



KINDNESS WEEK!

Iron Horse Elementary School

April 21st-April 24th 2025

SLT Classroom Ambassadors

Date	Learn!	Reflect	Action!!
Monday April 21st	Kindness is Cooler, Mrs. Ruler!	What does it feel like to receive an act of kindness? What does it feel like to give an act of kindness? Which feeling do you prefer and why?	Kids: Make Kindness posters to hang in classrooms, pods, and hallways to promote Kindness Week. Poster Ideas Teachers: Create a high five station in your class, when someone does something helpful reward it with a high five!
Tuesday April	Kindness Boomerang	Sign here if you want to do your very best to live a life in which you are kind	Dance Party with your classmates and/or family to celebrate!!

22nd		and respectful! <u>Iron Horse Kindness Pledge</u>	Positive Songs for your Dance Party: Pharrell: Happy <u>LINK</u> Journey: Don't Stop Believing <u>LINK</u> Justin Timberlake: Can't Stop the Feeling <u>LINK</u>
Wednesday April 23rd	<u>The Ripple Effect of a Kind Act</u> This video shows how other people accidentally see people doing a kind act and then they choose to do a kind act too!	Without naming names, tell about a time when you saw someone at school do a kind act and they didn't know that you saw. Maybe you saw a student down the hallway give another student a hug when that other student was sad. In your own words, describe what is a ripple effect of kindness.	Look for people doing kind acts. Then, be like the video and do another kind of act! Kindness is contagious! Call a friend or family member that you haven't spoken to for a while just to say hello and tell them why they are important to you.
Thursday April 24th	<u>9 Random Acts of Kindness</u>	Reflect: If you do a random act of kindness for a stranger and don't get to see their reaction, do you think you would still feel good?	Give a compliment to at least 2-3 people today!

		Does age matter when it comes to acts of kindness or can anyone, no matter how young or old, help others?	
Friday April 25th	The Ripple Effect of a Smile	In this video, ____ was a VERY smiley, positive person. Do you think that someone needs to smile as much as she does to make a positive ripple effect? Why or why not?	Try to smile more and be aware of it, a good place to practice this is in your morning circles/meetings with your classmates.