

SHAC Meeting

April 21, 2022

Minutes

Members Present: **Jennifer Booher, Aline Bolt, Pattie Boenicke, Chris Moody, Bob Contreras, Wendy Hamilton, Sabrina Stewart, and Heather Faubion.**

Introduction:

- SHAC- stands for School Health Advisory Council
- Passed out SHAC Guidebooks, SHAC FAQs, and Child abuse, family violence, dating violence, and human trafficking FAQs
- Introduction of all members

Appoint Chair for SHAC:

- Jennifer Booher elected as chair for SHAC. All members agreed

Heartsaver:

- Monday April 25th Winchell Fire Department is coming out with Air Evac to teach Junior and Seniors Heartsaver
- Stop the Bleed will also be taught to juniors and seniors

Apple Dentistry:

- Will be here on May 23rd to talk to Junior High and High School Students about vaping and the effects it has on dental hygiene

Fitness Gram:

- Finished right after Spring Break
- Needs to be uploaded and turned in by June

American Heart Association- Kids Heart Challenge:

- Posters- Food and Nutrition Guidelines
- Fundraiser- raised \$1470.62
- Finished up last week

Health Classes:

- Need to introduce classes into the curriculum next year- Suicide Prevention, Opioids, and Sex trafficking
- No health classes at Brookesmith

Nutrition:

- Sodium amount to stay where it is
- Grains have changed. Alline is going to a conference where she will learn more about this
- Free lunches for students again next year
- Strawberry Milk isn't being made right now. As soon as it is available, we will be one of the first schools to get the milk
- No other changes in lunchroom

Next Meeting:

- Have to have four meetings next year
- Next meeting on Tuesday May 17th at 5:30

Closing:

- Chris Moody can teach Health. Has talked to the superintendent about teaching health next year. It would be taught for one semester in one grade
- Child Abuse, Family Violence, Dating Violence and Human Trafficking has to be introduced into the curriculum
- Chris Moody said he had someone come in at a previous school and discuss the above topics with the class
- Police interaction training with the kids on April 26th
- Online option might be good for the classes over child abuse, family violence, dating violence and human trafficking
- Center for life- Brownwood: they have different curriculums and could come out and talk to the students. Can counsel kids as well

Members to think about ideas to implement next year with SHAC