

2025 Legend Summer Camps

~High School Camps~

Softball

High School Team Camp ~ Incoming 9th-12th grade

August 4-6 3:30-5:30pm

LHS Softball Field

\$50

Equipment: Cleats, bat, helmet, glove, water bottle

Description: Camp will focus on offense and defense development. Camp is structured to introduce all campers to the skills and drills that will be run during the high school softball season. Coaches will take into account age and skill differences.

Contact: kshirk@dcsdk12.org

No refunds after camp has started



[Softball Team Camp](#)

Boys Golf

Legend Boys' Golf Camp

Legend High School will hold a golf camp for all incoming 9th graders through seniors on July 14th and 16th at The Links in Highlands Ranch (be at the course by 11:00. The cost of the camp is \$60 for each day of camp (includes greens fees, range token, snacks and drinks). Participants will play 18 holes each day. Participants are expected to have played 18 holes and have golf experience in order to attend.

Contact ~ Coach Nelson, jnnelson@dcsdk12.org



[Boys Golf Camp](#)

Boys Tennis

- Days:
 - Tuesday 9-12:30 pm (skills and drills 9-11 am, S&C 11:30-12:30 pm)
 - Thursday 6-8 pm (match play- ladder)
 - Saturdays- 9:00-10:00 am- *optional for non-varsity athletes, encouraged for all levels but it will cap out at 15*
- Dates:
 - Week of June 10th- June 26th (6 sessions, 9 sessions with Landow option- extends to June 28th)
 - Week of July 7th- July 24th (6 sessions, 9 sessions with Landow option- extends to July 26th)
- Location:
 - Tuesday and Thursday - at LHS
 - Saturday- [Landow Performance](#)
- Cost:
 - \$350 for LHS only
 - \$425 including Landow

Contact ~ Coach Manzanares, mkmanzanares@dcsdk12.org



[Boys Tennis](#)

~Girls Tennis~

Incoming 9th-12th grades

June 10- June 26th

Tuesdays: 9-11am (Drills)

Thursdays: 6-8pm (Match Play)

Location: LHS Tennis Courts

Cost: \$150

Contact ~ Coach Smallwood, tsmallwood1@dcsdk12.org



[Girls Tennis](#)

Boys Wrestling

Incoming 9th-12th grades

May 2nd - July 31st Mondays, Wednesdays & Fridays

3-5pm in the Wrestling and Weight Rooms

\$200

Contact ~ Coach Aguilar, aaguilar1@dcsdk12.org



[Wrestling](#)

Boys Soccer

For Incoming Freshman and Sophomores

Camp 1 ~ June 16th-19th 2:30-4pm

\$95 (T-shirt included)

Camp 2 ~ Fitness and Technical Skills Camp

July 7-17th (M, W, Th) 3:30-5:30pm

\$100

Camp 3 ~ Pre-Season Camp

July 21-31st (M, W, Th) 3:30-5:30pm

\$100

All camps will be on the Legend Blue Turf, and will use the weight room as well

Contact, Coach Pennington dpennington@dcsdk12.org



[Boys Soccer](#)

Girls Volleyball

Open Gyms

Open Gyms for Legend high school players, including incoming freshmen and will take place in May, June and July. We will have freshmen and sophomores on separate dates than Juniors and Seniors.

INCOMING FRESHMEN AND SOPHOMORES.

Wednesday from May 7th- July 30th from 6:00pm-8:00pm

May: 7th, 14th and 28th from 6:00pm-8:00pm (14th & 28th at CIMS Gym)

June: 4th, 11th, 18th, 25th from 6:00pm-8:00pm (4th at CIMS Gym)

July: 16th, 23rd, 30th from 6:00pm-8:00pm (JULY 1st-4th OFF for Holiday)

JUNIORS, SENIORS AND PAST JV/VARSITY PLAYERS

Fridays from June 6th- August 1st from 10:00am-12:00pm

June: 6th, 27th from 10:00am-12:00pm (6th at CIMS Gym)

July: 11th, 18th from 10:00am-12:00pm

August: 1st from 10:00am-12:00pm

Camps

Legend High School Girls Volleyball Skills camp- 9th-12th grade- (July 7th - July 10th, 4pm to 6pm: \$175)

This camp is a 4 day intensive volleyball camp for all high school girls needing to fine tune their skills. This camp will focus on individual skills on each day as well as game play. We will be introducing mental toughness training as well to get a head start on this coming season. All areas of volleyball will be covered - Passing, Setting, Hitting, Serving, Blocking, Defensive Technique and Teamwork. The Legend coaching staff will be leading this camp.

