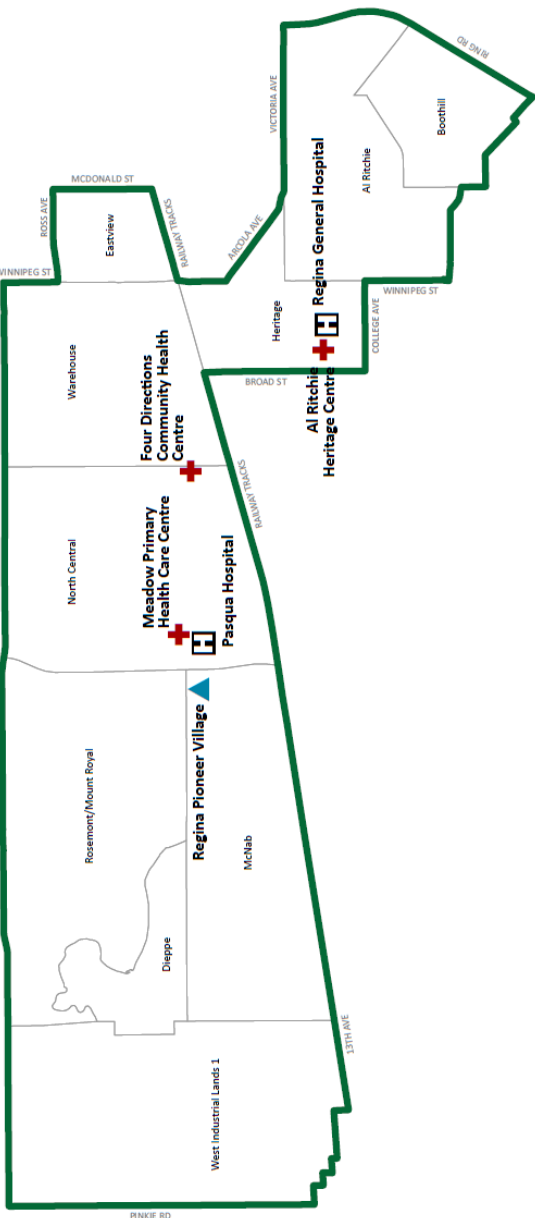




t us:

, Regina, SK S4T 1A2

6 6399

30 AM – 8:00 PM



*“The people
coming to this
center will be
like flowers in a
Meadow – many
different colors*

and types... all unique and beautiful”

Meadow Primary Health Care Centre

Welcome to Meadow PHC Centre

Meadow Primary Health Care (PHC) is open **7 days a week, 365 days a year**, providing accessible health care services to individuals and families in our community.

Whether you need ongoing primary care, preventive services, or a same day appointment, our interdisciplinary team is here to support your health and wellness.

Is Meadow PHC Centre Right For You?

You may be eligible to receive ongoing care through Meadow PHC Centre if you:

- ✓ Do not currently have a family physician or nurse practitioner
- ✓ Live within the communities listed on the back of this brochure

Clients can access care through our shared-care team and consider Meadow PHC Centre their medical home.

How to Access the Clinic - Appointments are required.

Call [306-766-6399](tel:306-766-6399) to book an appointment

When to Seek Emergency Care

If you are experiencing:

- Chest pain
- Difficulty breathing
- Signs of stroke
- Severe bleeding
- Loss of consciousness
- Any other medical emergency

Call **911** or go to your nearest Emergency Department immediately.

Need to Be Seen Today?

Our Same Day Access Clinic provides **scheduled appointments for urgent, non-emergency health concerns that require assessment on the same day.**

To access the Same Day Access Clinic, please contact our office to speak with a team member. We will assess your needs and arrange the most appropriate appointment.

Call: 306-766-6399

Booking for daytime same day appointments
(9 am – 3 pm) **begins at 8:30 a.m.**

Booking for evening same day appointments
(5 pm – 7 pm) **begins at 3:00 p.m.**

Important Information

The Same Day Access Clinic does not operate as a walk-in service.

To ensure safe and timely care for all clients:

- Walk-in visits cannot be accommodated.
- Appointments must be scheduled in advance.
- Clients will be assessed and booked based on urgency and availability.

No Walk-In Services Available