OCTOBER 2026

10&UNDER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	2	3 7:00AM - 9:00 AM (ALL AGES)
4	5 6:00PM - 7:00PM	6 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	7 6:00PM - 7:00PM	8 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	9	10 7:00AM - 9:00 AM (ALL AGES)
11	12 6:00PM - 7:00PM INDIGENOUS PEOPLES' DAY FCPS - NO SCHOOL	13 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	14 6:00PM - 7:00PM	15 NO PRACTICES COACHES MEETING	16	17 NO PRACTICE POOL CLOSED NCAP AUTUMN KINGFISH @ STJ
28 NCAP AUTUMN KINGFISH @ STJ	19 6:00PM - 7:00PM	20 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	21 6:00PM - 7:00PM	22 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	23	24 MAKO PINK RIBBON INVITATIONAL @GMU NO PRACTICES
25 MAKO PINK RIBBON INVITATIONAL @GMU	26 6:00PM - 7:00PM	27 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	28 6:00PM - 7:00PM	29 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	30	31 7:00AM - 9:00 AM (ALL AGES)

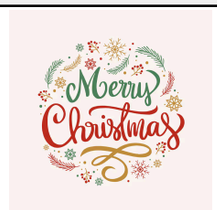
NOVEMBER 2026

10&UNDER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 6:00PM - 7:00PM FCPS - NO SCHOOL	3 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) FCPS - NO SCHOOL	4 6:00PM - 7:00PM	5 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	6	7 MAKO GOBBLE GOBBLE @GMU NO PRACTICES
8 MAKO GOBBLE GOBBLE @GMU	9 6:00PM - 7:00PM	10 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	11 6:00PM - 7:00PM	12 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	13 HANOVER @ JEFF ROUSE STJ POOL CLOSED	14 7:00AM - 9:00 AM (ALL AGES) HANOVER @ JEFF ROUSE
15 HANOVER @ JEFF ROUSE	16 6:00PM - 7:00PM	17 NO PRACTICE POOL CLOSED	18 6:00PM - 7:00PM	19 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	20	21 7:00AM - 9:00 AM (ALL AGES) LIMITED LANES
22	23 6:00PM - 7:00PM	24 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	25 11:00AM - 12:00PM FCPS - NO SCHOOL		27 12:30PM - 1:30PM LAST DAY OF FALL SESSION FCPS - NO SCHOOL	28
29	30 6:00PM - 7:00PM					

DECEMBER 2026

10&UNDER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	30 6:00PM - 7:00PM **FIRST DAY OF WINTER SESSION**	1 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) **FCPS - NO SCHOOL**	2 6:00PM - 7:00PM	3 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) **PM WINTER CLASSIC @ GMU**	4 **PM WINTER CLASSIC @ GMU**	5 **PM WINTER CLASSIC @ GMU** **NO PRACTICES**
6 **PM WINTER CLASSIC @ GMU**	7 6:00PM - 7:00PM	8 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	9 6:00PM - 7:00PM SPEEDO WINTER JR NATIONALS	10 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) SPEEDO WINTER JR NATIONALS	11 **MAKO HOLIDAY INVITATIONAL @ STJ** **NO PRACTICES** SPEEDO WINTER JR NATIONALS	12 **MAKO HOLIDAY INVITATIONAL @ STJ** **NO PRACTICES** SPEEDO WINTER JR NATIONALS
13 **MAKO HOLIDAY INVITATIONAL @ STJ**	14 6:00PM - 7:00PM	15 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	16 6:00PM - 7:00PM	17 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	18	19 7:00AM - 9:00 AM (ALL AGES)
20	21 6:00PM - 7:00PM **FCPS - WINTER BREAK**	22 6:00PM - 7:00PM **FCPS - WINTER BREAK**	23 6:00PM - 7:00PM **FCPS - WINTER BREAK**			26 SCHEDULE TBA **FCPS - WINTER BREAK**
27	28 6:00PM - 7:00PM **FCPS - WINTER BREAK**	29 6:00PM - 7:00PM **FCPS - WINTER BREAK**	30 6:00PM - 7:00PM **FCPS - WINTER BREAK**			

