

# Health Science

## Mrs. Glabb, room 918

### Course Information

Health Science class is designed to give students a memorable experience in the study of the importance of maintaining physical and mental health. The course is guided by the *Health Education Standards* for the State of California, and the *Health Education Framework for CA Public Schools*. Our textbook, *Comprehensive Health Skills for High School*, covers disease, fitness & nutrition, mental health, injury prevention & safety, alcohol, tobacco & drugs, human development, gender, contraception & STDs/HIV.

### Expectations of Students

- Come to class on time and prepared. **Bring your laptop every day.**
- Participate in all activities and discussions, even those done electronically.
- Complete all classwork and homework, and turn it in complete and on time.
- If absent, check eKadence for missed assignments/tests.
- Show respect for self and others, and take responsibility for own actions.

### Grading Policy

All assignments, activities, tests, and quarterly projects will be assigned points relative to the complexity and importance of the work. Categories are not weighted; students' grades are based on point accumulation. Grades are earned by the student and reflect mastery of the health content. *A student's performance in this class is greatly affected by attendance and whether or not assignments are turned in complete and on time.*

### Grading Scale

A= 90- 100%  
B= 80- 89%  
C= 70- 79%  
D= 60- 69%  
F= 40- 59%

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I have read and understand the curriculum letter and discipline policy for this Health Sci. class.

\_\_\_\_\_  
Printed student name      &      Period

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Parent signature

### Missed/Make-up and Late Work

- It is the responsibility of the student to ask for missed work or tests.
- Students who have an excused absence will be given 3 days to make up missed work.
- Make-up work and/or tests will not be allowed for students who are truant (unexcused absence.)
- Late work will receive a reduction in points and can only be submitted during the same Unit.

### Class Rules

- Refrain from talking when the teacher, guest speaker or another student is talking.
- No food, drinks or gum in the classroom. Water is allowed (**bring a refillable bottle.**)
- Raise your hand if you need to be out of your seat for any reason.
- 4 bathroom passes will be issued per quarter. Once they are used, **requests to leave the room will be denied.**
- All absences must be cleared by the Attendance Office.
- Profanity is unacceptable.
- Dress according to the Loara/AUHSD Dress Code Policy. No hats or hoods on in class.
- **In accordance with California law, no cell phones or AirPods/headphones are allowed in class. Students are required to put their phones in the designated area at the front of the classroom for the duration of class. Failure to do so will result in disciplinary action and confiscation of the phone by Campus Security or an Asst. Principal (AP.)**

### Discipline Policy

*I believe that all students have the capacity to behave appropriately in class and to work cooperatively with others; any action by a student that interferes with my ability to teach and the ability of others to learn will not be tolerated.* My progressive discipline policy includes speaking with the student, calling the parent, assigning detentions, parent meetings, referrals to an AP, and classroom suspensions.

### Human Reproduction & STD Instruction

This class will include instruction on the human reproductive systems, birth control and sexually transmitted diseases/HIV. You have the option of reviewing classroom materials and/or opting out of this content for your child. A separate letter will be sent to you regarding approval of this instruction (CA Healthy Youth Act.)

### Parent-Teacher Communication

Please access **Aeries** to monitor your child's progress. I *welcome* questions from parents and guardians. I am available by phone after 3:17pm or by scheduled meeting. I can be reached by email **glabb\_a@auhsd.us** or by school phone (714) 999-3677. I also have an Instructional Aide in most of my classes who assists the students.