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💛 2026 Kindness Week Events being hosted by our "Partners in Kindness"💛

All Week

Wrightpix Photo Gifts is putting the focus on kindness with their *Clicking with Kindness* initiative. Find hidden Wrightpix art around town, take home and enjoy art from the heart.

Give and Take Kindness Walls will be located in **Cha Cha N Beans** (25 W. Main St.) and the **Westborough Recreation** Department (1500 Union Street).

Visit **Craftlab Westboro** (3 Summer St.) to leave or take free arts and crafts materials from their *Create Some Kindness* box in the foyer! Materials will rotate in and out all week, so stop in daily for this free, *Creative Supply Swap*.

Polished Pup (3 W. Main St.) is having a pet food collection for the W. Pet Food Pantry. Drop off anytime.

First United Methodist Church (120 W. Main St.**)** is collecting all sizes (S,M,L) of new men's boxer briefs, new men's undershirts and new women's underwear to support people in Worcester currently experiencing homelessness. Please place donations in the bin at the main entrance.

Help **Westborough Public Schools (WPS)** and the **Veterans Advisory Board** collect new clothing and toiletries for homeless veterans. Please see details here: https://tinyurl.com/VetDrive26

Central One Federal Credit Union (40 South St.) will continue its *Quarter Drive*, collecting quarters for St Luke's Outreach who gives them directly to families who use coin operated machines, such as washers and dryers.

Visit those hosting a ***Kindness Champion in Our Community*** raffle: **Cha Cha N Beans** (25 W. Main St.), **Mugford's Flower Shoppe** (8 Warburton Lane), **Red Barn Coffee Roasters** (17 South St.) and **Lindsay Taylor SPAtique** (45 E. Main St.). Nominate someone you believe is a true champion of kindness.

Drop off nonperishables for food donation drives taking place at: **The Core Connection** (30 Lyman St.), **Just Breathe** (45 E. Main St.) and **Simply Sohope** (69 Milk St.). While at Simply Sohope, take part in their promotion: buy a bar of soap & one will be donated to the food pantry.

Drop off new underwear and socks at The Hub at Westborough Connects (21 E. Main St, Suite 1B) for a "Seats and Feet" collection drive being run by **In Your Shoes, a giving circle**. They are collecting to help local neighbors and to fill the In Your Shoes Coat Closet.

Stop by **Westborough Connects** (21 E. Main Street) to enjoy lots of drop–in activities for all ages. We'll be open Monday from 11am-2pm, Wednesday from 12-4pm, Thursday from 5-8pm and Friday from 12-5pm. No registration needed, just drop by.

Sunday, November 8th- "Service Sunday"

Join the **Westborough Chinese American Association** for a free community yoga class from 3-4pm in the Tatnuck Booksellers community room (18 Lyman St.). Take a moment to pause, breath, and cultivate kindness toward yourself and others. Focus on relaxation, gentle movement, and reconnection. Accessible to all levels. Register forms.gle/eeybgzb9XYtQ6y9h6

Monday, November 9th- "Make It Monday"

Westborough Connects encourages you to make time for kindness and connection today. Drop in to their new location, The Hub, (21 E. Main St., Suite 1B) anytime between 9:30-11am for a *Connect Over Coffee*.

Show yourself kindness during a guided meditation from 12-1pm at **Just Breathe** (45 E. Main St). Settle into a zero-gravity chair in the peaceful atmosphere of the salt room and be guided through a relaxing hour. Registration required (https://tinyurl.com/KW26SaltRoom). Seats are limited. Consider bringing a donation for their food drive.

Tuesday, November 10th- "Take Care Tuesday"

Join **Westborough Public Library's** children's librarian at The Hub at Westborough Connects (21 East Main St. Suite 1B) from 10-10:30am for "Storytime for Kind Hearts." This storytime, perfect for toddlers, preschoolers and their caregivers, will be filled with books, songs, and movement activities focused on friendship, sharing, and being a good neighbor. Register at https://wpl-westboroughlibrary.libnet.info/event/17347358. Space is limited.

