

Robert Rhoton - Certified Family Trauma Professional Intensive Training

Faculty:

Robert Rhoton

Duration:

12 Hours 3 Minutes

Format:

Audio and Video

Copyright:

Apr 06, 2016

Description

This intensive training you'll get tools and strategies to better treat and heal trauma that exists within the family. Learn how to improve the lives of children, adolescents and their caregivers by increasing quality of stability and connection that is shared between family members — before it's too late.

Dr. Robert Rhoton will show you how the treatment of children and adolescents is enhanced by approaching treatment from a family based perspective. He will teach a process for stabilizing families to improve outcomes of trauma focused treatment. You will be able to help reduce the shame, guilt and judgement that are a result of the trauma and stress that are active within families.

Leave this training with greater confidence in treating trauma in children and adolescents, as well as, reduce the impact of that trauma on their family or caregivers.

Learn how to capture the resources of a family to improve care and create greater safety and stability for the family. This approach has the ability to not only improve the life of a child, but change the dynamic of an entire family for the better. Come and learn how to deeply impact children and adolescents through family engagement and treatment for trauma.

Best of all, this training meets the educational requirements when applying to become a **Certified Family Trauma Professional (CFTP)** through Evergreen Certifications. Certification lets colleagues, employers, and clients know that you've invested the extra time and effort necessary to understand the complexities of trauma counselling and the dynamics of family counselling. Professional standards apply. Visit www.evergreencertifications.com/CFTP to get started!

Handouts

Outline

Day 1

- Trauma: The Creator of Adaptive and Maladaptive Behavior Traumagenesis
 - Neurobiology/physiology and the creation of adaptive responses
 - Adaptive responses and reason, planning or intentionality
 - Environmental activators of the threat response system
- How Trauma is Created and Maintained in Families
 - Adaptive and maladaptive behaviors
 - Patterns become family culture
 - Family culture becomes a transfer agent between generations
- The Impact of Trauma on Family Culture
 - Patterns and genetics
 - How beliefs and personally relevant truths are established
 - Family homeostasis based on trauma and the resultant behaviors
- Assessing Family Trauma
 - Traumagenic assessment process
 - The 7 domains of assessment for families
 - Family Strengths and Needs and Trauma Assessment FANS-T
- Stabilizing Families for Treatment
 - Reactive adaptation to help families feel safe in therapy
 - Normalize the reactions that operate in the family
 - Build hope through compassion and respect
 - Engage families in the process of treatment

Day 2

- Treatment from a Family-Based Prospective
 - Benefits of treating families over children for trauma
 - Neurobiological sound approach to treatment
- Essentials for Family-Based Trauma Treatment
 - Manage self and keep out of the threat response system
 - Calm parties by educating them on the treatment process
 - Focus on function over behaviors
 - Deal with shame, guilt and judgment
- IATP Treatment Structure for Families
 - Active ingredients applied to family treatment
 - Relationship building: Safety and predictability in treatment
 - Psychoeducation
 - Self-regulation skill building
 - Growth and resilience in families

- Models of Treatment for Families
 - Figley's family trauma treatment
 - ARC – Attachment, Regulation and Competency
 - CPP – Child and Parent Psychotherapy
 - Brier and Langtree's Self-trauma treatment structure
 - Relationship enhancement play therapies
- Resolution of Trauma within Families
 - Put families on the pathway to growth and resilience
 - Activities to help families prepare for intervention
 - Examine family culture for activators
 - Create a shared language around common elements

Faculty



Robert Rhoton, PsyD, LPC, D.A.A.E.T.S. Related seminars and products: 5

Vice President

International Association of Trauma Professionals

Robert Rhoton, PsyD, LPC, DAAETS, is a retired faculty member from Ottawa University (Phoenix) where he worked for 20 years in the Behavioral Sciences and Counseling Department. Dr. Rhoton's primary interests are training counselors to work with traumagenic family dynamics; child & family trauma; and non-egoic models of treatment.

As CEO of Arizona Trauma Institute, Dr. Rhoton has supervised multiple outpatient clinics, juvenile justice programs, and intensive outpatient substance abuse programs for adolescents, as well as day treatment programs for children and youth, adult offender programs, child and family therapeutic services, advanced training in child and adolescent trauma treatment, family therapy, and family trauma work.










Dr. Rhoton is the past president of the Arizona Trauma Therapy Network (2010-2012). He is a Diplomate of the American Academy of Experts in Traumatic Stress and collaborates and consults with several Arizona community behavioral health agencies to fine tune their understanding of trauma. Dr. Rhoton serves on the Arizona Department of Health Services Trauma Informed Care (TIC) task-force as a community member. He is a gubernatorial appointee to the Arizona Board of Behavioral Health Examiners and Governor's Office of Youth, Faith and Family.

Speaker Disclosure:

Financial: Robert Rhoton is CEO of Arizona Trauma Institute, LLP. He receives compensation as an Assistant Professor in the Behavioral Sciences and Counseling Department at Ottawa University. Dr. Rhoton receives a speaking honorarium from PESI, Inc.

Non-financial: Robert Rhoton serves on the Arizona Department of Health Services Trauma Informed Care (TIC) task-force as a community member and is also a gubernatorial appointee to the Arizona Board of Behavioral Health.

Proof Content

	Handouts			7.3 MB
	2. 2-Day Certified Family Trauma Professio... .mp4			3.2 GB
	1. 2-Day Certified Family Trauma Professio... .mp4			3.2 GB