

Confirmation Patron Saint Report 2025-2026

Saint Bartholomew Catholic Church
6900 River Road, Bethesda, MD 20817



The Saints, heroes of the Catholic faith, often took a new name as a public witness of their choice to live as a follower of Jesus. Anjezë Gonxhe Bojaxhiu is Saint (Mother) Teresa and Karol Józef Wojtyła is Saint (Pope) John Paul II.

It's the same way with Confirmation. You choose a Saint to be named after who has similar interests and gifts as you. That Saint will be your Patron, a supporter who will help you use your gifts for the glory of God and the good of your neighbor. If you're interested in medicine, read about St. Luke. Future teachers could choose St. Elizabeth Seton or St. John Bosco. There is a Patron Saint for every job, country, sport, hobby, and need.



Elizabeth Seton

Your new name and the commitment it represents is so serious, at Confirmation the Bishop will only address you by your Patron Saint's Name.

Format (Either 1. Or 2.)

1. A Written Paper: 500 – 1,000 words, typed and double spaced, that answers all three content questions below.
2. A Slides Presentation with words/images that responds to all 3 Content questions and shows the time/effort equal to writing a paper.

Research Guidelines

Use a minimum of two (2) sources and cite them in a Bibliography. For American Saints: <https://www.usccb.org/prayer-and-worship/prayers-and-devotions/saints/american-saints-and-blesseds>
Saints and Angels: <https://www.catholic.org/saints/>
Saints: <https://mycatholic.life/saints/>

Content Questions: Respond to all three (3) questions:

1. Who is my Patron Saint? What talents or interests do we have in common?
2. Where and when did my Saint live? What was the Church and world like when they lived? How did my Saint make a difference in the world and in the Church?

Read the words of Teresa of Avila, a Spanish Saint who lived from 1515-1582.

Christ has no body now but yours, no hands, no feet on earth but yours,
Yours are the eyes with which he looks compassion on the world,
Yours are the feet with which he walks to do good;
Yours are the hands with which he blesses all the world.

3. Could I be Christ's hands and feet today as my Saint was in his/her time?

Please, remember to capitalize the name God.