REGION / DISTRICT TOP TIGERS

REGION / DISTRICT CHAMPIONSHIP TEAMS

Year	Sport	Region / District Finish
2026	Women's Volleyball	Region 15 / North Atlantic District A Champions
2026	Women's Cross Country	Region 15 Champions
2025	Women's Cross Country	Region 15 Champions
2024	Women's Cross Country	Region 15 Champions
2022	Women's Tennis	Region 15 Champions
2019	Women's Volleyball	Northeast District B Champions
2019	Women's Tennis	Region 15 Champions
2017-2018	Women's Swimming & Diving	Northeast District Champions
2017	Women's Cross Country	Region 15 Champions
2016	Women's Tennis	Region 15 Champions
2016	Women's Cross Country	Region 15 Champions
2015	Women's Tennis	Region 15 Champions
2014	Women's Cross Country	Region 15 Champions
2014	Women's Tennis	Region 15 Champions
2014	Women's Volleyball	Region 15 Champions
2013	Women's Cross Country	Region 15 Champions
2013	Women's Volleyball	Region 15 Champions
2013	Women's Tennis	Region 15 Champions

REGION / DISTRICT ATHLETE OF THE YEAR

Year	Sport	Student-Athlete	Award
2026	Women's Volleyball	Beatriz Vidal	Region 15 Defensive Player of the Year
2026	Women's Volleyball	Juun Shin	Region 15 Setter of the Year
2025	Women's Volleyball	Juun Shin	Region 15 Setter of the Year
2025	Women's Track & Field	Kimiko Quayle	Northeast District Athlete of the Year
2024	Women's Cross Country	Olivia Corabi	Northeast District Athlete of the Year
2024	Women's Soccer	True Eggers	Region 15 Player of the Year
2023	Women's Soccer	Alexis Kufta	Region 15 Player of the Year
2023	Men's Tennis	Joey McBride	Region 15 Player of the Year
2019-2020	Women's Swimming & Diving	Samantha Karasinski	Northeast District Swimmer of the Year
2019	Women's Volleyball	Stephanie Berdon	Region 15 Player of the Year
2019	Women's Volleyball	Stephanie Berdon	Region 15 Setter of the Year

2019	Women's Volleyball	Jenna Butler	Region 15 Defensive Player of the Year
2018-2019	Women's Swimming & Diving	Samantha Karasinski	Northeast District Swimmer of the Year
2018	Women's Soccer	Gabrielle "Gigi" L'Insalata	Region 15 Player of the Year
2014	Women's Tennis	Nicole Druzhinsky	Region 15 Player of the Year
2014	Women's Volleyball	Jenna Dickey	Region 15 Player of the Year
2013	Women's Tennis	Kayla Bohnhorst	Region 15 Player of the Year
2013	Women's Volleyball	Megan Houff	Region 15 Player of the Year
2013	Women's Soccer	Hayley Reid	Region 15 Player of the Year

REGION / DISTRICT COACH OR TEAM OF THE YEAR

Year	Sport	Coach	Award
2026	Women’s Volleyball	Centryll Scott	Region 15 Coach of the Year
2026	Women’s Cross Country	Howard Lindsay	Region 15 Coach of the Year
2025	Women’s Cross Country	Howard Lindsay	Region 15 Coach of the Year
2024	Women's Cross Country	Howard Lindsay	Northeast District Coach of the Year
2024	Women's Cross Country	Howard Lindsay	Region 15 Coach of the Year
2023	Women’s Soccer	Hatem Gabr	Region 15 Sportsmanship Award
2023	Women’s Soccer	Hatem Gabr	Region 15 Coach of the Year
2022	Women's Tennis	Lynn Cabot-Puro	Region 15 Coach of the Year
2019	Women's Volleyball	Deborah Hong	Region 15 Coach of the Year
2019	Women's Tennis	Lynn Cabot-Puro	Region 15 Coach of the Year
2018-2019	Women's Swimming & Diving	Talin Boyadjian	Northeast District Coach of the Year
2017-2018	Women's Swimming & Diving	David Hildebrand	Northeast District Coach of the Year
2016	Women's Tennis	Lynn Cabot-Puro	Region 15 Coach of the Year
2014-2015	Women's Swimming & Diving	David Hildebrand	Northeast District Coach of the Year
2015	Women's Tennis	Lynn Cabot-Puro	Region 15 Coach of the Year
2014	Women's Cross Country	Joseph Plutz	Region 15 Coach of the Year
2014	Women's Tennis	Lynn Cabot-Puro	Region 15 Coach of the Year
2013	Women's Volleyball	Carrie Thomas	Region 15 Coach of the Year
2013	Women's Tennis	Lynn Cabot-Puro	Region 15 Coach of the Year
2012	Women's Soccer	D.J. Bevivino	Region 15 Coach of the Year
2012	Women's Tennis	Lynn Cabot-Puro	Region 15 Coach of the Year
2012	Women's Volleyball	Carrie Thomas	Region 15 Coach of the Year

