Research shows that making random acts of kindness considerably raises happiness levels in people of all ages. Why make a random act of kindness? What such acts have you done or are planning to do in the future?

Being kind to others ~~people~~ is easy, but it can mean a lot to them. By helping others when they need something, or even by smiling at them, can make their day a lot better. Simple things like that are important for someone who is having a bad day.

It ~~does not~~ (doesn't) how old you are, everyone needs people in their lives who care about them and make them happier. For ~~example~~ (example,) offer your seat to an elderly or if you find a homeless person in the street, or a poor family ~~with children~~ you can give them some money to buy some food. ~~I am~~ (I'm) sure they will be thankful. Also, I bet a lot of kids who live in orphanages would love to have a new toy.

~~Personally I have~~ (I personally, have) given a few (of my) old toys away (,) but I have not done anything remarkable (just) yet. ~~Although I really want to.~~ I am planning on donating money and clothes to u̲nicef (Unicef) or other similar organizations that ~~raize~~ (raise) money to help other people (in need).

Everyone has the chance to change the world! Inspiring them to be happy and making them believe that they matter, is just by simple act of kindness. A simple kindness is a great thing that everyone should do.

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