

THE MASTER WAR MODE DAY PLAN + REPORT

► The Mastery Checklist Explained to achiev...

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓/	10 ▾	10 ▾	20 ▾	Tidying session/ divide the useful things into one bin	30 mins
/✗	8 ▾	10 ▾	18 ▾	Create DIC	10 mins
/✗	7 ▾	10 ▾	17 ▾	Create PAS	25 mins
✓/	5 ▾	10 ▾	15 ▾	OODA loop through Welcome Sequence, create for the prospect	10 mins
✓/	9 ▾	8 ▾	17 ▾	Review student's copy	10 mins
✓/	10 ▾	10 ▾	20 ▾	Review copy call	3 hours
✓/	10 ▾	7 ▾	17 ▾	Morning Powerup call	10 mins
/✗	3 ▾	10 ▾	13 ▾	Close a woodworking deal	20 mins
✓/	10 ▾	10 ▾	20 ▾	150 push up, squats, crunches	20 mins
✓/	10 ▾	10 ▾	20 ▾	School	5 hours
✓/	10 ▾	10 ▾	20 ▾	Do physics presentation	30 mins
✓/	10 ▾	10 ▾	20 ▾	Do construction plan homework	30 mins
✓/	9 ▾	7 ▾	16 ▾	Cold outreach writing	20 mins
✓/	10 ▾	8 ▾	18 ▾	go cook dinner with my mom	30 mins
✓/✗	6 ▾	7 ▾	13 ▾	Read Cashflow 5 pages	15 mins
✓/	7 ▾	10 ▾	17 ▾	Nail geometry test	25 mins
/✗	6 ▾	4 ▾	10 ▾	Start table redrawing for manufacture 1/3	3 hours
/✗	10 ▾	8 ▾	18 ▾	Listen to Arno lessons	10 mins
/✗	10 ▾	8 ▾	8 ▾	Finish flipping course	40 mins
/✗	10 ▾	6 ▾	16 ▾	Sales call	10 mins

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: 19 /24
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	 DAY NUMBER + DATE + TIME 
Day Number:	Day 15
Date:	30.3.2023
Start Time:	6.am

	 3 Things That I Am Grateful To Have In My Life 
1.	Fast OODA loop thinking
2.	discipline, uncomplaining the matrix rules
3.	Working hard until I'll get tired

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Close a woodworking deal
2.	Tidying session/ divide the useful things into one bin
3.	Create PAS

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?

 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?
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MY MORNING WAR PLAN

 What Do I Plan To Accomplish This Morning? 
Nail geometry test, School

 What Is The Main Goal For This Morning? 
Survive School, OODA loop learning for other tests in different lessons

 How Will I Start My Morning With Power? 
Tofu breakfast, take nice clothing and brush my teeth, foot hygiene

6 am: Task 	Brush my teeth, breakfast, foot hygiene
Sub-Task's 	Wake up on time, make a nice breakfast under 2 mins
Reflection 	Done, my body feels empowered and ready to conquer

7 am: Task 	School, plan my whole day
Sub-Task's 	OODA loop my thoughts, plan strategically
Reflection 	Done

8 am: Task 💰	School, war plan, regenerate my body for 5 mins
Sub-Task's 🔔	Recovery, OODA loop
Reflection ✍️	Done

9 am: Task 💰	School, OODA geometry
Sub-Task's 🔔	
Reflection ✍️	

10 am: Task 💰	School, learning geometry in lesson
Sub-Task's 🔔	
Reflection ✍️	Done

11 am: Task 💰	School, learning ZSV during lesson
Sub-Task's 🔔	
Reflection ✍️	Done

12 am: Task 💰	School, nail the geometry test
Sub-Task's 🔔	
Reflection ✍️	Done

🎯 **END-OF-THE-MORNING REPORT** 🎯

🧠 What Did I Learn This Morning? 🧠
Fast OODA through lessons, tasks, sleeping like a log

❌ What Problems Did I Face This Morning? ❌
tiredness, no new experience in life

🔑 How Will I Solve These Problems For This Afternoon? 🔑
push ups, squats, doing crunches, copywriting

🏹 **MY AFTERNOON WAR PLAN** 🏹

🧠 What Do I Plan To Accomplish This Afternoon? 🧠
Copy review call, tidying session, writing FV for prospect

 What Is The Main Goal For This Afternoon?

Copy review call

 How Will I Start My Afternoon With Power?

Lunch at school

1 pm: Task 	School, learning ZSV during lesson
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Intention 	
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Reflection 	Done
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2 pm: Task 	School, Psychology test and presentation, lunch
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Intention 	Get well with my speaking abilities, somehow pass the test for grade B, empower my body
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Reflection 	Done, spoke better than ever before, I'm still surprised with how my speaking abilities got better.
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3 pm: Task 	Arrive at home, start tidying session
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Intention 	Tide all toys to a goofy bin and useful bin
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Reflection 	Done with precision, additionally add disks to one box
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4 pm: Task \$	Tidying and Construction drawing
Intention 🔔	Finish the schoolwork, make my house extension cleaner
Reflection ✍️	Done

5 pm: Task \$	Construction drawing, shower
Intention 🔔	Do hygiene, finish it
Reflection ✍️	Done

6 pm: Task \$	Do a physics presentation
Intention 🔔	
Reflection ✍️	Done

7 pm: Task \$	Welcome Sequence creation
Intention 🔔	Finish the introduction, PAS and DIC
Reflection ✍️	Done introduction, didn't do PAS and DIC in it.

8 pm: Task 💰	Dinner, finding products
Intention 🔔	Empower my body with a tasty dinner
Reflection ✍️	Done

9 pm: Task 💰	finding products, copywriting reviewing
Intention 🔔	Progress in the flipping journey and improve copywriting abilities via reviewing
Reflection ✍️	Done

10 pm: Task 💰	Copy Review Call
Intention 🔔	
Reflection ✍️	

11 pm: Task 💰	Copy Review Call
Intention 🔔	
Reflection ✍️	

12 pm: Task 💰	Copy Review Call
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Intention 🛎️	Not get distracted, take information and use it irl, take war notes, have rock focus on it.
Reflection ✍️	Done, was focused on 80% of the time, did war notes as well, and research my niche



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠

New Andrew's marketing insights, act as the greatest copywriter, OODA loop very fast

✗ What Problems Did I Face In The Day? ✗

distraction as a chat during a call, social media browsing(25 mins)

🔑 How Will I Solve These Problems Tomorrow? 🔑

Focus purely on copywriting, selling the quality of my FV and researching my niche in detail (2 hours left)

NEW What Do I Plan To Do Differently Tomorrow? NEW

Have a chest, triceps and shoulders day with a tennis as well

♻️ What Do I Plan To Do The Same Tomorrow? ♻️

Copywriting, School, 150 push-ups, crunches and squats

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

TRW community and prof. Andrew

 **What Tasks Were Left Undone?** 

Create DIC and PAS Close a woodworking deal, start table redrawing for manufacture $\frac{1}{3}$, Listen to Arno lessons, Finish flipping course Sales call

Brain Dump: 7.5/10 rating for a day.