# SUMMER 2025 IMPORTANT DATES AND INFO FOR Jaquar Athletics

Just to get you through the summer and ready for the start of the 25-26 school year

### Welcome to Cedar Valley Boys (Football) Athletics!

You are receiving this newsletter because your student has signed up for Boys' Athletics next year. If your student wants to make a schedule change or if your student did not sign up for Boys' Football next year, please contact your student's grade level counselor (for next year) for assistance -

6th Grade Counselor: Ms. Elizabeth Guidry
7th Grade Counselor: Ms. Gabrielle Kerr
8th Grade Counselor: Ms. Heather Mills

Our coaching staff is looking forward to a great year ahead! Please read all the information below in its entirety to ensure your athlete is eligible to participate for next year. If you have any questions about the information below, please contact Coach Cearley: <a href="mailto:jared\_cearley@roundrockisd.org">Jared\_Cearley@roundrockisd.org</a>.

## Required Items

- Jaguar Football Participation Form
- REQUIRED Online Athletics Daily Uniform Order Due BY July 13th. Order Here Now

Sale ends Sunday, July 13, 2025 at 11:59PM CDT



**Camohex Tee** 

\$25.00



Cs Mesh 7 Inch Short

\$15.00

It is a requirement that all athletes in Boys Athletics wear the athletic uniform each class day. The Boys Athletic uniform consists of the Boys' Athletic shirt and the Jaguar shorts (as seen above).

- Sports Physical (click for form) <u>DUE August 1st</u> Each athlete is required to have a sports physical, completed by medical personnel, on file with our coaching staff. A physical is good for one year from the date the exam was completed. Please note that our coaching staff determines a physical's compliance by the date the exam was completed, not the date when the copy was obtained.
   Sports physicals can be completed through your primary physician's office, or one can be
  - Sports physicals can be completed through your primary physician's office, or one can be completed at the following locations:
- Ally Medical Emergency Room Round Rock (Address: 2105 E. Palm Valley Blvd, Round Rock, TX 78665)
- CVS Minute Clinic(s) <a href="https://www.cvs.com/minuteclinic/clinic-locator/tx/roundrock/">https://www.cvs.com/minuteclinic/clinic-locator/tx/roundrock/</a> (Any Location)
- McNeil HS Physical Night (April 14th Only; More Info Below)
- Round Rock HS Physical Night (May 19th Only; More Info Below)

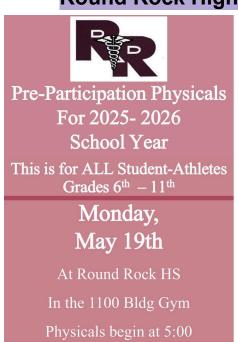
\*\*\*Physicals should be uploaded to Rank One. Once uploaded, physicals will then be reviewed for approval.

Please email Coach Cearley with any questions: Jared Cearley@roundrockisd.org.

## McNeil High School Physical Night



## **Round Rock High School Physical Night**



Sponsored by RRISD Athletics,

**RRHS Dragon Athletic Trainers** 

and Local Doctors

## \$20.00 per Athlete

PARENTS / GUARDIANS and ATHLETES

PRE-PARTICIPATION PHYSICALS

FOR 2025-2026

Doors Open at 5:00 and we will begin at 5:30

All Round Rock HS & CTMS, Cedar Valley, Walsh MS
RRISD requires that a valid Athletic Physical be on file each
year for all athletes participating in athletics.
This year, We will be offering
Physicals for the 2025-2026 school year
on Tuesday, May 19, 2025
At Round Rock High School 1100 Bldg. Gym
The physical will cost \$20.00 (less than most co-pays)
Forms and additional information on completing your online
forms can be found at the Rank One Website.
If you have any questions, please call
Nikki Vincent – 512-464-6127

Bryce Cooley- -512-464-6122
Kelsey Longoria – 512-464-6170

ROUND ROCK ATHLETIC TRAINING

Mending wings and fueling the fire within.

