



AMES HIGH ATHLETICS - FALL 2020 COVID-19

Football - <https://www.iahsaa.org/covid-19-fall-football/>

Boys Golf - <https://www.iahsaa.org/covid-19-fall-golf/>

Girls Swim - <https://ighsau.org/news/swimming-diving-covid-19-fall-guidance/>

Boys and Girls Cross Country - <https://ighsau.org/news/cross-country-covid-19-fall-guidance/>
<https://www.iahsaa.org/covid-19-fall-cross-country/>

Volleyball - <https://ighsau.org/news/volleyball-covid-19-fall-guidance/>

Cheer - Waiting on guidance.

Ames High Athletics will support all COVID-19 mitigation recommendations for fall sports as laid out in the guidelines from Iowa High School Athletic Association and the Iowa High School Girls Athletic Union. The following sports are scheduled to compete this fall: football, girls swimming, volleyball, boys golf, boys and girls cross country and cheer.

Assistant Athletic Director Ian Smith will be COVID monitor for the sports of volleyball, golf and cheer. Athletic Director Judge Johnston will oversee swimming and both cross country programs. Mr. Smith and Mr. Johnston will share oversight of football. McFarland Clinic head athletic trainers Lindsey Struck and Trevor Engle will assist with compliance and monitoring of all programs as well.

In addition to adhering to all sport recommendations, Ames High Athletics will health screen all student-athletes similar to procedures implemented for the baseball and softball programs this summer. **Social Distancing** will be a high priority. Student-athletes and coaches will maintain 6-feet of distance whenever possible. Hand and equipment sanitizing will be expected. Locker rooms and the athletic training room will be cleaned and sanitized regularly. Distribution of water to student-athletes will be modified to prevent contamination.