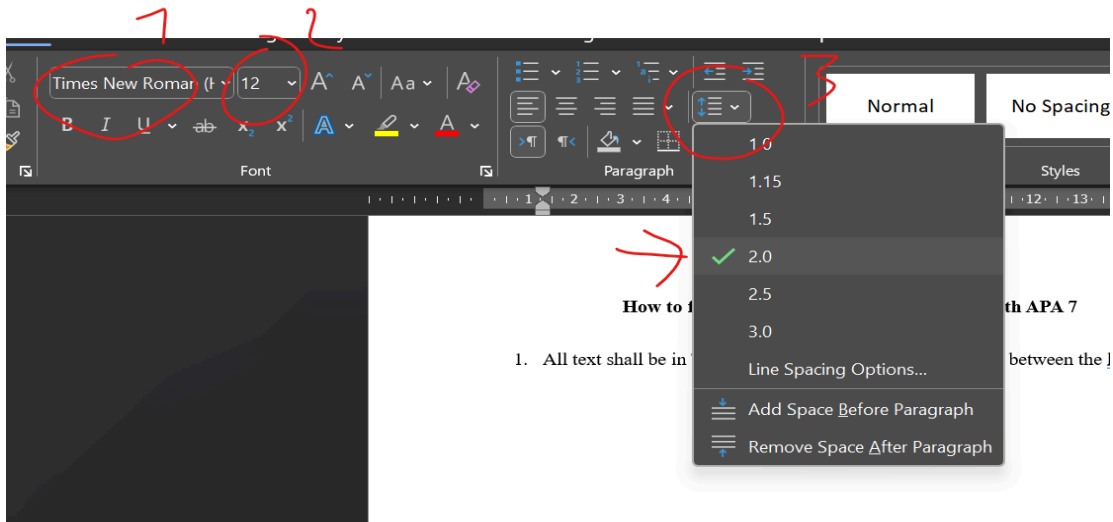


How to format your assignments according with APA 7

1. All text shall be in Times New Roman, size 12, and 2.0 spacing between the lines:



2. When you use someone else's thought, you have to mention the author in parenthesis. This is called "**in-text citation**". It can be either paraphrasing or a direct quotation.

3. **Paraphrasing** is when you write someone else's though **in your own words**. **Examples:**

APA style is a difficult citation format for first-time learners (Jones, 1998).

According to Jones (1998), APA style is a difficult citation format for first-time learners.

4. **Direct quotation** is when you copy a piece of text **exactly word-to-word** from someone's paper.

Examples:

According to Jones (1998), "students often had difficulty using APA style, especially when it was their first time" (p. 199).

Jones (1998) found "students often had difficulty using APA style" (p. 199); what implications does this have for teachers?

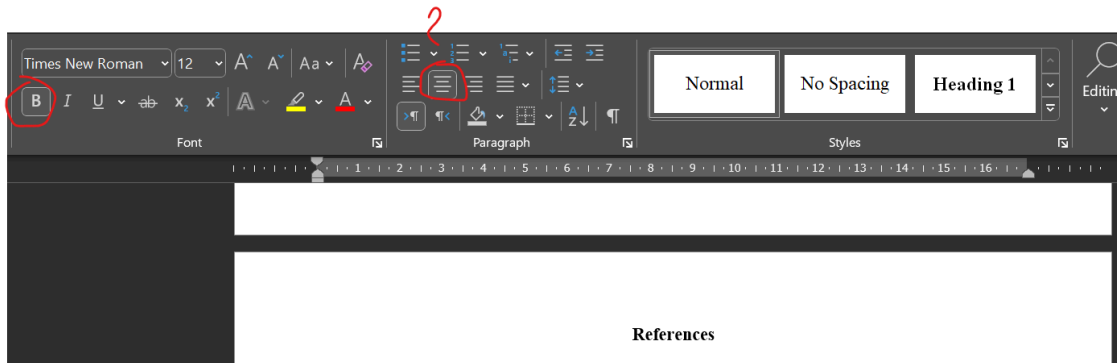
For direct quotations you need: quotation marks "", author's **name**, and the **page** number. 

5. More than one author

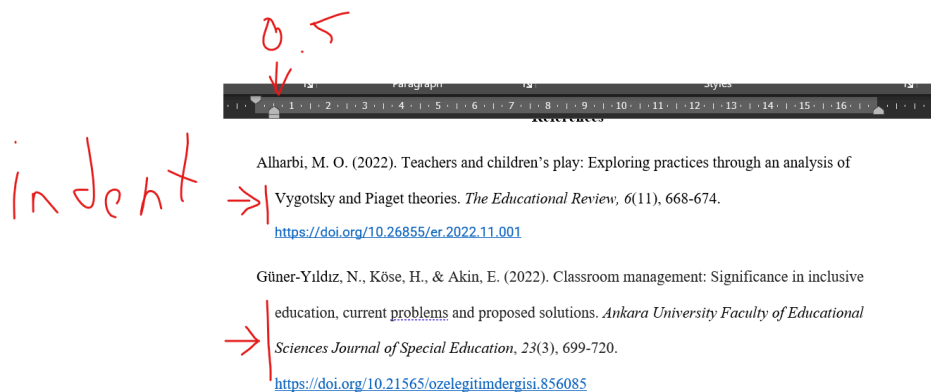
One author	Paraphetical (Harris, 2020)	Narrative Harris (2020)
Two authors	(Harris & Cook, 2020)	Harris and Cook (2020)

Three or more authors	(Harris et al., 2020)	Harris et al. (2020)
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6. At the end of your assignment, you shall write **the list of references**.
7. Start the list of references from a new page – press **ctrl + enter**
8. Write the word “references” in the middle of the page in bold text



9. Organize your references alphabetically, by the last name of the first author.
10. Indent each reference by 0.5 inch



Example:

Nguyen, T., Carnevale, J. J., Scholer, A. A., Miele, D. B., & Fujita, K. (2019). Metamotivational knowledge of the role of high-level and low-level construal in goal-relevant task performance. *Journal of Personality and Social Psychology*, 117(5), 879-899.
<http://dx.doi.org/10.1037/pspa0000166>

More info:

[In-Text Citations: The Basics - Purdue OWL® - Purdue University](#)

[APA In-Text Citations \(7th Ed.\) | Multiple Authors & Missing Info \(scribbr.com\)](#)