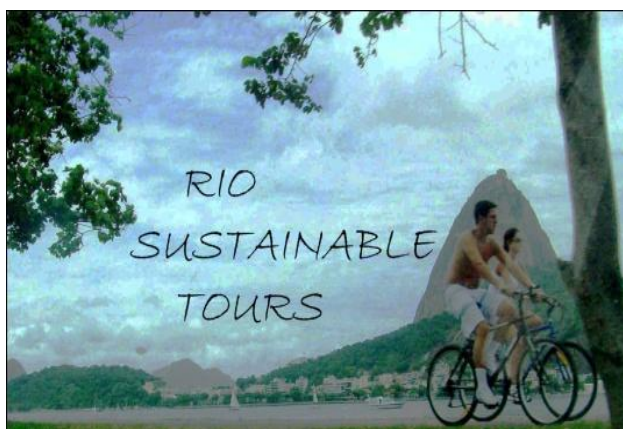




SUSTAINABILITY & EXPERIENCE



RIO Sustainable Week – Green coast



Discover RIO's highlights in a real sustainable way, less impact on nature, preserving nature and the cultural patrimony of the Wonderful city and the State of Rio de Janeiro. Visit communities and be active every day. Using public transports when necessary but private when needed to grant your comfort and safety. Hotels are selected according to location, facilities and health protocols.

Fully Escorted tour by a Bi-lingual guide (English, Spanish, French, Italian or Portuguese) to take care of all details.



Tour Itinerary:

Green coast Tour - RIO-NTE-Petropolis-Paraty-Rio: (7 days & 6 Nights trip)

1st Day: Arrival in RIO DE JANEIRO

Transfer to your Hotel (see options below)

Accommodation with Brazilian Breakfast for 2 nights.

At night welcome **walking tour** of Copacabana with dinner* and live Brazilian music (depends on the day).

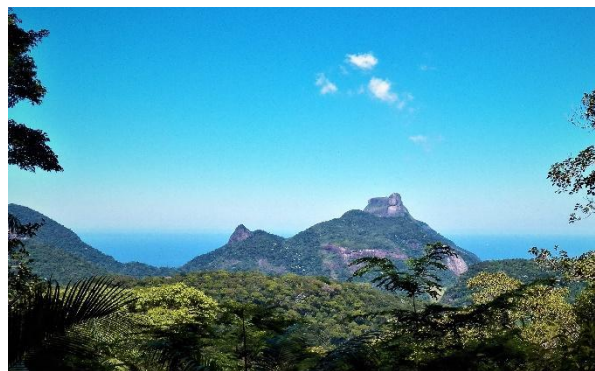
MEAL PLAN: OV/BB+DINNER

2nd Day: RIO DE JANEIRO

Breakfast and leave hotel for an entire day exploring the secrets of this amazing city* **Sustainable day**.

Including lunch at a community place Rocinha or Chapeu Mangueira with visit to social projects)

Visiting: Corcovado hill (360o fantastic view of RIO), Maracanã Stadium area – Sambodromo (The place of Carnival samba school parade) - **walk tour** of Downtown: Little Africa (world patrimony by Unesco), Olympic port; Old Rio, XV Square and Santa Teresa District – At the end of the day refreshing at Lapa (Rio Bohemian district). **MEAL PLAN: OV/BB+LUNCH**



3rd Day: RIO/NITEROI - Soft **Biking Adventure** Day

Leave after breakfast from your hotel with luggage, safety car and bikes. We start with short bike by Copacabana beach to Urca. Stop for visit the Sugarloaf

(cable car tickets included) then continue biking to Downtown (12km in flat surface). Embark in the ferry-boat to cross the Guanabara Bay to Niterói. Arriving in the other side of the bay, stop for lunch (included). After lunch, relax and continue the bike trip along the bay side with an amazing view of RIO Landscape this is known as Niemeyer Way (Niemeyer was the famous Brazilian architect).



Niteroi is the second city in the world with more works of Niemeyer, one of the most known is the MAC - Museum of Contemporary Art (visit).

We continue by the bay beaches of Niteroi up to the fishermen community of Jurujuba then visit to the Oldest fortress in Brazil – Fortaleza de Santa Cruz. Right in front the Sugarloaf.

We finish at your hotel.