Join **DetecTogether** at **The Willows at Westborough** (1 Lyman St.) at 1pm for an engaging, practical presentation about early cancer detection and the 3 Steps Detect®. Learn how to recognize subtle but persistent changes in your health, know when to seek medical attention, and confidently share your concerns with your doctor. You'll leave with simple, potentially lifesaving skills you can use for yourself and share with the people you love. Open to the community. See details here: https://tinyurl.com/KW26Detect

In celebration of *Take Care Tuesday*, **The Core Connection** (30 Lyman St.) invites new clients to participate in one 30 minute Pilates class starting at 5:30pm to try out the machines and see what the Reformer is all about. Space is limited. Register at: https://bit.ly/4yLbqfd to reserve a spot. Consider bringing a donation for their food drive.

Wednesday, November 11th- "Chalk the Walks of Westborough Wednesday"

Participate in *Chalk the Walks of Westborough*! Learn more and sign up to help here: https://tinyurl.com/KWChalk26

The **Westborough Veterans Advisory Board** invites all to attend the town's celebration of veterans to show gratitude for their selfless service. The ceremony begins in front of the Forbes building (45 W. Main St.) at 10:30 am. See details here: https://tinyurl.com/VetDayW2026

Yummy Mummy Bakery (50 East Main St.) invites children ages 3-10 to drop in with an adult between 12-2pm to decorate a cookie for someone who has shown them kindness.

Youth and Teens (grades 6-12), show yourself some kindness -take part in an uplifting class at **Trybe Fytness** (400 Union St.) from 2-3pm. Registration required: https://tinyurl.com/KWTrybe26

Adults, enjoy a Yin Yoga class with a message of kindness at **Release Well-Being Center** (201 Turnpike Rd.) from 4:30-5:30 pm. Limited space. Registration Required: https://tinyurl.com/KW26Release

Thursday, November 12th- "Thankful Thursday"

The Core Connection (30 Lyman St.) invites new clients to participate in one 30 minute Pilates class starting at 9:30am to try out the machines and see what the Reformer is all about. Space is limited. Register at: https://bit.ly/4yLbqfd to reserve a spot. Consider bringing a donation for their food drive.

Adults, join the **Westborough Public Library's** *Creative Library Arts* program at Post 22 (1300 Union St., 2nd floor) from 1:30-2:45pm for a relaxed community art gathering celebrating kindness, gratitude, and connection. Adults with intellectual disabilities and community members will create their own artwork side-by-side while enjoying conversation! Register at https://wpl-westboroughlibrary.libnet.info/event/17348670

Visit the **Emerald Isles Eventing Center** (45 Glen St.) at 4pm for a family-friendly event great for all ages. Read a kindness themed picture book, discuss horse communication and kindness and then discuss these themes during a meet & greet with some of the horses on the farm. Led by Kate Tobiasson, M.ed and Paige Roy, owner of EIEC.

Friday, November 13th- "Pay it Forward Friday" and World Kindness Day

Drop in to The Hub at Westborough Connects (21 E. Main St. Suite 1B) to create cards for hospitalized children with **Shrewsbury Youth and Family Services**. Come anytime between 3:30-5pm.

The Westborough Chinese American Association will host a "Kindness Begins with You" traditional Chinese dance class for adults at the Boroughs Family Branch YMCA (4 Valente Dr.) from 5-6:30pm. Join to experience the beauty and joy of traditional Chinese dance! The class welcomes all levels, including beginners. Registration required. https://tinyurl.com/KW26Dance

Saturday, November 14th- "Sustain it Saturday"

The **Westborough Fire Department** invites the community to a movie night starting at 5:30pm at the fire station (42 Milk St.). Bring your chairs/blankets to the apparatus bays for a holiday movie event. For details: https://tinyurl.com/wfdkw26

Make a plan to join the **Westborough Community Land Trust** on their *Family Nature Hike and Scavenger Hunt* which will take place tomorrow, Sunday, November 15th at 1pm. See https://westboroughlandtrust.org for the details.

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Stay up to date with Kindness Week events on our website (https://www.westboroughconnects.org), our FB pages (@WCKindnessWeek, @WestboroughConnects), or by signing up to be on the WC mailing list (tinyurl.com/WCNoC or see our website). Events above are subject to change.

Keep *us* up to date by sharing your stories and/or pictures from the week. You can tag us on FB, email us at westboroughconnects@gmail.com and use the hashtags #KindnessConnectsUs, #WestboroughConnects, #KindnessWeekWestborough.

We are grateful to all of our **Partners in Kindness** who help make this a special week in Westborough. Whether they are hosting an initiative, inspiring kindness in others, providing financial support, or spreading the word, we could not do it without them!

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