



Yorktown Central School District



September 2025

Dear Parents/Guardians,

We hope everyone is having a wonderful start to the school year! We wanted to reach out with a few reminders of some common childhood illnesses to be on the lookout for as we enter the respiratory season. Continue to be diligent in monitoring for strep throat, flu, COVID, coxsackie, etc. Some other common childhood health issues to monitor include lice.

We ask that you keep your child(ren) home when feeling unwell especially during cold and flu season to help keep everyone healthy.

Please see below for some reminders for when to keep your child home;

- **Fever (>100.4°):** Your child should be fever free for 24 hours without the use of fever reducing medications to return.
- **Vomiting/Diarrhea:** Your child should be free from vomiting and diarrhea for 24 hours to return.
- **Respiratory symptoms:** Your child should be symptom improving and overall feeling well and able to make it through a full day of school to return.

To help control the spread of lice we encourage you to make head checks part of your weekly routine. If you see any lice or nits, please discuss the matter with your private health care provider to start treatment and notify the school nurse.

If your child is seen by a provider and has a confirmed diagnosis of any illness please report the results to the health office. We ask that you keep the health office informed so we can keep track of any trending illnesses. The health office will continue to keep you informed with class letters when illnesses are identified in clusters.

Please call the health office with any questions and view the [YCSD Nurses website](#) for information on trending illnesses and sick day guidelines.

Thank you,

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