REGISTER NOW AT FOLLOWING LINK: [Skills Camp](#)



Legend High School Girls Pre Tryout camp- 9th-12th grade- (August 4th-August 6th, 3:30pm to 6:30pm: \$175)

This camp is a 3 day intensive volleyball camp for all high school girls needing to prepare for tryouts. This camp will focus on individual skills on each day as well as game play. This camp will be intense, as it is destined to simulate tryouts. We will be introducing mental toughness training as well to get a head start on this coming season. All areas of volleyball will be covered - Passing, Setting, Hitting, Serving, Blocking, Defensive Technique and Teamwork. The Legend coaching staff will be leading this camp.

REGISTER NOW AT FOLLOWING LINK: [Pre Tryout Camp](#)



Team Camps for Varsity and JV Level

Grandview Volleyball Camp (Varsity Only) \$60 per player.

Please contact coach Madi Busler if you are interested in this camp as we will be more selective on the athletes.

Madi Busler: mbusler@dcsdk12.org

UNC Team Camp \$420 per player

We are so excited to be involved in this camp this year. This is going to be a 4 day camp hosted at UNC in Greeley. All players will spend 3 nights in the dorms and will be provided meals at the school dining hall. This is going to be phenomenal competition for both the JV and Varsity teams. Please contact coach Madi Busler if you are interested in this camp as it will be more selective. Madi Busler: Mbusler@dcsdk12.org

Volleyball Training

ELITE SPEED SPORTS PERFORMANCE (June-July Wednesdays @5:00pm and Fridays at 12:15pm: \$300)

This training is going to involve strength, conditioning and agility. These are crucial parts of training to create a powerful team. All girls interested in improving their skills, preventing injury and becoming stronger need to be involved in this training. Each player will be getting 16 sessions over 8 weeks with the week of July 4th being off.

REGISTER NOW AT FOLLOWING LINK: [Elite Speed](#)



Cross Country

June 2nd-July 25th (8 weeks of training)

Mondays, Tuesdays, Thursdays & Fridays 8-9:15am

Wednesdays 6-7:15pm

Locations TBD

Cost \$215

Contact Coach Acosta, aacosta1@dcsdk12.org



[XC Running Camp](#)

Girls Lacrosse

Incoming Freshmen & Current High School Players:

- Run through South Suburban. These games run on Thursdays from June 12 to July 17th. Practices will be on Tuesdays with the middle schoolers. Games and practices are between 4-8 pm.
- Registration should open soon and will close on May 31st.
- Put my name, Grace Aschenberg, or Legend Girl's Lacrosse down when you register to be on my team.
- Interest form:

https://docs.google.com/forms/d/e/1FAIpQLSdgo-aLQCYkSn0bCVpU9PGDQxMABSYfjPVE-vo_gi0JdWD1PQ/viewform?usp=sharing

Current High School Players:

- Highly encouraged to join Colorado Command
- Tryouts for Summer League are on May 20th!
- <https://www.commandlax.com/>
- This team is great at developing players at our level and I am confident all my players would succeed in this program.



Girls Lacrosse Summer

Baseball-CANCELLED

Baseball Skills and Weightlifting Camp

Tuesday -Thursday Weight Room & Baseball Field

Cost \$275

June 10th - July 10th 11:30-1:30pm

Contact Coach Boyd, sboyd@dcsdk12.org



[Baseball](#)

Boys Basketball

Summer Tryouts

Incoming 9th-12 graders

May 12, 5:30-7pm LHS Gym

Parent meeting after tryouts in Library 7:15pm

Contact Coach Drake, dhudgins1@dcsdk12.org



[Summer Tryouts](#)

~Boys Volleyball~

Incoming 9th-12th grades

July 21st - July 24th

9am-12pm

LHS Gyms

Cost: \$300

Contact ~ Coach Matt, matng@dcsdk12.org



[Boys Volleyball](#)

~Girls Flag Football~

Legend Girls Summer Flag Football League

Cost: \$125



[Girls Flag Football](#)