

PATIENT TESTIMONIAL REPORT

Official Individual Testimony Submission Format

PATIENT NAME: Mr. Soe Nging/ Lachmon

DIAGNOSIS: Ataxia (impaired balance/coordination), Difficulty in speech, Weak memory, Swelling of the feet, Frequent urination, Disturbed sleep

CASE HISTORY & MEDICAL JOURNEY

Mr. Soe Nging / Lachmon, a 63-year-old male patient from Burma, was admitted with multiple neurological and general health complaints. His primary concerns included **ataxia with poor body balance, difficulty in speech, weak memory and forgetfulness**. In addition, he was experiencing **unclear bowel movements/constipation, swelling in the feet, frequent urination, disturbed sleep, and itching in the thigh**. These symptoms, particularly the balance disturbance, speech difficulty, and memory problems, were affecting his overall physical functioning and day-to-day well-being.

After admission in **Dr. BRC Hospital - Premier, Sector 42, Gurugram**, the patient was placed on a structured treatment program consisting of **HWI, Neem Therapy, Mud Therapy, Basti, Castor Oil leaf Wrap, Oil Pulling Therapy, Kashay Pulling, Shirodhara, Potli Therapy, and Steam Therapy**. He was also advised to follow a **DIP Diet** as part of the treatment and supportive management plan.

Following **7 days of therapy**, noticeable improvement was documented in several of his presenting complaints. His **speech improved, bowel movements became clear, swelling in the feet decreased, and memory showed improvement**. His **sleep became sound and urinary frequency returned to normal**. The patient also reported **feeling better overall after undergoing the prescribed therapies and treatment**. According to the available progress note, the short-term treatment period resulted in improvement in multiple symptoms and an overall enhancement in his general well-being.

CLINICAL COMPARISON: BEFORE & AFTER TREATMENT

Medical Parameter	Before (Aug, 2025)	After (July, 2026)
Medical Condition	Ataxia (impaired balance/coordination), Difficulty in speech, Weak memory, Swelling of the feet, Frequent urination, Disturbed sleep	Better
Hospital Name	Fortis Hospital, Gurugram	DR. BRC Hospital – Premier, Gurugram
Medications / Protocols	Syndopa, Rivamer, Pramipex, Decadurabolin, Evion LC, Magrium	1. DIP Diet -100% 2. Sunlight 3. Hot Water Immersion Therapy 4. Neem Therapy, Mud therapy 5. Shirodhara, Oil and kashay pulling 6. Potli, steam, castor oil leaf wrap 7. Basti
Physical Discomforts	Difficulty in speech, bowel not clear, swelling in feet, weak memory, forgetfulness, frequent urination and disturbed sleep	Improvement in speech, bowel clear, swelling decreased, sound sleep, urine output better
Investigations / Tests	--	--

Broadcast Note: *This document contains verified individual clinical records formatted for case studies, media broadcast, and informational outreach.*