

Grades: Any

Writing Habits

Common Core Standard(s): CCSS.ELA-LITERACY.W.10

Materials Needed: Blank paper and pencil or chromebook/laptop for each student

Objective: Students will take notes and implement at least one strategy for improving their writing flow.

Lesson Plan

1. Although this class is geared toward writers, the strategies and tips can be used to help any student become more productive and make better use of their time. Let the students know this before starting the class. Tell students you want them to take notes on the different strategies Jeff gives in his presentation.
2. Play the class 'The Flow of Writing' by Jeff Wheeler. Students should take notes while they watch.
3. When the class is finished, have students share some of the notes they wrote. Let students add to their notes if something is shared they didn't write down.
4. End the class by having students star 2 things they are going to implement to get their writing flow going.
5. Check back in one week and have students write up whether they did the strategy and how it helped them.

*Advanced Application Activity

At home or in class have students work on their Google Calendar creating recurring routines for a well rounded life. Block out time daily for school, church, fun, rest, exercise, mindfulness, family time, social, goals, reading, writing, sports, music practice, study, focus, work, service, dinner and entertainment.

Group Discussion:

Invite students to share their system and how they were or were not able to stick to it. Why is it hard? Too complicated? Too easy? Not motivating? Screen time took over? Try to hone a schedule you can stick to and get the most out of living intentionally and balanced.