James Clemens Early Bird Invitational

Milton Frank Stadium, Huntsville, Alabama
Saturday, February 21, 2026

Meet Start Time: 9:00 a.m.

Facility: Milton Frank Stadium features a newly resurfaced 8-lane track with updated jumping and throwing areas completed May 2023. Seating capacity is approximately 10,000 with restrooms and concessions available.

Admission: S2Pass or cash accepted. Adults $9, children $5. Admission includes parking.

Meet Fees: $15 per athlete; $10 per relay. Maximum per team (per gender) $300; maximum per school $600.

Payment: Payment by check preferred prior to the meet but accepted on meet day. Checks payable to James Clemens High School – Track & Field. Mail to: E.L. Gaddy, Head Track & Field Coach, 11306 County Line Rd, Madison, AL 35756.

Equipment: Starting blocks will be provided. Schools must provide their own implements for shot put, discus, javelin, and pole vault. All implements are subject to inspection and must meet NFHS specifications.

Entries: Unlimited entries per event; up to three (3) relay teams per school per relay. Athletes may compete in a maximum of four (4) total events, including relays. Entry deadline is Tuesday, February 17, 2026 at 5:00 p.m. CST. No late entries will be accepted.

Clerking: No additions or substitutions will be permitted at the meet. Heats and field event flights will be completed in advance. Coaches and athletes are responsible for checking Xpress Timing for heat, lane, and flight assignments.

Sanctioning: This meet is sanctioned and conducted in accordance with NFHS and AHSAA rules. All competitors must represent their member high school and compete in school-issued uniforms. Club teams and unattached athletes are not permitted.

Awards: Team trophies awarded to the top three (3) teams in Small School and Large School divisions. Individual medals awarded to the top three (3) finishers in each event.

Rules: All events will be governed by the NFHS Track & Field Rules Book. Judgment calls are final. Misapplication of rules may appeal to the Meet Referee in accordance with NFHS procedures.

Scoring: Team scoring will be 10-8-6-5-4-3-2-1.

Hospitality: Hospitality will be provided for coaches and meet officials only.

Track Info: Track opens for warm-ups at 8:00 a.m. Coaches meeting at 8:30 a.m. First event at 9:00 a.m. Rolling schedule thereafter.

Field Info: Field events will operate on a rolling flight schedule. Once a flight concludes, the next flight will begin following a 10-minute warm-up.

Attempts: All field event competitors will receive three (3) attempts. All legal attempts will be measured and recorded. No finals.

Track Events Schedule (Rolling Schedule – Girls First)

- Girls 3200m (2 heats)
- Boys 3200m (2 heats)
- Girls 300m Hurdles
- Boys 300m Hurdles
- Girls 4×100 Relay
- Boys 4×100 Relay
- Girls 4×800 Relay
- Boys 4×800 Relay
- Girls 100m Hurdles
- Boys 110m Hurdles
- Girls 100m
- Boys 100m
- Girls 400m
- Boys 400m
- Girls 800m
- Boys 800m
- Girls 200m
- Boys 200m
- Girls 1600m
- Boys 1600m
- Girls 4×400 Relay
- Boys 4×400 Relay

Field Events Schedule

9:00 a.m.

- Long Jump – JVB / VB
- Shot Put – JVB / VB
- Triple Jump – JVG / VG
- Javelin – JVG / VG

11:00 a.m.

- Pole Vault – JVB / VB
- High Jump – JVG / VG
- Shot Put – JVG / VG

- Discus – JVB / VB

1:00 p.m.

- Long Jump – JVG / VG
- Javelin – JVB / VB
- Discus – JVG / VG
- High Jump – JVB / VB

1:30 p.m.

- Triple Jump – JVB / VB
- Pole Vault – JVG / VG

Minimum Marks

Event	Girls	Boys
Long Jump	13’0”	17’0”
Triple Jump	24’0”	34’0”
Shot Put	26’0”	34’0”
Discus	65’0”	90’0”
Javelin	65’0”	110’0”

Opening Heights

Event	Girls	Boys
Pole Vault	7’0”	8’0”
High Jump	4’0”	5’0”

Questions: Email: JCHS.TF.HeadCoach@gmail.com