

BASEBALL EQUIPMENT LIST



Provided by the League

Game Jersey and Hat

Game jerseys and hats will be distributed prior to the first game. These cannot be worn during practices. Major jerseys are to be turned in at the end of each season, altering the jersey in any way beyond normal wear and tear will result in a monetary charge to cover the cost of a new jersey.

Baseballs

Practice and game balls will be available at all practices and games.

Catcher's Gear

All catchers must wear approved chest protectors with neck collar, throat guard, shin guards and catcher's helmet, all of which must meet Little League specifications and standards. Players who play this position on a regular basis may want to purchase their own set of catcher's gear.

Not Provided by the League (Required)

Glove

Gloves are required at all practices and games. Avoid buying an oversized glove. Beginners should stick to a smaller glove for additional control. It does take time to break in your new glove, so it may be difficult to use at first.

Pants, Socks and Belt

We require gray pants to be worn for all games. We recommend buying multiple pairs for practices and games if possible. Coaches will select the appropriate color socks and belt to match the uniform. Note: If pants are below the ankle, color matching socks are not required.

Cleats

Baseball cleats are required and one of the most important baseball items you can buy your child. Cleats prevent slipping on grass and infield surfaces. Only molded rubber cleats are allowed, metal cleats are not permissible.

Athletic Supporters/Cups

All male players in divisions higher than Tee Ball must wear an athletic supporter and cup for their protection per Little League rules.

Not Provided by the League (Recommended)

Helmet

Most players have their own helmet, however, the league does provide some helmets to be shared amongst the team. It's important that helmets be sized properly so they do not fall off during the course of the game. Face guards are permitted.

(Con't on next page)

Baseball Bat

Most players have their own bat, however, the league does provide some bats for team use. It is essential that you select a baseball bat that fits your skill level, height, weight, and hitting strength. All bats must be stamped 'USA Baseball' similar to the example below, and conform to the specifications approved by Little League for use in their various divisions. More info can be found online at - <https://www.littleleague.org/playing-rules/bat-information/>



Batting Gloves

Batting gloves are optional but recommended as a personal preference of the player. They can help grip the bat, especially when hands are sweaty.

Baseball Hat/Cap

Baseball hats or caps are a staple of the game. They help keep sun out of the player's eyes and can also help control sweat. Game hats may not be worn during practices but are required for games.

Equipment Bag

Equipment bags are optional but are very nice to have.

Long Sleeve Undershirt

Long sleeve undershirts are optional, but they keep the player warm for any of those cold spring games. It is encouraged to coordinate with the coach regarding preferred color. **Note:** Pitchers cannot wear white sleeves.

Practice Shirts

Game jerseys are not permitted to be worn during practices. Old t-shirts or long sleeve shirts are recommended, depending on the weather.

Water Bottle

It's important to keep hydrated, especially during late-spring and summer when temperatures begin to rise. Even in cooler temperatures, players will sweat so it's important that they replenish those fluids regularly. Coaches will allow water breaks during practices.