghan Smith, MT-BC</p>	RESSST: Relaxation entailing stretching, sound, storytelling, and tactile input	RESSST is a relaxation program implemented by a team of music, expressive, and recreation therapists/ specialists. Experience and discuss this multimodal program aimed at promoting relaxation and quality sleep for people with complex conditions. Explore the program's impact on altering residential environments, staff

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		collaboration, and improving sleep health and mindfulness.
Bridget Guzewicz, Student Music Therapist	Queer Music Therapy: Past and Future	Presentation of a scoping review study done in Spring 2022. The purpose was to analyze the current literature regarding music therapy and the LGBTQ+ community and evaluate the future direction that studies of this nature should take.
Lindsey Vernon	An Introduction to Songwriting Development for Students	This presentation provides students with lyrical and musical songwriting techniques, and an opportunity to practice developing songwriting skills with peers. Students will have a space specifically for their needs in mind to navigate what can be an intimidating process and gain a foundation for songwriting to integrate into their practice.
Holly Mentzer, PhD, MT-BC, LCAT	Music Therapists' Clinical Process and Strategies for Working With Delirium	This concurrent session will explore the experiences and clinical process, and strategies of music therapists working with hospitalized adults with delirium. Contributing factors to delirium, assessments, types of approaches, and interventions will be presented, as well as strategies for incorporating patients' known cultural and spiritual beliefs into music therapy interventions.
Vern Miller, MMT, MT-BC  Amber Eade, PhD  Nicole Hahna, PhD, MT-BC, FAMI	Exploring the potential for portable EEG use in music therapy	This presentation will explore the uses of portable EEG devices and their application in music therapy clinical practice. Attendees will learn about the background of EEG, previous uses of EEG in music therapy, and future directions of research and clinical applications of EEG in music therapy and related fields.

## 2022 Research Track

Meng-Shan Lee, PhD Candidate, MMT, MT-BC	RESEARCH AWARD: The effects of a song-based protocol on psychosocial factors in dyads in neurorehabilitation	The quantitative study examined the effects of a song-based protocol on psychosocial factors for individuals who have had acquired brain injury or spinal cord injury and their caregivers. The preliminary results of the study will be presented as well as the challenges and limitations
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		of the study.
<p>Heeyoun Cho, PhD, LCAT, MT-BC</p> <p>Naoko Okamoto, PhD, Art therapist, Psychotherapist, TFT-RCT</p>	<p>RESEARCH AWARD: The effectiveness of music-based interventions on college students' mood and stress which examined</p>	<p>The effectiveness of 3 music based interventions on college students' mood and stress. The method, results, limitations and implications will be shared.</p>
<p>Tom Biglin, MA, LCAT, MT-BC</p>	<p>Research Poster Session</p>	<p>What have music therapy researchers been up to this last year? Attend the Research Poster Session and support your colleagues and students as they present their exciting projects. Researchers or groups of researchers will present a brief review of their study while highlighting key elements on their posters that summarize their projects. A short time for questions and discussions will follow. Awards will be given for outstanding research projects</p>
<p>Jasmine Edwards, MA, LCAT, MT-BC</p> <p>Gabriela Asch-Ortiz, MS, LCAT, MT-BC</p> <p>Kendra Ray, PhD, LCAT, MT-BC, (moderator)</p>	<p>Centering Historically Hidden Voices in Research: Continuing the Discussion</p>	<p>Following on from last year's lively research session, this two-part session will continue to explore how "standards" in research serve to dominate the narratives that are given prominence in research. A panel discussion will provide personal and professional perspectives to further explore voices that have been historically hidden. A second session will offer the opportunity to continue discussion on the emergent themes in break out groups. We hope to continue the exploration of how historically hidden voices may be honored in research.</p>
<p>Helen Shoemark, PhD</p> <p>Thomas Biglin, MA, LCAT, MT-BC (Moderator)</p>	<p>Publishing Your Music Therapy Research: A Primer</p>	<p>Have you completed your music therapy research project and have no idea how to get it published? Are you new to research and have no idea where to even begin? In this session, Dr. Helen Shoemark shares her experiences publishing her own music therapy research and also</p>

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		reviewing and editing submitted research by others for publication.
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