### Rank One Online Forms

 <u>August 1st</u> — The online paperwork will be made available on May 1st. This MUST be completed before your Athlete may participate in any Athletics activities for the 25-26 school year. https://roundrockisd.rankonesport.com

Rank One is an online platform that allows school districts to keep track of athletes' medical history and other required forms along with team rosters, game schedules, and more. RRISD requires that all athletes complete all Rank One online forms prior to participating in Athletics.

Each athlete is required to have all Rank One online forms completed before participating in class. Parents/Guardians will need to create an account on Rank One: <a href="https://roundrockisd.rankone.com/New/NewInstructionsPage.aspx">https://roundrockisd.rankone.com/New/NewInstructionsPage.aspx</a>

Once an account is created, parents will need to assign their student to the account in the system. (Use their 's' number without the 's' when doing so.) The following forms need to be completed in Rank One:

- Handbook Acknowledgement Form
- Medical History
- UIL Forms Signature Page
- RRISD Parent Consent

## **Summer Opportunities**

Camp Name	When/Where	Register
Summer Sports Camps @ Cedar Valley MS  Boys Basketball June 23-26 From 8am-11am  Boys Football Camp July 21-24 From 8am-11am	GAME TIME!  CAMPS  CAMPS  CAMPS  CAMPS  BOYS  REGISTER  NOW!  LOCATION @  GEDAR VALLEY MS  'Approved of distribution of these materiels is no way on readorsement of cut-services. activities, and/or products by the Round Rock Independent School District.	Girls' Registration Link  Boys' Registration Link
Round Rock Performance Course (PC)	*See link for date options.  PERFORMANCE COURSE 2 0 2 5  ROUND ROCK HS SUMMER SESSIONS  JUNE 2/9 - JULY 24/31  Performance Course sessions are available four days per week for all understeening date 6-12.  (Note: Performance Course sessions are not facilitated by RRISD staff.)  Scan the QR code or register online at: www.performancecourse.com	https://www.performancecourse .com/school-district/round-rock- isd  *To receive more information from Performance Course, please fill out this link: https://info.performancecourse.co m/pcinfo.html and select "SUMMER" and "ROUND ROCK". This will ensure you receive information about the summer!
ALL McNeil Summer Camps	*See link for date options.	https://roundrockisd.store.ranko ne.com/Camp/List#

#### **Uniform Q&A's**

### If my athlete has a uniform from the year before, am I required to buy a new one?

No. If your student already has an athletic uniform from a previous year, you do not need to purchase a new uniform for this year unless desired.

#### Is more than one uniform needed?

We only require that athletes wear the uniform each day to class. The number of uniforms purchased is entirely dependent upon each family's preference. Each class day will likely result in the clothes accumulating sweat, so we typically recommend at least two sets of uniforms. Some athletes prefer to have more shirts than shorts and vice versa. But again, the expectation is only that the uniform be worn each class day, so if an athlete can fulfill that requirement by utilizing one uniform set then only one is needed for purchase. Additional uniform sets are by preference of each family.

### Are specific shoes required for the class?

We expect all athletes to come to class each day with running shoes on. Crocs (even in sport mode), sandals, slippers, converse, vans, etc. do not meet the requirements of class expectations. Please reach out to Coach Cearley if you have any questions: <a href="mailto:Jared\_Cearley@roundrockisd.org">Jared\_Cearley@roundrockisd.org</a>.

### **Athletic Shoe Donations**

Our athletic department keeps gently used shoes in the event our students need to borrow them for various reasons. If your athlete has outgrown shoes, please consider donating them. Below are the different shoes we collect as donations for our athletes:

- Running shoes
- Football Cleats
- Basketball shoes
- Track spikes
- Soccer cleats

We are looking forward to a great upcoming school year! If you have any questions, please don't hesitate to reach out. Thanks so much!

### **Quick Links**

2025-2026 Athletic Physical Form

Rank One Website

Purchase Boys Athletics Uniform

Register for Summer Sports Camps

Jaquar Boys Athletic Handbook