REGION 15 INDIVIDUAL AWARDS

Year	Sport	Student-Athlete	Award
2026	Women's Soccer	Kendall Fernaays	First Team
2026	Women's Soccer	Julia Lothian	First Team
2026	Women's Soccer	Paula Bethencourt-Bohoyo	Second Team
2026	Women's Soccer	Liliana Ross	Second Team
2026	Women's Soccer	Lydia Tung	Second Team
2026	Women's Volleyball	Brigitte Burns	First Team
2026	Women's Volleyball	Juun Shin	First Team
2026	Women's Volleyball	Beatriz Vidal	Honorable Mention
2026	Women's Volleyball	Mia Myers	Honorable Mention
2025	Women's Volleyball	Juun Shin	First Team
2025	Women's Volleyball	Gabrielle Buencochillo	Second Team
2025	Women's Soccer	Kendall Fernaays	First Team
2025	Women's Soccer	Scout Vitko	First Team
2025	Women's Soccer	Abby Rufino	Second Team
2025	Women's Soccer	Antonia Renzi	Second Team
2025	Women's Soccer	Rita Gonçalves	Second Team
2025	Women's Soccer	Summer Guderian	Second Team
2025	Women's Soccer	Samantha Habert-Jaques	Second Team
2024	Women's Soccer	True Eggers	First Team
2024	Women's Soccer	Madison Ludwig	First Team
2024	Women's Soccer	Karly Thomas	First Team
2024	Women's Soccer	Scout Vitko	First Team
2024	Women's Soccer	Rita Gonçalves	Second Team
2024	Women's Soccer	Zoe Mullen	Second Team
2024	Women's Soccer	Antonia Renzi	Second Team
2024	Women's Volleyball	Caitlyn Schildhouse	First Team
2024	Women's Volleyball	Mary-Margaret Griffiths	Second Team
2024	Women's Volleyball	Mia Jones	Honorable Mention
2023	Women's Soccer	Alexis Kufta	First Team
2023	Women's Soccer	Massai Salazar	First Team
2023	Women's Soccer	Ivelisse Vargas	First Team
2023	Women's Soccer	Michelle Muratore	Second Team
2023	Women's Soccer	Grace Cooper	Second Team

2023	Women’s Soccer	Emma Rathburn	Second Team
2023	Women’s Soccer	Josie Whitt	Second Team
2023	Women's Volleyball	Caitlyn Schildhouse	Second Team
2023	Women's Volleyball	Mary-Margaret Griffiths	Honorable Mention
2022	Women’s Soccer	Karlee Sklodosky	First Team
2022	Women’s Soccer	Michelle Muratore	First Team
2022	Women’s Soccer	Emma Rathburn	First Team
2022	Women’s Soccer	Brooke Singer	First Team
2022	Women's Volleyball	Madison Nguyen	Second Team
2021	Women’s Cross Country	Mariah McKenzie	First Team
2021	Women’s Cross Country	Andrea Distefano	Second Team
2021	Women’s Cross Country	Luci Hoitink	Second Team
2021	Women’s Cross Country	Emma Vielhauer	Second Team
2021	Women’s Soccer	Gabrielle D’Elia	First Team
2021	Women's Volleyball	Xheni Doci	First Team
2021	Women's Volleyball	Kristina Kwitzer	Honorable Mention
2019	Women's Volleyball	Stephanie Berdon	First Team
2019	Women's Volleyball	Jenna Butler	First Team
2019	Women's Volleyball	Carly Gallagher	Second Team
2019	Women's Soccer	Gabrielle "Gigi" L'insalata	First Team
2019	Women's Soccer	Sarah Iannella	First Team
2019	Women's Soccer	Morgan Smith	First Team
2019	Women's Soccer	Mary-Addison Davis	Second Team
2019	Women's Soccer	Gabrielle "Brie" D'Elia	Second Team
2019	Women's Soccer	Aubrey Bethon	Second Team
2018	Women's Volleyball	Jenna Butler	First Team
2018	Women's Volleyball	Stephanie Berdon	Second Team
2018	Women's Soccer	Rebeka Bonilla	First Team
2018	Women's Soccer	Isabel Rodela	First Team
2018	Women's Soccer	Katherine Lillis	First Team
2018	Women's Soccer	Domenica Romo	Second Team
2018	Women's Soccer	Nabi Williams	Second Team
2018	Women's Soccer	Chloe Cornille	Second Team
2017	Women's Soccer	Mara Herbert	First Team
2017	Women's Soccer	Katherine Amato	First Team
2017	Women's Soccer	Isabel Rodela	Second Team
2017	Women's Soccer	Claire Anvelt	Second Team

