

THE CURRENT

JANUARY 2024

UNLEASH THE NEW YOU:



As we bid adieu to 2023 and welcome 2024 with open arms, it's that time of the year when we reflect on the past and plan for the future. The advent of a new year is often synonymous with the phrase "New Year, New You." This phrase signifies not just a change in the calendar year, but also an opportunity to transform ourselves – physically, financially, spiritually, and emotionally. Let's dive into each category and discuss how to set meaningful goals for a positive transformation.

Physical Goals:

A crucial aspect of our well-being, physical health should be at the top of our resolution list. Whether it's adopting a regular exercise routine, eating a balanced diet, or ensuring adequate sleep, setting physical goals is about nurturing your body. Start with small, achievable targets like walking 10,000 steps a day or drinking eight glasses of water daily. Remember, consistency is key.

Financial Goals:

Money matters, and having financial goals can help you achieve stability and independence. This could mean setting up a savings account, investing in stocks, reducing debt, or even learning a new financial skill. A sound financial plan is not about amassing wealth but about ensuring a secure and comfortable life.

Spiritual Goals:

Spiritual goals are deeply personal and vary from person to person. They could involve practicing mindfulness, meditation, prayer, or seeking solace in nature. The aim is to find inner peace and purpose in life. Remember, spirituality isn't necessarily tied to religion; it's about finding what gives your life meaning and purpose.

Mental Health Goals:

Our mental health directly influences our overall well-being. Setting mental goals might involve cultivating positivity, practicing gratitude, or seeking professional help to tackle mental health issues. It's about understanding our emotions and learning healthy ways to cope with them.



Embrace this new beginning with open arms and a positive mindset. Remember, every day is a new opportunity to become a better version of yourself. Happy 2024!

PHOTO SPOTLIGHT

Submitted By: Photography Club



New Year's Celebration

Civilizations around the world have been celebrating the start of each new year for at least four millennia. Today, most New Year's festivities begin on December 31 (New Year's Eve), the last day of the Gregorian calendar, and continue into the early hours of January 1 (New Year's Day). Common traditions include attending parties, eating special New Year's foods, making resolutions for the new year, watching fireworks displays, and singing songs to welcome the new year, including the ever-popular "Auld Lang Syne". In the United States, the most iconic New Year's tradition is the dropping of a giant ball in Time Square.

However, you wish to celebrate the beginning of 2024, be safe and have a happy, healthy, and prosperous New Year.

We invite all residents to submit their favorite community photos for a chance to be featured in the monthly newsletter. Please email beckyrrp@atmc.net with the subject line "photo spotlight" and be sure to include a brief description and your name for photo credit. Only submit photos taken within River Run Plantation. This is a wonderful opportunity to showcase the beauty and spirit of our community. We can't wait to see your submissions!

VENDOR GATE CODE FOR JANUARY

#0119

JANUARY IS PLANTING TIME!

By: Judy Koehly







DETAILED PLANTING TIPS...

THE BUZZ

Dear community members, we would like to remind you that the 2024 River Run POA assessment and road impact statement will be arriving in your mailboxes soon. Please be aware that assessment values have increased to \$718.00 for 2024. Always reference your invoice or CAMS portal to confirm the amount you owe.

- Assessment balance can be paid all-at-once or split into two payments
- The first half of the balance is due January 1st
- The second half of the balance is due March 1st.

<u>If</u> you own more than one lot or property, its recommended to reference the lot#(s) on the check to ensure monies are routed to the correct property assessment.

If you have set up automatic payments through the CAMS online portal, it's important to confirm that the amount being debited from your bank account aligns with the new assessment value mentioned in the paper statement received in the mail.

Contact your station representative for more information.

Wishing you a happy New Year,

Sandy	/ Wolfe				
Presid	ent				
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Under the glow of holiday lights so bright, In River Run, a sight stirred delight. By the **tennis courts**, under the starry night, **A new AED** was hung, a beacon of safety's light.

Crisp air filled with laughter and cheer, Echoed around as the holidays were near. Amidst the festivities and the courts' score, Stood the AED by **the entrance door**.

Stars danced, on this silent night, As St. Nick's sleigh took its flight. Over River Run, he looked below, Saw the AED in the soft glow.

A chuckle escaped his lips so red, "Well done, River Run," he quietly said. "May I not need it, but it's good to know, You care for each other, and it shows."

So here's to River Run, their story we share, Of a new AED hung by the courts with care.

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Scoop the Poop...

Being a pet owner is a rewarding experience filled with joy and companionship, but it also comes with responsibilities. One of the key duties is ensuring cleanliness, not just in our homes, but also in shared public spaces. It's been observed that there's an unfortunate increase in dog waste around our community recently, which is both unsightly and unhygienic.

Cleaning up after our pets is more than just a courtesy to others; it's crucial for health reasons too. Left unattended, pet waste can harbor disease-causing bacteria and parasites that

pose risks to people and other pets. Moreover, it can become a waterway contaminant.

Remember, it's not just about unpleasant odors; it's about promoting a cleaner, healthier, and more respectful community.

So, do our part and scoop the poop!

FIREWISE: TIPS OF THE MONTH

STAY SAFE, STAY VIGILANT AND STAY FIREWISE!

Has the recent surge in homeowner fires got you worried?

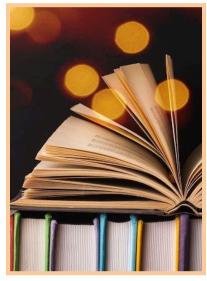
Now, more than ever, fire safety should be our number one priority. Our dedicated Firewise Committee and local Fire Department is ready to step in and help ease concerns.

Offering complimentary, private outside fire risk assessments to homeowners, we'll guide you through a comprehensive checklist to evaluate your home's fire risk. Want to take on the task independently? We've got you covered with informative literature.

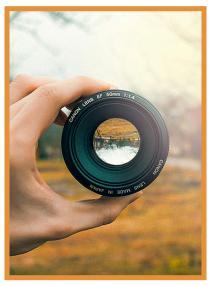
GET STARTED TODAY...

CLUB & ACTIVITIES

Select a thumbnail below and click the link to see community club & activity flyers. Be sure to reference the community calendar for specific days & times.



Book Club



<u>Photography</u>



Knit & Crochet



Bunco



Mah Jongg



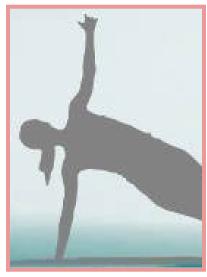
<u>Poker</u>



<u>Pickleball</u>



Walking Group



<u>Pilates</u>

COMMUNITY CALENDAR

LIVE CALENDAR

BIRTHDAY CELEBRATIONS

JANUARY						
1	KRISTEN STEELE	6-Jan				
3	KARA FRALEY	6-Jan				
5	ROSANNA JOHNSON	9-Jan				
1	SHERRY JEFFRIES	10-Jan				
1	JOE STEELE	14-Jan				
3	JOEY KAYLER	16-Jan				
1	JEREMIA SORENSEN	30-Jan				
1	CINDY GRIFFITH	31-Jan				
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Source: community directory

Brought to you by: Your Communications Committee

Newsletter contribution, ideas, or comments?

Forward inquires to:

Committee Chair: Lynn Leask <u>lleaskrdh5@gmail.com</u>

Committee Liason: <u>drew4riverrun@gmail.com</u>

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Learn, Share, Connect





<u>facebook</u> <u>pilot RRP website</u>

Please note that the administrator of the *River Run Plantation Community and friends* Facebook page is managed and operated independently of the River Run Plantation Property Owners Association, Inc. or Designated Community Committee.