JANUARY 2027

10&UNDER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 SCHEDULE TBA FCPS - WINTER BREAK	2 NO PRACTICE POOL CLOSED PVS DISTANCE SWIM MEET @ STJ
3 PVS DISTANCE SWIM MEET @ STJ	4 6:00PM - 7:00PM	5 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	6 6:00PM - 7:00PM	7 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	8	9 MAKO POLAR PLUNGE @ GMU NO PRACTICES
10 MAKO POLAR PLUNGE @ GMU NO PRACTICES	11 6:00PM - 7:00PM	12 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	13 6:00PM - 7:00PM	14 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	15	16 7:00AM - 9:00 AM (ALL AGES) LIMITED LANES
17	18 6:00PM - 7:00PM	19 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	20 6:00PM - 7:00PM	21 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	22 MACH GREEN/ORANGE BOWL @ STJ PM EASTERN ZONE IMX @ GMU	23 NO PRACTICE POOL CLOSED MACH GREEN/ORANGE BOWL @ STJ PM EASTERN ZONE IMX @ GMU
24 MACH GREEN/ORANGE BOWL @ STJ PM EASTERN ZONE IMX @ GMU	25 6:00PM - 7:00PM	26 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	27 6:00PM - 7:00PM	28 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	29	30 7:00AM - 9:00 AM (ALL AGES)

FEBRUARY 2027

10&UNDER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:00PM - 7:00PM	2 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	3 6:00PM - 7:00PM	4 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) LIMITED LANES	5	6 MAKO FEBRUARY QUALIFIER @ GMU NO PRACTICES
7 MAKO FEBRUARY QUALIFIER @ GMU	8 6:00PM - 7:00PM	9 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	10 6:00PM - 7:00PM	11 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	12 OCCS PRESIDENTS DAY @ GMU FC NO PRACTICES	13 OCCS PRESIDENTS DAY @ GMU FC NO PRACTICES
14 OCCS PRESIDENTS DAY @ GMU FC	15 6:00PM - 7:00PM	16 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	17 6:00PM - 7:00PM	18 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	19 MACH MACHINE QUALIFIER @ STJ	20 NO PRACTICE POOL CLOSED MACH MACHINE QUALIFIER @ STJ
21 MACH MACHINE QUALIFIER @ STJ	22 6:00PM - 7:00PM	23 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	24 6:00PM - 7:00PM	25 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	26 LAST DAY OF FALL SESSION	27 7:00AM - 9:00 AM (ALL AGES)
28						

MARCH 2027

10&UNDER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:00PM - 7:00PM	2 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	3 6:00PM - 7:00PM	4 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) PVS SC OPEN CHAMPS	5 PVS SC OPEN CHAMPS	6 7:00AM - 9:00 AM (ALL AGES) PVS SC OPEN CHAMPS
7 PVS SC OPEN CHAMPS	8 6:00PM - 7:00PM	9 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	10 6:00PM - 7:00PM	11 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) PVS SC 14 &UNDER OPEN CHAMPS	12 PVS SC 14 &UNDER OPEN CHAMPS	13 7:00AM - 9:00 AM (ALL AGES) PVS SC 14 &UNDER OPEN CHAMPS
14 PVS SC 14 &UNDER OPEN CHAMPS	15 6:00PM - 7:00PM	16 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES)	17 6:00PM - 7:00PM	18 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) SECTIONALS @ VTECH	19 SECTIONALS @ VTECH	20 **MAKO SPRING FLING @ GMU** NO PRACTICES SECTIONALS @ VTECH
21 **MAKO SPRING FLING @ GMU** SECTIONALS @ VTECH	22 6:00PM - 7:00PM	23 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) ISCA SENIOR CUP	24 6:00PM - 7:00PM ISCA SENIOR CUP	25 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) ISCA SENIOR CUP	26 ISCA SENIOR CUP	27 7:00AM - 9:00 AM (ALL AGES) ISCA SENIOR CUP
28	29 6:00PM - 7:00PM ISCA AGE GROUP CUP	30 6:00PM - 7:00PM 6:30PM - 8:00PM (ALL AGES) ISCA AGE GROUP CUP	31 6:00PM - 7:00PM ISCA AGE GROUP CUP	ISCA AGE GROUP CUP	ISCA AGE GROUP CUP	