

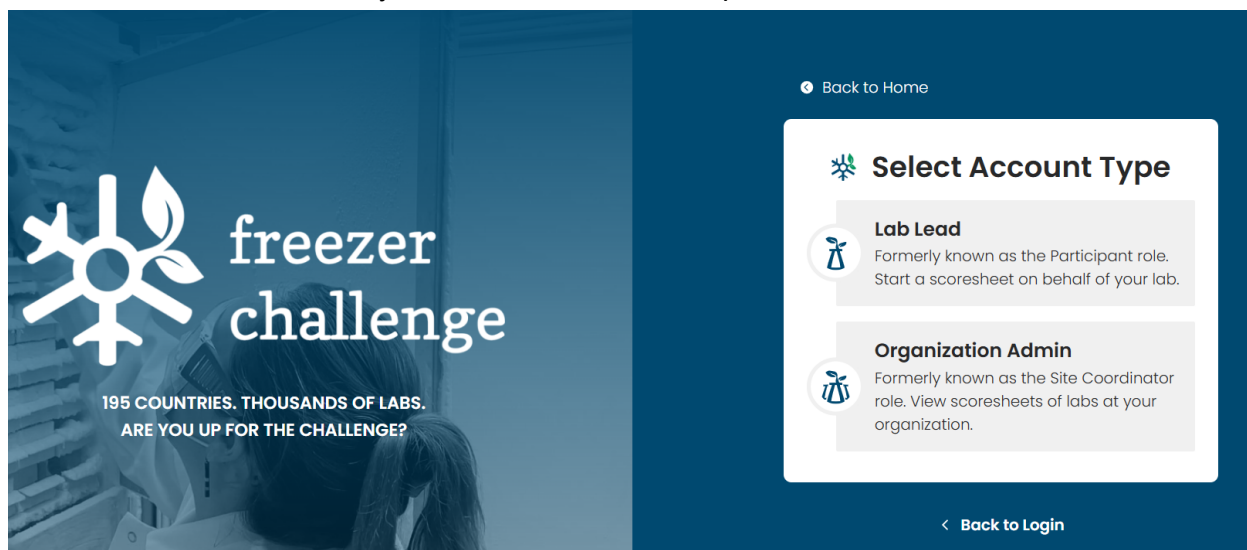
Freezer Challenge Registration

Welcome to the [International Freezer Challenge](#)! This is a free competition designed to help laboratories be more sustainable and efficient with their cold storage (refrigerators, freezers, liquid nitrogen storage, cold rooms, etc.). In 2024, over 3000 laboratories worldwide competed with 62 laboratories at the University of Michigan.

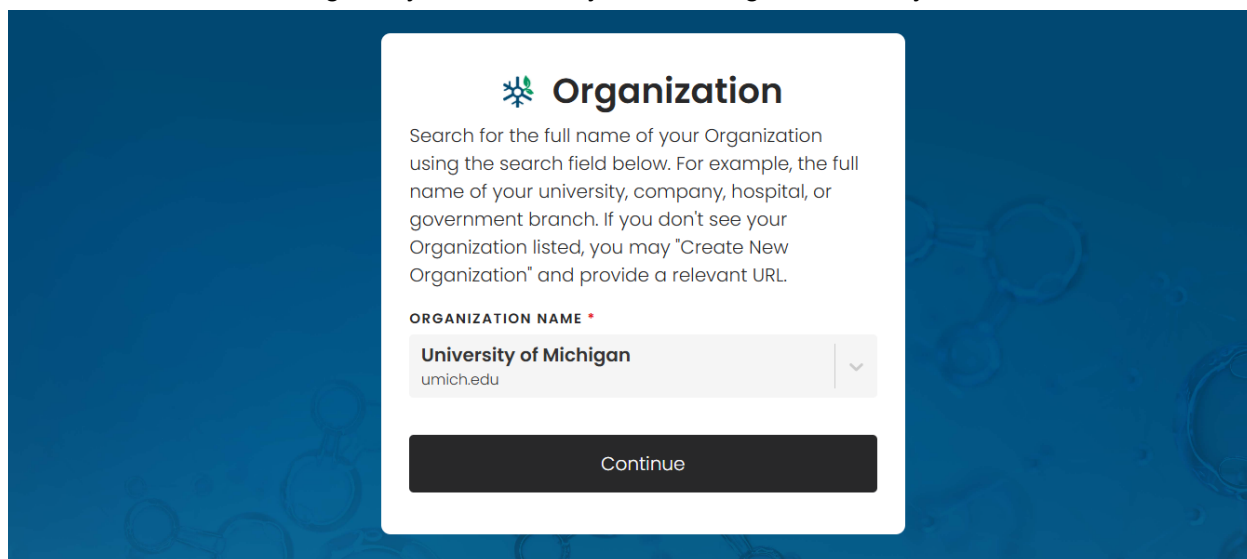
This document will guide you through registering for the challenge. If you have any questions or need any help, please reach out to sustainable-labs@umich.edu. We're here to help!

Steps to Registering

1. Follow [this link](#), select **Lab Lead**, and create your account. It will ask you to verify your email address. Go to your inbox to continue the process.



2. For all University of Michigan Ann Arbor labs, please select the **University of Michigan** as your Organization Name. **Do NOT create any new organizations.**
 - a. Then designate your laboratory's name: e.g. Biodiversity Lab.



Now you are all registered! Congratulations! Thank you for taking this first step to helping U-M and your lab be sustainable in research. Now you may begin filling out the scorecard. All actions in the scorecard must be completed between July 2025 and June 2026.

- Scorecards **MUST** be submitted by June 30, 2026.
- Scorecards can be completed on demand/in chunks. You do not need to fill it out all in one go!
- If you accidentally submit your scorecard before you are completed, email programs@mygreenlab.org with "Reopen Scoresheet" in the subject line and the support staff know that you need access to your scoresheet again.

Resources

- [UM Freezer Challenge Website Hub](#)
- Did you know you are eligible to win an [international award for your lab](#)?
 - By joining the University of Michigan's organization, you increase our chance to be recognized internationally too!
 - U-M's top small and large lab in the Medical School, LSA, and SPH will receive \$250 in sustainability-related grant funding and all participating labs will be invited to an awards ceremony
- Need help defrosting your freezers? OCS has you covered. Rent out our [Freezer Maintenance Kit](#) and use the EHS Freezer Defrost Guide
- Want some free swag to show off your cold storage sustainability? Request free magnets from OCS [here](#).
- Documents:
 - [OCS ULT Fact Sheet](#)
 - [UM -70 Database](#)
 - Curious about all things efficiency for cold storage? [This document](#) is full of wonderful information to maximize the efficiency and sustainability of your ULTs