

*Milk is offered every day at breakfast & lunch. Options: unflavored skim/1%, chocolate skim.

*Grades 3-5: Trojan Packs available Tuesdays, Wednesdays & Thursdays

*Grades 4-5: Salad bar available

Breakfast: \$1.80

Breakfast Adult: \$2.00

-includes entree, fruit/vegetable/100% fruit juice, milk

-students must choose 1/2 c fruit or vegetable + 2 other items

Lunch:

Grades TK-3: \$2.50

Grades 4-5: \$2.60

Adult or Guest Lunch: \$5.00

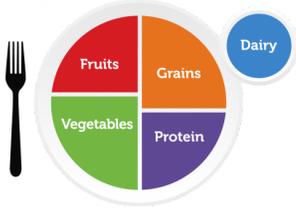
Extra Milk: \$0.55

What does a lunch meal consist of?

Students are encouraged to select 5 components (grain, meat, fruit, vegetable and milk); however, students are only required to select 3 components.

One MUST be a 1/2 cup fruit or a 1/4 cup vegetable.

WG = whole grain



MENU IS SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
West Marshall CSD does not discriminate on the basis of race, color, sex, sexual identity, national origin, disability, age or religion in its programs and employment.

Monday, Dec 29	Tuesday, Dec 30	Wednesday, Dec 31	Thursday, Jan 1	Friday, Jan 2
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday, Jan 5	Tuesday, Jan 6	Wednesday, Jan 7	Thursday, Jan 8	Friday, Jan 9
<p>Popcorn Shrimp Cottage Cheese Ranchero Beans Baby Carrots + Ranch Dip Hot Cinnamon Apples</p> <p>B: Fruit Pastry</p>	<p>Chicken Patty/WG Bun Sweet Potato Fries Romaine Lettuce Salad Pears</p> <p>B: Waffles & Sausage Link</p>	<p>Totchos (Tater Tots, Taco Meat, Cheese Sauce) Garlic Knot Corn Salsa/Sour Cream Mixed Berry Cup</p> <p>B: Breakfast Burrito</p>	<p>Chicken Alfredo Garlic Breadstick Roasted Brussel Sprouts Fresh Broccoli + Ranch Dip Orange Smiles</p> <p>B: Cinnamon Roll</p>	<p>Pancake & Omelet Celery + Wowbutter Hash Brown Patty Slushy</p> <p>B: Breakfast Sandwich</p>
Monday, Jan 12	Tuesday, Jan 13	Wednesday, Jan 14	Thursday, Jan 15	Friday, Jan 16
<p>Chicken Fries Hot Pasta Broccoli & Cheese Cucumber Slices + Ranch Dip Banana</p> <p>B: Biscuits & Gravy</p>	<p>Pulled Pork/WG Bun Chocolate Cake Baked Beans Coleslaw Apricots</p> <p>B: French Toast Sticks</p>	<p>Crispitos Corn Salsa/Sour Cream Mixed Fruit Cup</p> <p>B: Breakfast Pizza</p>	<p>Macaroni & Cheese Little Smokies Seasoned Carrots Pepper Strips Apple Slices</p> <p>B: Donut</p>	<p>Cheese-Stuffed Breadsticks Marinara Roasted Cauliflower Romaine Lettuce Salad Sour Raisins</p> <p>B: Breakfast Sandwich</p>
Monday, Jan 19	Tuesday, Jan 20	Wednesday, Jan 21	Thursday, Jan 22	Friday, Jan 23
<p>Corn Dog Green Beans Baby Carrots + Ranch Dip Grapes</p> <p>B: Dutch Waffle</p>	<p>Cheeseburger Wedge Fries Pepper Strips Orange Smiles</p> <p>B: Pancakes & Smokies</p>	<p>Chicken Taco / WG Tortilla (chicken fajita meat, shredded cheese) Spanish Rice Refried Beans Salsa/Lettuce/Tomato/Onion Applesauce Cup</p> <p>B: Breakfast Nachos</p>	<p>Lasagna Garlic Bread Roasted Broccoli Cauliflower + Ranch Dip Peaches</p> <p>B: Cinnamon Roll</p>	<p>Pizza Crunchers Marinara Mixed Vegetables (peas, corn, carrots) Romaine Lettuce Salad Strawberry Cup</p> <p>B: Breakfast Sandwich</p>
Monday, Jan 26	Tuesday, Jan 27	Wednesday, Jan 28	Thursday, Jan 29	Friday, Jan 30
<p>Popcorn Chicken Scooby Grahams Ranch Mashed Potatoes Cucumber Slices + Ranch Dip Banana</p> <p>B: Fruit Pastry</p>	<p>Breaded Pork Tenderloin/WG Bun Baked Beans Coleslaw Pears</p> <p>B: Pancake on a Stick</p>	<p>Grilled Cheese Tomato Soup Corn Pepper Strips Mandarin Oranges</p> <p>B: Breakfast Pizza</p>	<p>Cheeseburger Mac Dinner Roll Roasted Sweet Potatoes Fresh Broccoli + Ranch Dip Apple Slices</p> <p>B: Donut</p>	<p>Trojan Cheese Bread Marinara Roasted Cauliflower Romaine Lettuce Salad Slushy</p> <p>B: Breakfast Sandwich</p>