

WATERR Lab— **Lab Values**

—These values act as a collective guide for our actions and interactions, ensuring we maintain a respectful, ethical, and impactful approach in our research and community engagements—

Proactive Accountability

- **Responsible Actions:** Every member takes ownership of their actions and contributions, fostering a culture of integrity and trust.
- **Calling In:** Address mistakes self-constructively, prompting an environment where “calling out” is for the majority unnecessary and continuous improvement is embraced.
- **Defined Roles and Responsibilities:** Clearly define and communicate roles within the lab to ensure effective organization and participation.
- **Accountability to Authenticity:** Be honest about our identity, origins, and the stories that shape us.

Open Communication

- **Transparent Dialogue:** Encourage open and respectful communication among all lab members to facilitate collaboration and innovation. The same is expected when dealing with community members or other individuals.
- **Reflective in Nature:** Regularly evaluate our practices to ensure alignment with our mission and core values. Practice self reflection and engage with our own biases.

Constant Learning

- **Continuous Growth:** Remain open to continuous learning and growth, through experiences and staying informed about advancements within our work and communities.

Inclusivity and Respectful Engagement

- **Diverse Perspectives:** Value and respect diverse worldviews and cultural understandings, fostering an inclusive environment where everyone feels heard and thus allows everyone to have a voice as to what fosters their “safe” environment.

- **Active Involvement:** Engage actively with the community, in research and projects, recognizing and incorporating Indigenous knowledge and local insights.
- **Relational Responsibility:** Honor our commitments to relationships and the ethical principles guiding them.

Cultural Humility

- **Respect for Traditions:** Respect and integrate Indigenous core values and cultural practices into all research methodologies and interactions.
- **Spiritual Exploration:** Acknowledge and support the spiritual dimensions of individuals and communities.

Wellness and Positive Focus

- **Celebrating Health:** Focus on and celebrate positive aspects of health and wellness, taking a strengths-based approach. Remain mindful of triggering topics and when/where/with whom they are addressed.

Transformative Engagement

- **Meaningful Change:** Engage with communities and stakeholders in ways that drive meaningful and positive change.