The Book of Ephesians – Winter 2026

Course Syllabus
Abundant Life Institute (ALI)

Course title:	**The Book of Ephesians**
Instructors:	Rev. Michael Williams, Master of Ministry (MMin) michael.williams@abundantlife.org Sis. Leslie Williams, Master of Ministry (MMin) mlwilliams1994@gmail.com
Meeting times:	**Tuesdays, 6:30pm – 8:00pm**
Course Description:	This Bible study offers an in-depth exploration of the Apostle Paul's letter to the Ephesians. Through historical background, theological teaching, guided discussion, and spiritual formation practices, participants will explore how God's eternal purpose is revealed in Christ and lived out through His people, the Church. Special attention is given to themes of grace, reconciliation, spiritual maturity, and faithful living in a complex and often challenging world. This course is both informative and formative, equipping believers not only to understand Paul's message to the early church, but also to embody that message in daily discipleship, relationships, and ministry today.
Required Texts Fundamental Scripture:	
Course learning outcomes: (at the end of the course what will a student know, understand, be equipped to do, and/or appreciate that they did not prior to taking this course)	At the end of this course a student will be able to: 1. **Tell the story of the Ephesian church** and understand why Paul cared so much about them. 2. **Explain what it means to have an identity "in Christ"** and why that changes how we live. 3. **See how grace, unity, and reconciliation show up in real life**, not just in Bible verses. 4. **Recognize how God shapes us from the inside out**, helping us grow, mature, and live differently. 5. **Practice healthier, more Christlike relationships**—with better communication, humility, and love. 6. **Stand firm spiritually**, knowing how to use the "armor of God" in everyday challenges.
Evaluation criteria:	Students who attend 5 or 6 of the class meetings will receive a Certificate of Completion.

Winter 2026	Topics:
Week 1: Tuesday, 1/27	**Orientation**
Week 2: Tuesday, 2/3	**Session #1** Introduction to Ephesians & Ephesians Chapter 1: Chosen and Sealed in Christ
Week 3: Tuesday, 2/10	**Session #2** Ephesians 2: From Death to Life, From Division to Unity and Ephesians 3: The Mystery Revealed
Week 4: Tuesday, 2/17	**Session #3** Ephesians 4: Living Worthy of the Call and Ephesians 5: Walking in Love and Light
Week 5: Tuesday, 2/24	**Session #4** Ephesians 6: Standing Firm in Spiritual Battle
Week 6: Tuesday, 3/3	**Recap**