



MONDAY: September 20th, 2021

Breakfast: Strawberry Greek Yogurt / Graham Cracker Granola / Banana / Milk

Lunch: Chicken Tinga Bowl / Cilantro Lime Brown Rice Pilaf / Sweet Corn / Clementine / Milk

Snack: Cheese and Crackers

TUESDAY: September 21st, 2021

Breakfast: Southwest Breakfast Scramble / English Muffin / Banana / Milk

Lunch: Veggie Pasta Bake / Chopped Spinach Salad / Pears / Milk

Snack: Carrots and Avocado Ranch

WEDNESDAY: September 22nd, 2021

Breakfast: Croissant / Hard Boiled Egg / Turkey Sausage / Banana / Milk

Lunch: Smoked Turkey Cheese Wrap / Vegetable Medley / Strawberries / Milk

Snack: Chips and Salsa

THURSDAY: September 23rd, 2021

Breakfast: Maple Pancakes / Egg Scramble / Turkey Bacon / Berries / Milk

Lunch: Beef BBQ Tacos / Broccoli / Banana / Milk

Snack: Graham Crackers and Fruit Smoothie

FRIDAY: September 24th, 2021

Breakfast: Smoked Turkey Spinach Quiche / Banana / Milk

Lunch: Teriyaki Beef / Vegetable Medley / Jasmine Rice / Apples / Milk

Snack: Cheese and Crackers