2017	Women's Volleyball	Arpi Dayian	Second Team
2016	Women's Soccer	Tabitha Sloane	First Team
2016	Women's Soccer	Stephanie Roberts	First Team
2016	Women's Soccer	Christina Schumchyk	Second Team
2016	Women's Soccer	Halie Retrath	Second Team
2016	Women's Volleyball	Vanessa Bennish	First Team
2016	Women's Volleyball	Arpi Dayian	Honorable Mention
2015	Women's Soccer	Stephanie Dootz	First Team
2015	Women's Soccer	Lauren Fregmen	First Team
2015	Women's Soccer	Rosie Witherell	First Team
2015	Women's Soccer	Kirsten Henning	Second Team
2015	Women's Soccer	Karina Demirciyan	Second Team
2015	Women's Soccer	Hunter Wellford	Second Team
2015	Women's Soccer	Juliana Liberatore	Second Team
2014	Women's Cross Country	Shannon McIver	First Team
2014	Women's Soccer	Rosie Witherell	First Team
2014	Women's Soccer	Carrie Godas	First Team
2014	Women's Volleyball	Jenna Dickey	First Team
2014	Women's Tennis	Emily Bennett	First Team Singles
2014	Women's Tennis	Tiffany Kushner	First Team Singles
2014	Women's Tennis	Ravina Parikh	First Team Singles
2014	Women's Tennis	Tyla Robinson	First Team Singles
2014	Women's Tennis	Nicole Druzhinsky	First Team Singles First Team Doubles
2014	Women's Tennis	Spenser Corson	First Team Singles First Team Doubles
2014	Women's Tennis	Rachel Edwards	First Team Singles First Team Doubles
2014	Women's Cross Country	Marisa Gingello	Second Team
2014	Women's Cross Country	Sara Lucas	Second Team
2014	Women's Cross Country	Julia Lyons	Second Team
2014	Women's Soccer	Katlyn Barreiros	Second Team
2014	Women's Soccer	Lauren Fremgen	Second Team
2014	Women's Soccer	Emily Laroe	Second Team
2014	Women's Soccer	Devin Theiss	Second Team
2014	Women's Volleyball	Michelle Vainblat	Second Team
2014	Women's Tennis	Tiffany Kushner	Second Team Doubles
2014	Women's Tennis	Ravina Parikh	Second Team Doubles

2013	Women's Cross Country	Lindsey Schroth	First Team
2013	Women's Soccer	Hannah Rodriguez	First Team
2013	Women's Soccer	Katelyn Snow	First Team
2013	Women's Soccer	Katie Snyder	First Team
2013	Women's Soccer	Hayley Reid	First Team
2013	Women's Volleyball	Megan Houff	First Team
2013	Women's Tennis	Ashley Yakaboski	First Team Singles
2013	Women's Tennis	Kayla Bohnhorst	First Team Singles Second Team Doubles
2013	Women's Soccer	Melanie Daniel	Second Team
2013	Women's Soccer	Darcey Lehman	Second Team
2013	Women's Soccer	Erika Renstrom	Second Team
2013	Women's Volleyball	Anna Buckley	Second Team
2013	Women's Tennis	Fernanda DeSouza	Second Team Doubles
2013	Women's Tennis	Ravina Parikh	Second Team Doubles
2013	Women's Tennis	Robyn Arteaga	Second Team Singles Second Team Doubles
2013	Women's Tennis	Hilary Baxter	Second Team Singles Second Team Doubles
2013	Women's Tennis	Keerthana Sivaramakrishnan	Second Team Singles Second Team Doubles
2013	Women's Volleyball	Rachel Carey	Honorable Mention
2013	Women's Volleyball	Allison Tyler	Honorable Mention

Updated: November 1, 2026