

SUMNER - VEGETABLE-BARLEY MEDLEY INGREDIENT LIST

1 15 ounce can black beans	1 Amanda K
1 14 ounce can vegetable broth	2 Elliot T
1 14 ounce can vegetable broth	3 Jack F
1 14 ounce can vegetable broth	4 Evan M
1 12 or 14 oz can diced tomatoes	5 Kate M
1 12 or 14 oz can diced tomatoes	6 Lauren H
1 10 ounce package frozen whole kernel corn	7 Allie B
3 stalks of celery, chopped	8 Jake H
1 Large onion chopped	9 Keturah W
½ cup Regular Barley	10 Renee C
1 Red pepper Chopped	11 Torri R
1 Red Pepper Chopped	12 Eric G
1 Green pepper chopped	13 Ashley N
2 Medium Carrots thinly sliced	14 Ben J
2 Medium Carrots thinly sliced	15 Jillian S
1 Medium zucchini, halved lengthwise, thinly sliced	16 Mikel R
1 Medium zucchini, halved lengthwise, thinly sliced	17 Mohammed
1 Summer Squash - thinly sliced	18 Brian C
2 Cloves of garlic minced	19 Jayden S
1 15 ounce can of Red Beans	20 Jared D
	21 Jack S
2 tablespoons dried parsley	HR teachers
1 teaspoon dried oregano	HR teachers
½ teaspoon salt and ½ teaspoon pepper	HR teachers
¼ teaspoon black pepper	HR teachers
1 tablespoon lemon juice	HR teachers