

Peptide Uses Cheat Sheet

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Peptides:

5-Amino-1MQ: Fat loss, insulin sensitivity, energy boost

Adamax: Memory, focus, neuroprotection, mood stabilization

AOD-9604: Fat loss

ARA-290: Small fiber neuropathy, chronic inflammation, autoimmune support

BPC-157: Gut health, nerve repair, accelerated healing

Bremelanotide (PT-141): Improved sexual function (men and women), enhanced libido

Cagrilintide: Appetite suppression, insulin sensitivity, weight loss

CJC-1295 (DAC and no DAC): Muscle growth, recovery, anti-aging, fat loss, sleep

DSIP (Delta Sleep Inducing Peptide): Improved sleep, stress reduction, anxiety management

Epitalon: Cellular health, restore circadian rhythm, immune health, neuroprotection, ocular health

FOXO4-DRI: Longevity, anti-aging, inflammation reduction, tissue repair and regeneration, cognitive support

GHK-Cu: Collagen production, wound healing, hair growth, wrinkle reduction, loose skin

GHRP-2: Muscle growth, fat loss, recovery

GHRP-6: Muscle growth, fat loss, recovery

Glutathione: Cellular health, liver detoxification, immune support

Hexarelin: Muscle growth, fat loss, recovery

Humanin: Mitochondrial protection, neuroprotection, longevity

IGF-1 LR3: Muscle growth, bone density, anti-aging

Ipamorelin: Muscle growth, fat loss, recovery, enhanced sleep

Kisspeptin: Fertility (men and women), hormonal balance

L-Carnitine: Fat loss, muscle endurance and recovery, cognitive support, cardiovascular health

Lipo-B: Fat loss, liver health, energy

Lipo-C: Fat loss, liver health, metabolism

Liraglutide: Weight loss, diabetes, cardiovascular health

LL-37: Immune function, wound healing, chronic inflammation, autoimmune issues

Mazdutide: Weight loss, insulin sensitivity

Melanotan 1: Tanning, UV protection

Melanotan 2: Tanning, UV protection, libido

MK-677: Muscle growth, bone density, anti-aging

MOTS-C: Metabolic health, anti-aging, mitochondrial function, increased energy and endurance

NAD+: Cellular energy, cognitive function, anti-aging

Oxytocin: Neuromodulation, anti-stress, mood regulation, social bonding

P-21: Anti-aging, tissue repair, neuroprotection

PE-22-28: Chronic inflammation, pain reduction, neuroinflammation

Retatrutide: Weight loss, glycemic control, cardiovascular health (LDL, triglycerides)

Selank: Anxiety, stress, focus, mood regulation

Semaglutide: Weight loss, diabetes, cardiovascular health

Sermorelin: Muscle growth, fat loss, enhanced sleep, anti-aging

Semax: Memory, mental clarity, focus, stress, neurological recovery (TBI, etc)

SS-31: Anti-aging, cardiovascular health, neuroprotection

Survodutide: Weight loss, blood sugar regulation, metabolic support

TB-500 (TB-4): Wound healing, soft tissue repair, joint recovery

Tesamorelin: Muscle growth, fat loss, enhanced sleep, anti-aging, visceral fat reduction

Tesofensine: Weight loss, increased energy

Thymosin Alpha-1: Immune regulation, cancer immunotherapy

Tirzepatide: Weight loss, diabetes, cardiovascular health

Triptorelin: Fertility, prostate cancer treatment

VIP (Vasoactive Intestinal Peptide): Inflammation, autoimmune, neuroprotection, respiratory issues, cardiovascular health

Bioregulators:

Bonomarlot: Hematological health, anti-aging

Bonothyrc: Osteoporosis, calcium imbalances, bone healing

Bronchogen: Lung function, respiratory conditions, chronic bronchitis, asthma

Cardiogen: Heart disease, cardiac output and function, chronic cardiac condition prevention

Cartalax: Joint health, cartilage health

Cerebrolysin: TBI, vascular dementia, memory, depression, anxiety, ADHD

Cerluten: Cognitive function, memory, neurodegenerative disease prevention, brain health

Chonluten: Respiratory function, chronic lung conditions, fibrosis

Crystagen: Immune function, autoimmune issues, chronic illness

Endoluten: Anti-aging, circadian rhythm, hormonal balance

Glandokort: Adrenal fatigue, energy

Gotratix: Muscle recovery, muscle growth

KPV (Lys-Pro-Val): Eczema, psoriasis, acne, IBS, Crohn's, ulcerative colitis

Libidon: Prostate health, libido, hormonal regulation (men), urinary function (related to prostate)

Livagen: Anti-aging, immune support, stress resilience

Normoftal: Macular degeneration, diabetic retinopathy, vision

Ovagen: Liver health, liver detoxification, fat metabolism

Pancragen: Blood sugar regulation, pancreatic function

Pielotax: Kidney function, CKD

Pinealon: Memory, neurodegenerative support, mood and stress regulation

Retinalamin: Retinal regeneration, vision, ocular inflammation, uveitis

Sigumir: Joint health, inflammation reduction, cartilage repair

Svetinorm: Liver health, lipid regulation, hepatic encephalopathy

Testagen: Testosterone optimization, libido, ED, prostate function, energy

Testoluten: Libido, sperm production, testosterone support, energy

Thymalin: Immune function, autoimmune issues

Thymogen: Immune function, infection recovery

Thyreogen: Thyroid function, Hashimoto's thyroiditis, energy, metabolism

Ventfort: Vascular health, atherosclerosis, blood supply, cardiovascular protection

Vesilut: Bladder issues, urinary control

Vesugen: Cardiovascular health, improved circulation, varicocele

Vladonix: Immune function, autoimmune issues

Zhenoluten: Fertility (women), PCOS, perimenopause, menopause, fibroids