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## • Crystal's:

- **BOOKS**: The Gay Revolution The Story of the Struggle by Lillian Faderman I haven't finished it yet although it's such a good read so far—as the Washington Post states it's "The history of the gay and lesbian movement that we've been waiting for."
- Another book that I have finished and highly recommend is Hearing The Underwater by Savannah Slone.

It is a book that has helped me to cope with some difficult times and insecurities that I have struggled with and still struggle with—such as self-love.

The opening line of her poem, " A (Self) Love Story", is "I'm going to tell you a truth and a lie: I love myself."

And that really hits hard when you feel like you're constantly behind in life (least in your own head/according to personal expectations) as it can be very easy being overcritical of ourselves!

Her book helps me to remember I'm not alone in this struggle and that it's okay to feel this way.

#### MUSIC:

 All of our songs on Revolve One Pride Jams playlist; especially this one as of recent— Queer Love Outlaw (Acoustic) by Ryan Cassata

#### SHOWS:

 Sense8 (a Netflix original) - cause OF COURSE!! Absolutely love how they openly and without hesitation talk about accepting ourselves for who we are as well as having PRIDE in who we are.

After all—I am also a We. [\*SPOILER ALERT\* in following paragraph]

Their Season 2, ep. 6 "Isolated Above, Connected Below" features the most epic, beautiful, and profoundly emotional pride parade with one of the main characters, Lito, coming out as gay!!!

Sadly the show has been cancelled although due to deeply devoted fans petitioning for its return, they premiered a show movie finale to give some much needed closure.

• Gypsy (Netflix original - only one season)

"Academy Award-nominee Naomi Watts stars in this Netflix-original psychological thriller as Jean, a therapist in New York with a successful practice and a life that seems picturesque. As Jean starts to develop intimate and illicit relationships with the people in her patients' lives, the borders of her professional life and personal fantasies become blurred."

So...these borders of different aspects of her life getting blurred by desire are something I'm all too familiar with myself. I felt this within my own sexuality at a younger age when I was still questioning myself.

Aaand even with only one season, this show is definitely worth watching as the fiery, explosive chemistry between Jean & Sidney (Sophie Cookson) is incredible as both actresses settled into their characters phenomenally.

#### BLOGS (& news):

Anything news or blog wise from The Trevor Project such as this important blog:
 "New Research Underscores Mental Health Disparities Faced By Diverse LGBTQ Youth Amid COVID-19 & Beyond"
 (Published on May 19, 2021)

"The Trevor Project's third annual National Survey on LGBTQ Youth Mental Health emphasizes the need for greater investment in mental health care and intersectional policy solutions to confront the public health crisis of suicide."

Honestly it's heart-wrenching reading about the struggles of LGBTQIA+ youth as we know these statistics reflect real people like us struggling through their own mental health issues during a truly traumatic era...and that's exactly why we have to support these organizations, these informative blogs, and keep the conversation going. (https://www.thetrevorproject.org/trvr\_press/new-research-underscores-mental-health-disparities-faced-by-diverse-lgbtq-youth-amid-covid-19-beyond/)

- Rudy's:
- Music: Lil Nas X's MONTERO (Call Me By Your Name) Single Quentin Arispe's The Spiritual Waiting Room (Album)
- Books: I am reading, promise. But nothing LGBTQ authored or content wise, please feel free to recommend anything you are reading to me. DM me on Instagram @revolveonerudy
- TV Shows: Timeless LGBTQ TV is Sense 8 on Netflix, it is so good! 5 stars On HBO Max:

*It's a Sin*, it's a heartbreaker but so well done. Oh, the tears! 5 starts. Starring Olly Alexander (aka Years & Years)

*Generation*, this is an edgy, thought-provoking, Gen-Z story that follows a group of high schoolers as their life unfolds in these modern times. 4.5 stars Starring Justice Smith *Hacks*, this almost makes me wanna do stand up. This is so well written, smart, funny and really has heart. 5 stars. Plus, the episode titled Falling blew my mind such dark humor yet it fit in the story so well. Starring Jean Smart & Hannah Einbinder

### **TV Shows Cont:**

# On Freeform:

Everything's Gonna Be Okay, 4.5 stars, such a great breath of fresh air. I have never seen anything like it. Starring Kayla Cromer, Maeve Press & Josh Thomas

### • Movies:

Call Me By Your Name (2017) Directed by Luca Guadagnino & starring Timothee Chalamet, Armie Hammer

Want to see: *The Boys in the Band* (2020) a Netflix Film directed by Joe Mantello & starring Jim Parsons, Matt Bomer, Zachary Quinto and more

Thank you for listening. We will be back later this year. Have a great summer and we love y'all!

-Rudy and Crystal