

2025 - 2026 Rolling Prairie Wrestling

Dear Parents,

I am looking forward to coaching a great year of Bulldog Wrestling. For any newcomers, I am Coach Andrew Maez and have been coaching wrestling from the elementary to high school level for the last 20 years. I strive to build competitive wrestlers at the elementary level.

Your son or daughter will learn the basic wrestling moves and much more. We teach them teamwork, respect and sportsmanship. Being part of this team is more than just learning the basic skills and moves of wrestling. There will be bus transportation from Rolling Prairie to the high school for daily practice. Students will be dropped off at 3:30. Practice will run from 3:30-5:00. **PLEASE BE AWARE THAT THERE IS ZERO TOLERANCE FOR MISBEHAVIOR ON THE BUS. ANY BUS WRITE UPS WILL RESULT IN IMMEDIATE REMOVAL OF BUS RIDING PRIVILEGES.**

Rules and Requirements

1. There will be no cutting weight. Your child will wrestle at their natural body weight.
2. A bus will transport students from RPE to practices held at NPHS. Parents will need to pick their child up at the end of practice (5 p.m. CST). Please go to door N18 at the high school.
3. Be on **time** and ready to go.
4. Always come to practice, wrestling is a physical sport and they will be sore.
5. I allow parents to come and watch their sons at wrestling; however I do ask that the coaching will be left to the coaches.
6. T-shirts and shorts are acceptable practice gear. You do not need to go buy wrestling shoes but recommended. NO jeans or pants with zippers are allowed.
7. This is for grades 1st through 5th.
8. Girls may sign up but they will only be allowed to wrestle other girls during matches. If there are not any other female participants they will not be able to compete.

If you have any questions, please feel free to call:

Andrew Maez – Rolling Prairie Elem. Coach 219-778-2018 or 574-250-0331

How to sign up online

1. Go to the Rolling Prairie Webpage
2. Mouse over the info tab, and go down to athletic, then click on elementary athletics website
3. Go to wrestling tab, go to the Rolling Prairie Sign up Form, and click on that
4. Fill out the form!

You can also just scan this qr code and it will take you directly to the sign up form.



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