Hotel Solar do Amanhecer www.solardoamanhecer.com.br. Accommodation with Brazilian Breakfast.

Night at leisure to enjoy the night view of the Bay and the city of RIO in the promenade in front of the Hotel with bars and good restaurants.

(*) Important: Your luggage will be sent in our safety car straight to the hotel in Niteroi.

MEAL PLAN: OV/BB+LUNCH

4th Day: NITEROI/PETROPOLIS:

Leave the hotel in the morning with luggage, Stop at City Park in Niteroi (amazing view of the whole Bay) where we will invited to plant native trees of the Atlantic Coastal Forest (Mata Atlântica) to help soften the emission of CO2 of your trip it is part of the Free Carbon project **One Pax = Two Trees**.

Then drive by the bridge Rio-Niteroi (14kms) to take the road to the Imperial Village of Petropolis.

Arrive and Accommodation at Hotel Casablanca Imperial or similar <http://www.casablancahotel.com.br/> - Lunch is included in an authentic food by kilo house (buffet).

In the afternoon a walking guided tour of the Imperial city with the Imperial museum; Cathedral; Avenue Koeller; Crystal Palace ending with a visit to the oldest beer brewery in Brasil, Bohemia.

Back to hotel. At night we suggest the show 'lights and sounds' at the museum, just on the side of your hotel.

At night tickets to see the live presentation sounds & lights of the Imperial Museum.

Dinner and Night at leisure.

MEAL PLAN: OV/BB+LUNCH



5th Day: PETROPOLIS/COFFEE VALLEY/PARATY:

Early morning, after breakfast we leave the mountain area to enter in the Coffee Valley using the old Coffee route.



Lunch at Ponte Alta Farm - a typical farm from the Colonial period of Brazil.

We proceed getting down from Serra do Mar to the beautiful scenic road Rio-Santos, that links the Colonial Port city of Paraty to Rio. Arrive in Paraty late afternoon.

Accommodation at Pousada do Principe or similar.

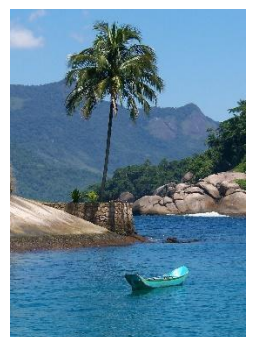
<https://www.pousadadoprincepeparaty.com.br/>

Night at leisure.

MEAL PLAN: OV/BB+LUNCH

6th Day: PARATY:

Morning Half Day **boat trip** to the islands and beaches of Paraty Bay. Lunch is not included. Afternoon walking city tour of the historical village.



Enjoy the good nightlife of Paraty full of bars and Brazilian music.

MEAL PLAN: OV/BB

7th Day : PARATY-RIO DE JANEIRO:

Day at leisure and regular transfer to RIO DE JANEIRO Airport... End of our Services.

Notes:

- Hotel are suggested and subject to confirm, if on the dates it is not possible to confirm the suggested hotel we will provide a similar option.
- Services includes English speaking Escorted guide
- Validity until DEC 2024. But not valid during Holidays in Brazil:

What is included: All services, tours, transfers, meals and accommodation as mentioned in above itinerary. A FULL TIME escorted guide to take care of all details regarding your trip, safety and local visits. We work accordingly with the **ABNT NBR ISO 21101** For Safety Management Systems & HMS Protocols.

What is NOT included: Any air tickets; Any meals or services not mentioned in above Itinerary, or when is mentioned as Optional or not included; No personal or individual insurance for sports/Trips only for local emergency.

Not Included and What to bring along with: Personal gears or equipment for individual use/comfort, like repelent, Sun glasses, good shoe and flip-flop. We suggest participants to bring their own individual equipment to grant comfort and facilitate the tour.

Responsability: All participants should have a personal insurance for this kind of trip/acitvity, during biking all ´participants should use safe equipment requested by local staff and please take care of the equipment rented from us.

BE A RESPONSABLE TOURISM, WE DO A RESPONSABLE TOURISM.

Sustainability, Green and Social actions: Check our Tours, all of them are connected with traditional communities; Non governamental agencies and enterprises that promotes the protection of cultures and environment. Plant a tree with us, at the atlantic coastal forest and to help soften your CO2 emission; make a social visit to our traditional communities and participate in social projects.

Talk to us.

